



Faculté de Médecine de Tlemcen - Univ-Tlemcen

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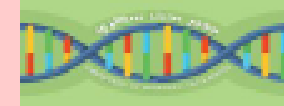


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# Fibrose pulmonaire idiopathique: progrès thérapeutiques et place des antifibrotiques



**Dr A.Djenfi**

Maitre-assistant en pneumo-phtisiologie

Faculté de médecine Tlemcen

Département de médecine

Wednesday 15 December 2021

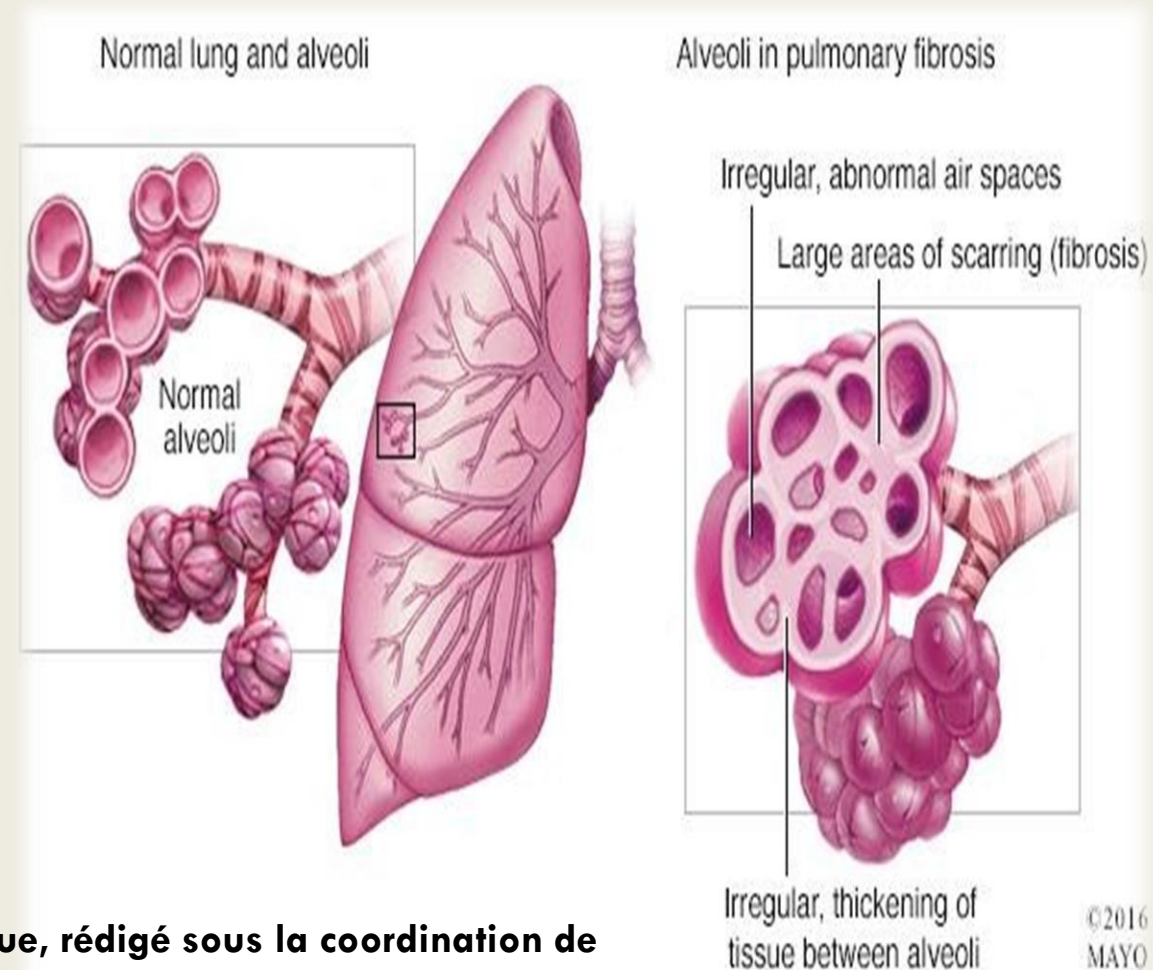


# Definition:

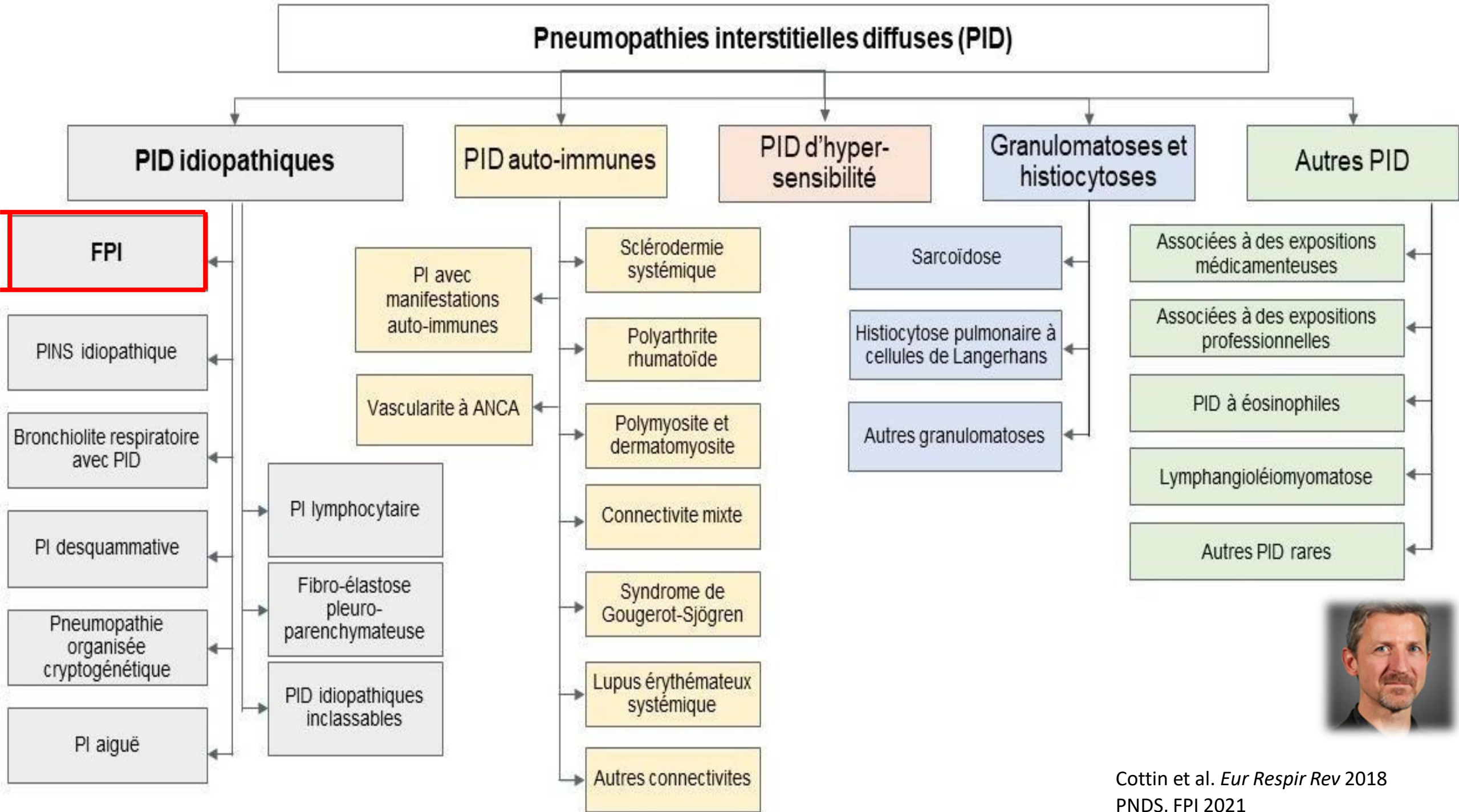
La FPI est caractérisée par une fibrose progressive et irréversible du parenchyme pulmonaire, de cause inconnue, et limitée aux poumons.

Cette maladie grave évolue de façon chronique et progressive, avec de possibles exacerbations aiguës.

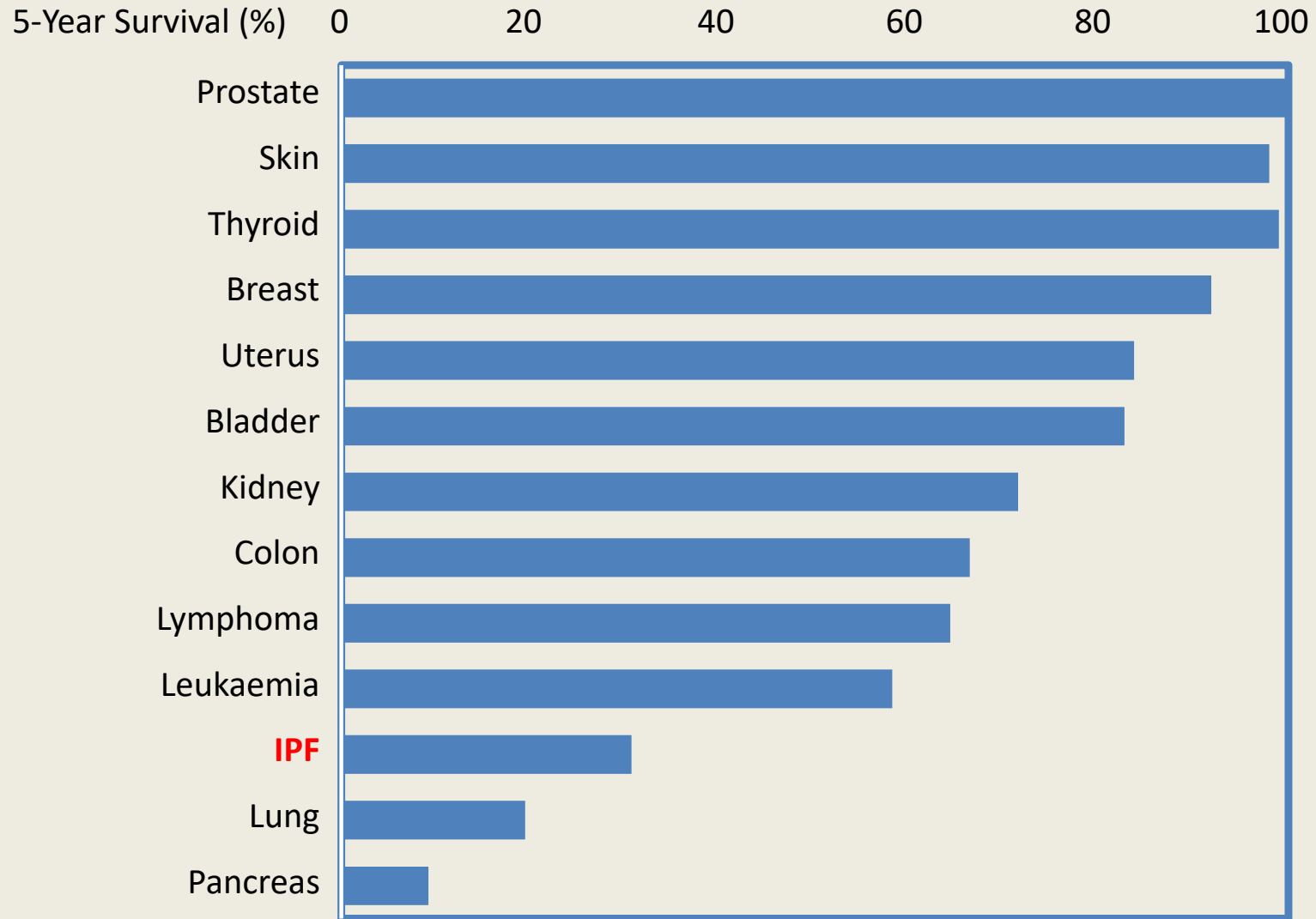
La FPI est définie par un aspect radiologique et/ou histopathologique de pneumopathie interstitielle commune (PIC) en l'absence de cause identifiée.



# Pneumopathies interstitielles diffuses (PID)



## IPF: PROGNOSIS WORSE THAN MOST CANCERS

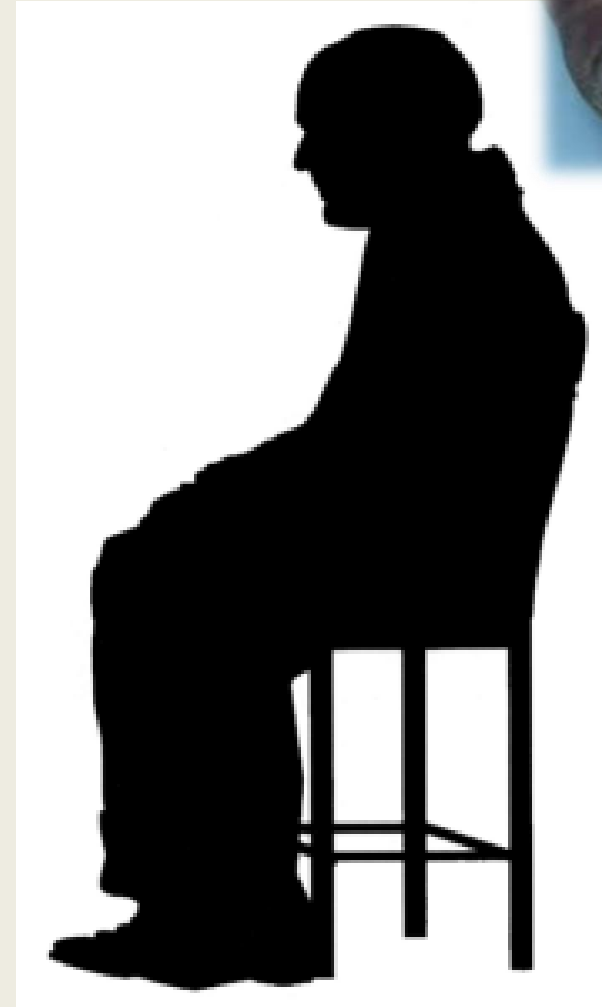




# Fibrose pulmonaire idiopathique : Aspects clinique

## “MISTER IPF”

- 65 year old man
- Former smoker
- Dyspnea on exertion
- Chronic dry cough
- 95% room air saturation
- Basilar “velcro-type” crackles
- Typical or suggestive HRCT
- PFTs: Mixed restriction/obstruction with a low DLCO
- Often previously diagnosed with a different lung disease (concomitant emphysema in 30%)



Fatigue  
et malaise  
général



Perte de poids  
progressive,  
non-voulue

# “MISTER IPF”

- 65 year old man
- Former smoker
- Dyspnea on exertion
- Chronic dry cough
- 95% room air saturation
- BMI = 35
- Basilar “velcro-type” crackles
- Typical or suggestive HRCT
- PFTs: Mixed restriction (with a low TLC) with a low DLCO
- Often previously diagnosed with a different lung disease (concomitant emphysema in 30%)

CLINICAL PRESENTATION: **NOT SPECIFIC**

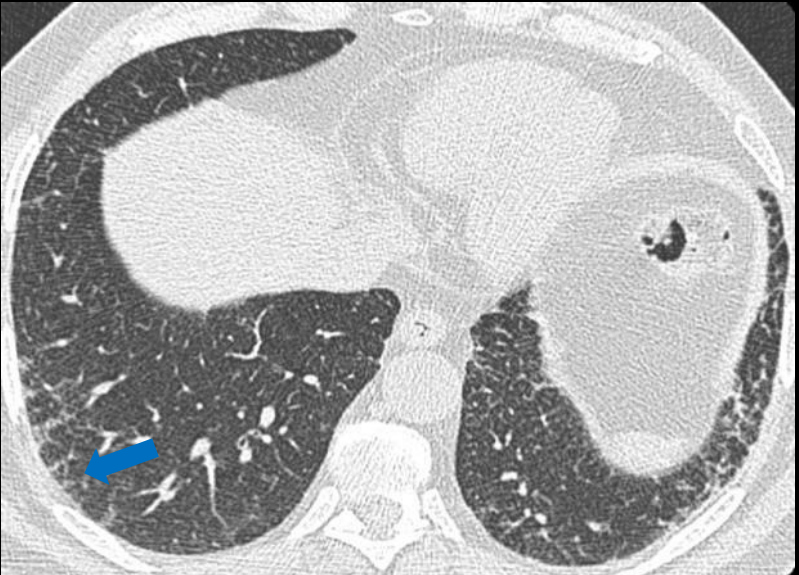
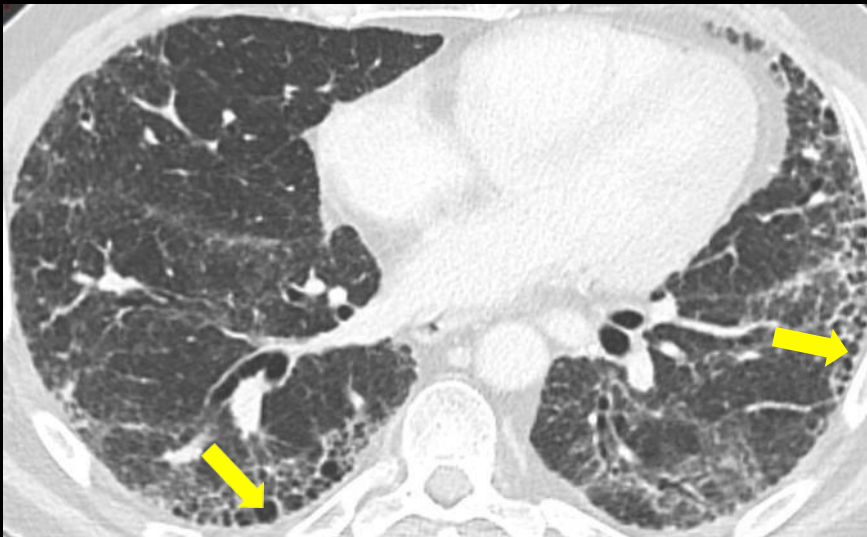
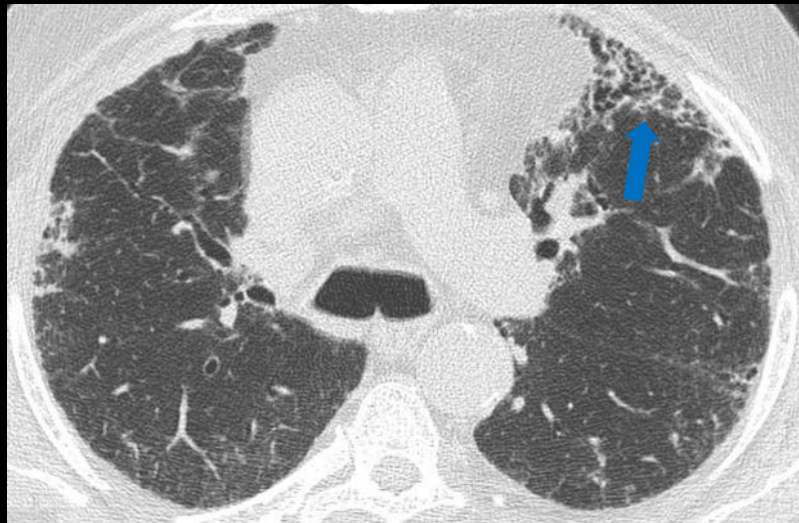
CHEST X RAY: **NOT USEFUL**

LUNG FUNCTION TESTS: **NOT DIAGNOSTIC**



# Aspects radiologiques :

Pattern de PIC	Pattern de PIC probable	Indéterminé pour PIC		évoquant un diagnostic alternatif
<ul style="list-style-type: none"> <li>• Prédominance basale et sous pleurale               <ul style="list-style-type: none"> <li>➤ Souvent hétérogène,</li> <li>➤ Parfois diffuse</li> <li>➤ parfois asymétrique</li> </ul> </li> <li>• Rayon de miel</li> </ul> <p>± Bronchectasies ou bronchiolectasies de traction périphériques Verre dépoli discret Réticulations Ossifications pulmonaires</p>	<ul style="list-style-type: none"> <li>• Prédominance basale et sous-pleurale               <ul style="list-style-type: none"> <li>➤ Souvent hétérogène</li> </ul> </li> <li>• Réticulations</li> <li>• Bronchectasies ou bronchiolectasies de traction périphériques</li> </ul> <p>± Verre dépoli discret</p>	<ul style="list-style-type: none"> <li>• Prédominance basale et sous-pleurale</li> <li>• Discrètes réticulations ± verre dépoli et/ou distorsion (tableau de PIC débutante)</li> </ul>	<ul style="list-style-type: none"> <li>• Signes de fibrose sans orientation particulière (tableau de fibrose inclassable)</li> </ul>	<ul style="list-style-type: none"> <li>• Prédominance supérieure/moyenne</li> <li>• Prédominance péri-bronchovasculaire</li> <li>• Distribution périlymphatique</li> <li>• Verre dépoli prédominant</li> <li>• Condensations</li> <li>• Mosaïque / trapping extensif</li> <li>• Nodules et micronodules centrolobulaires</li> <li>• Micronodules profus</li> <li>• Kystes diffus</li> </ul>

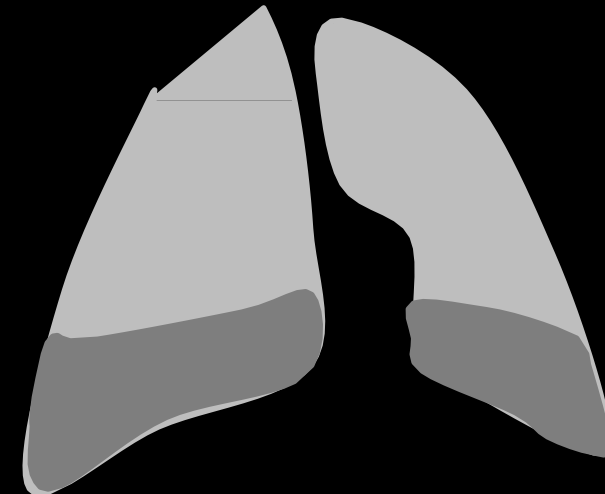


### Réticulations

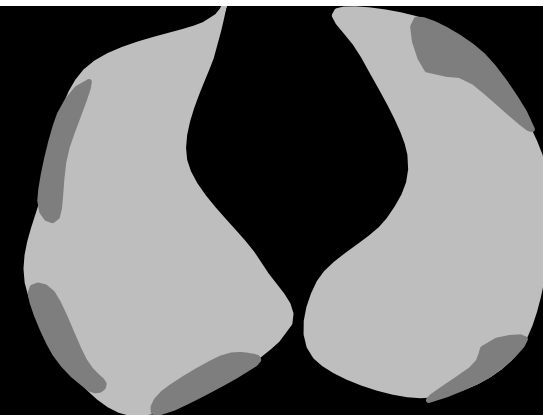
- Le plus souvent intra-lobulaires
- Lésions septales associées possibles mais non prédominantes, souvent déformées

### Rayon de miel

- Espaces aériens juxtaposés
- de taille proche (3-10 mm le plus souvent, parfois
  - délimités entre eux par une paroi bien définie
  - habituellement dans les régions sous-pleurales.



**Prédominance  
basale**

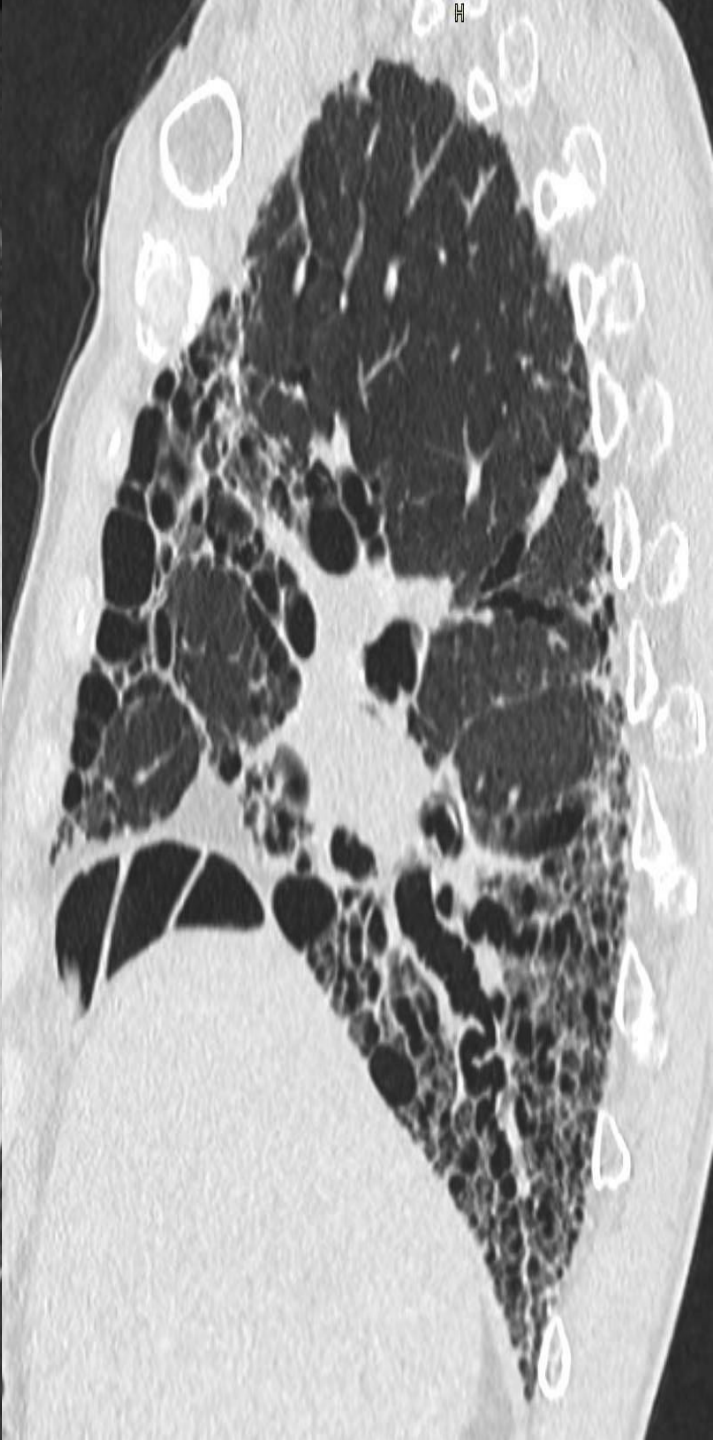


**Prédominance  
sous-pleurale**









# Aspects anatomopathologiques :

## PIC

Présence des 4 critères

- Fibrose/ distorsion architecturale  $\pm$  Rayon de Miel sous-pleural, de distribution paraseptale
- Atteinte hétérogène
- Foyers fibroblastiques
- Absence d'élément pour un diagnostic différentiel

## PIC probable

- Fibrose/ distorsion architecturale  $\pm$  Rayon de Miel sous-pleural, de distribution paraseptale
- Absence du caractère hétérogène de l'atteinte **ou** des Foyers fibroblastiques
- Absence d'élément pour un diagnostic différentiel
- ou
- **Rayon de miel isolé**

## PIC possible

Présence des 3 critères

- Atteinte fibreuse hétérogène ou diffuse avec ou sans inflammation interstitielle
- Absence d'autres critères pour PIC
- Absence d'éléments pour un diagnostic différentiel

## Non PIC

Présence d'1 critère

- Membranes hyalines
- Pneumonie organisée
- Granulomes
- Inflammation marquée à distance du rayon de miel
- Atteinte centrée par les bronches
- Autres éléments de diagnostic différentiel

# Fibrose pulmonaire idiopathique : diagnostic + :

## **An Official ATS/ERS/JRS/ALAT Statement: Idiopathic Pulmonary Fibrosis: Evidence-based Guidelines for Diagnosis and Management**

Ganesh Raghu, Harold R. Collard, Jim J. Egan, Fernando J. Martinez, Juergen Behr, Kevin K. Brown, Thomas V. Colby, Jean-François Cordier, Kevin R. Flaherty, Joseph A. Lasky, David A. Lynch, Jay H. Ryu, Jeffrey J. Swigris, Athol U. Wells, Julio Ancochea, Demosthenes Bouros, Carlos Carvalho, Ulrich Costabel, Masahito Ebina, David M. Hansell, Takeshi Johkoh, Dong Soon Kim, Talmadge E. King, Jr., Yasuhiro Kondoh, Jeffrey Myers, Nestor L. Müller, Andrew G. Nicholson, Luca Richeldi, Moisés Selman, Rosalind F. Dudden, Barbara S. Griss, Shandra L. Protzko, and Holger J. Schünemann, on behalf of the ATS/ERS/JRS/ALAT Committee on Idiopathic Pulmonary Fibrosis

AJRCCM 2011;183:788-824



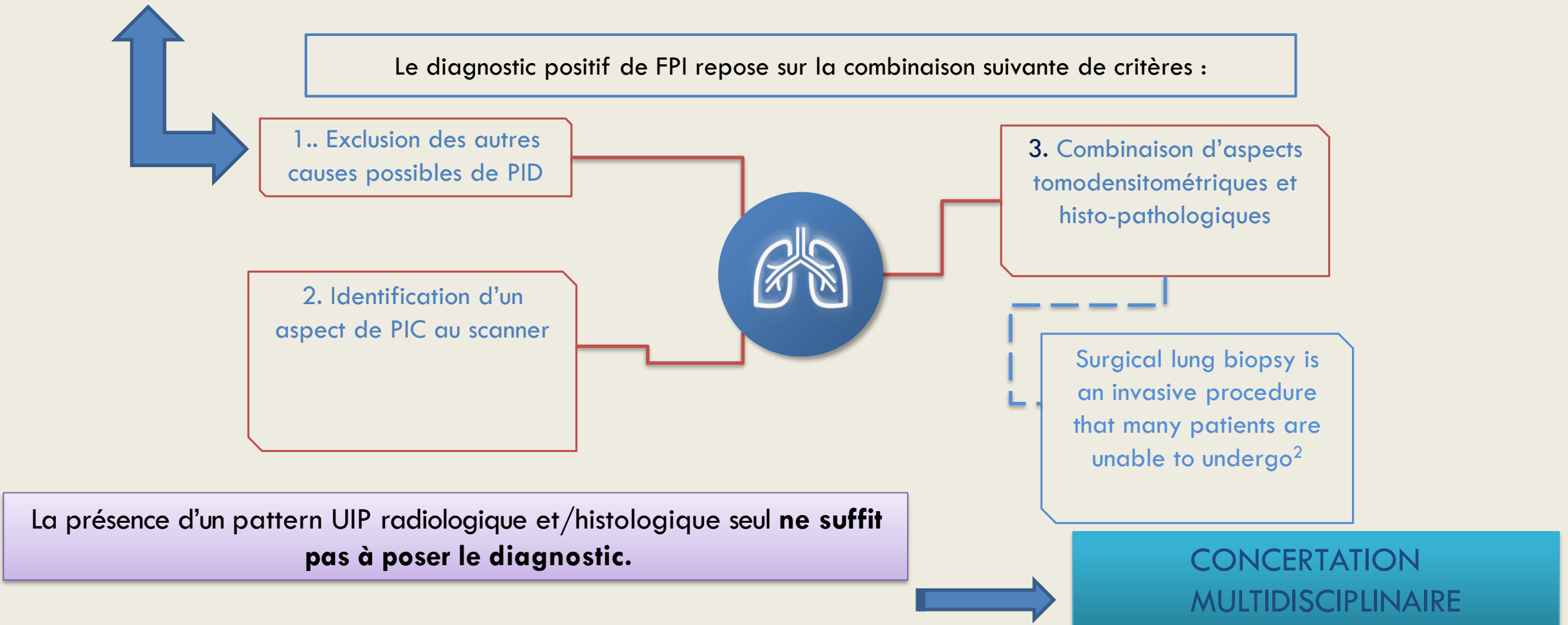
## **Diagnosis of Idiopathic Pulmonary Fibrosis** An Official ATS/ERS/JRS/ALAT Clinical Practice Guideline

American Journal of Respiratory and Critical Care Medicine Volume 198 Number 5 | September 1 2018

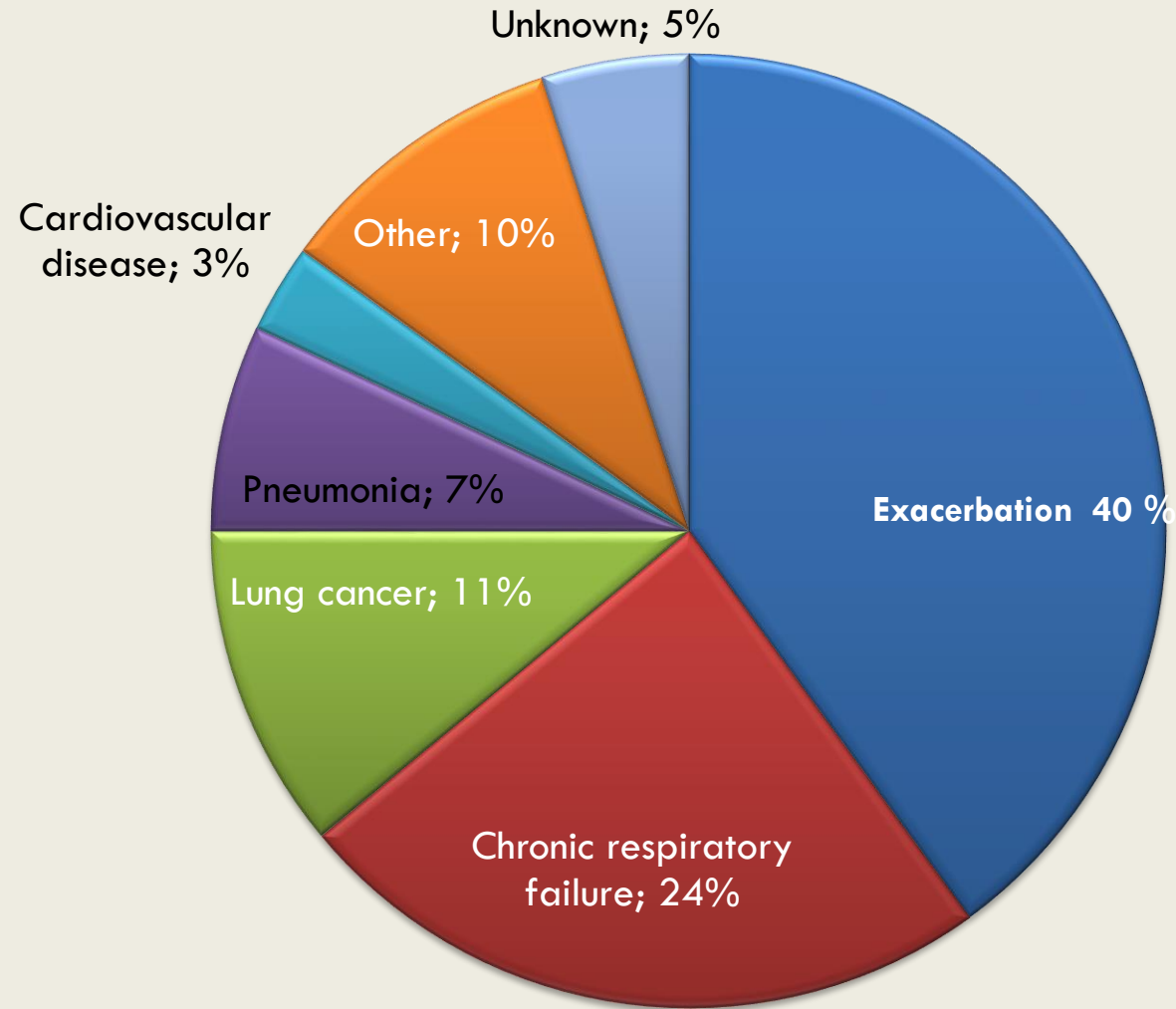


# Fibrose pulmonaire idiopathique : diagnostic + :

Exposition environnementale  
Connectivite  
Toxicité médicamenteuse



# IPF: CAUSE OF DEATH



# Fibrose pulmonaire idiopathique : Traitement :

**Jusqu'en 2011,  
Prednisone + AZA + NAC**

**=**

**le standard thérapeutique**

**...Mais efficacité contre placebo non démontrée !**

- Avis d'experts (consensus ATS/ERS 2000)
- Résultats IFIGENIA

# An Official ATS/ERS/JRS/ALAT Statement: Idiopathic Pulmonary Fibrosis: Evidence-based Guidelines for Diagnosis and Management

Am J Respir Crit Care Med Vol 183. pp 788–824, 2011

DOI: 10.1164/rccm.2009-040GL

Internet address: [www.atsjournals.org](http://www.atsjournals.org)

## An Official ATS/ERS/JRS/ALAT Clinical Practice Guideline: Treatment of Idiopathic Pulmonary Fibrosis

An Update of the 2011 Clinical Practice Guideline

Ganesh Raghu, Bram Rochweg, Yuan Zhang, Carlos A. Cuello Garcia, Arata Azuma, Juergen Behr, Harold R. Collard, William Cunningham\*, Sakae Homma, Takeshi Johkoh, Fernando J. Martinez, Je Shandra L. Protzko, Luca Richeldi, David Rind, Moises Selman, Arthur Theodore, Athol U. Wells, H and Holger J. Schünemann; on behalf of the ATS, ERS, JRS, and ALAT

This guideline is dedicated to the memory of Mr. William Cunningham (June 7, 1935–October 23, 2011)

THIS OFFICIAL CLINICAL PRACTICE GUIDELINE OF THE AMERICAN THORACIC SOCIETY (ATS) WAS APPROVED BY THE ATS, MAY 2015, THE SOCIETY (ERS), APRIL 2015, THE JAPANESE RESPIRATORY SOCIETY (JRS), APRIL 2015, AND THE LATIN AMERICAN THORACIC ASSOCIATION (ALAT), APRIL 2015.

GUIDELINES

**French practical guidelines for the diagnosis and management of idiopathic pulmonary fibrosis – 2017 update. Full-length version**

*Recommandations pratiques pour le diagnostic et la prise en charge de la fibrose pulmonaire idiopathique – Actualisation 2017. Version longue*

V. Cottin<sup>a,\*</sup>, B. Crestani<sup>b</sup>, J. Cadranel<sup>c</sup>,  
J.-F. Cordier<sup>a</sup>, S. Marchand-Adam<sup>d</sup>, G. Prévot<sup>e</sup>,  
B. Wallaert<sup>f</sup>, E. Bergot<sup>g</sup>, P. Camus<sup>h</sup>, J.-C. Dalphin<sup>i</sup>,  
C. Dromer<sup>j</sup>, E. Gomez<sup>k</sup>, D. Israel-Biet<sup>l</sup>, S. Jouneau<sup>m</sup>,  
R. Kessler<sup>n</sup>, C.-H. Marquette<sup>o</sup>, M. Reynaud-Gaubert<sup>p</sup>,  
B. Aguilaniu<sup>q</sup>, D. Bonnet<sup>r</sup>, P. Carré<sup>s</sup>, C. Danel<sup>t</sup>,  
J.-B. Faivre<sup>u</sup>, G. Ferretti<sup>v</sup>, N. Just<sup>w</sup>, F. Lebagry<sup>x</sup>,  
B. Philippe<sup>y</sup>, P. Terrioux<sup>z</sup>, F. Thivolet-Béjui<sup>aa</sup>,  
B. Trumbic<sup>ab</sup>, D. Valeyre<sup>ac</sup>





# Lung transplantation saves lives

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**Evaluate all patients < 75 years** if :

- Dyspnea
- or FVC<80%
- or DLCO<40%
- or need for O<sub>2</sub> (exercise or at rest)

USA

1/4 transplants > 65 years

## *Relative contraindications*

- Age >65 years in association with low physiologic reserve and/or other relative contraindications. Although there cannot be endorsement of an upper age limit as an absolute contraindication, adults >75 years old are unlikely to be candidates for lung transplantation in most cases. Although age by itself should not be considered a contraindication to transplant, increasing age generally is associated with comorbid conditions that are either absolute or relative contraindications.

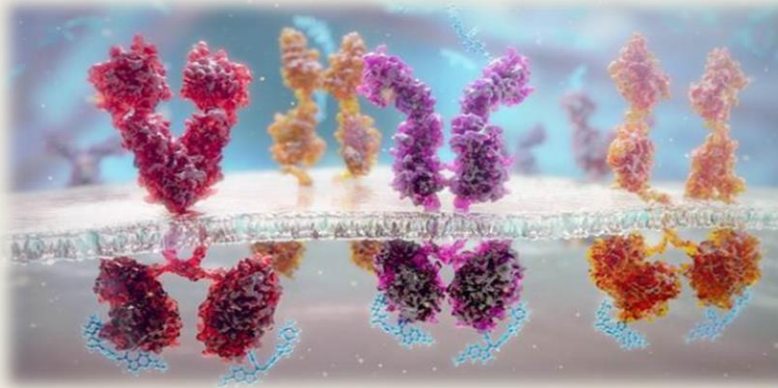
# Molécules anti-fibrosants

- **Pirfenidone (Esbriet<sup>®</sup>)** disponible en France depuis 2012, autorisé par la FDA le 15 Octobre 2014
  - (médicament d'exception) 3x/capitons repas (2403mg)
    - 2326,16€/mois
- **Nintedanib (Ofev<sup>®</sup>)** : autorisé par la FDA le 17 octobre 2014 et par l'EMA le 20 Novembre 2014 .
  - 1 gélule 2/j à environ 12h d'intervalle
  - (médic d'exception)



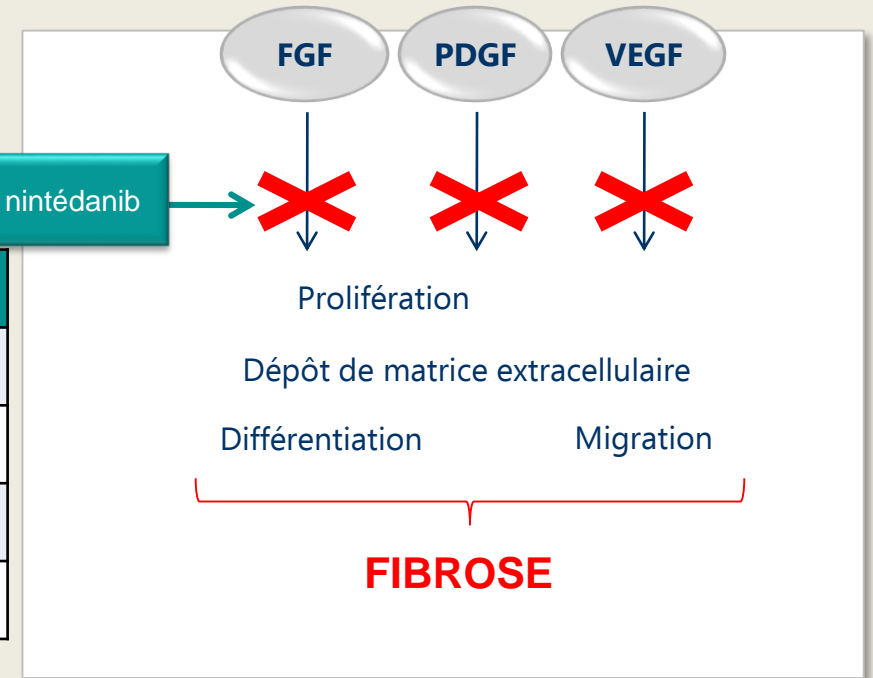
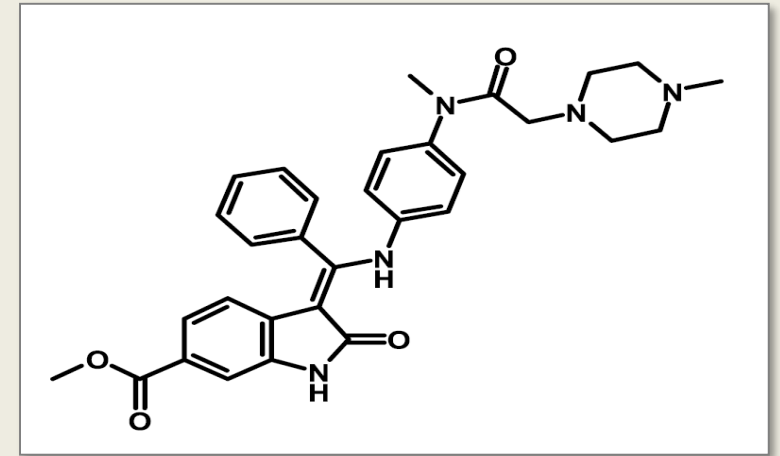
# Le Nintédanib...

- Un inhibiteur intracellulaire de tyrosine kinases ciblant principalement les récepteurs du FGF\*, du PDGF\*\* et du VEGF\*\*\*.
- Agit en se liant de manière compétitive au site actif de l'ATP.
- Absorption rapide avec clairance corporelle apparente et volume de distribution élevés
- Excrétion principalement dans les selles et faible (<1%) dans les urines
- Son principal métabolite est le BIBF 1202, formé par clivage d'ester puis glucuronidation en BIBF 1202 glucuronidé.
- Pas d'induction ni d'inhibition des enzymes du CYP dans les études précliniques.
- Aucune interaction médicamenteuse.



	Moyenne
T <sub>max</sub> , heures	1,3
T <sub>1/2</sub> , heures	13,7
C <sub>max</sub> , ng/ml	10,5
ASC <sub>0-12</sub> , ng·h/ml	61,3

Structure chimique du nintédanib



\*FGF (Fibroblast Growth Factor) : facteur de croissance des fibroblastes

\*\*PDGF (Platelet-Derived Growth factor) : facteur de croissance dérivé des plaquettes

\*\*\*VEGF (Vascular Endothelial Growth Factor) : facteur de croissance de l'endothélium vasculaire

# Pirfenidone- Esbriet®

## ○ Effets secondaires:

### ○ Cutanés:

- Rash allergique (6-28%),
- Photosensibilisation(18%)

### ○ Digestifs:

- Nausées (11%-37%)
- Diarrhée (26%-28%),
- Dyspepsie (17%-18%),
- Anorexie(15%-42%), perte de poids (12%-15%)

### ○ Fatigue (20%-28%)

### ○ Perturbation de l'enzymologie hépatique(20%)

N Engl J Med. 2014 May 29;370(22):2083-92.

Lancaster L, Albera C, Bradford WZ, et al. BMJ Open Res 2016

Respiratory Medicine (2013) 107, 1431–1437

# Nintedanib- Ofev®

Diarrhées

Nausées

Vomissements

Infarctus du myocarde

N Engl J Med 2014;370:2071-82.

**Table 3. Adverse Events.**

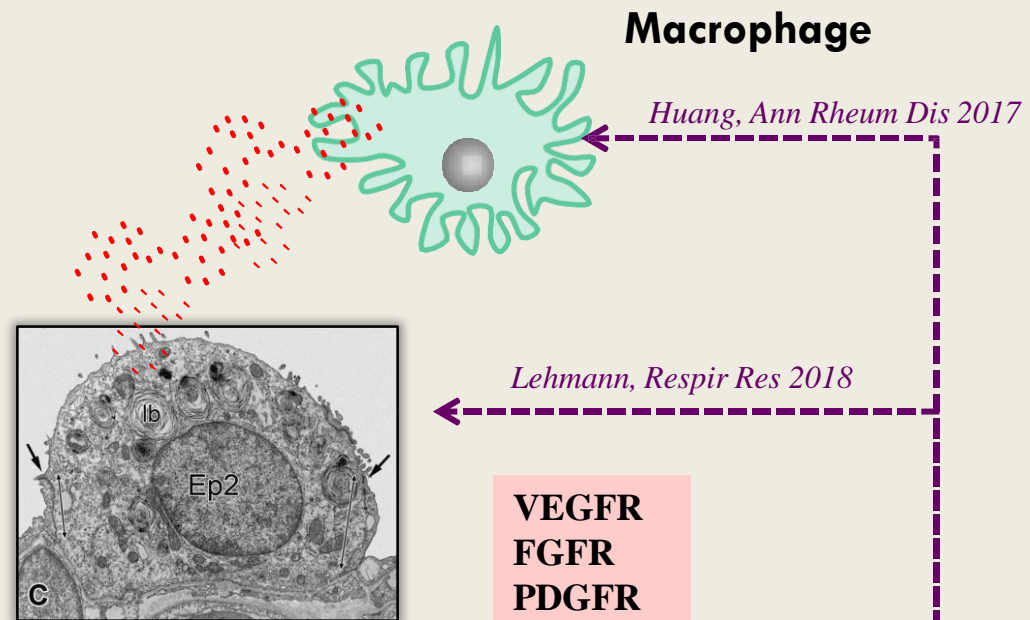
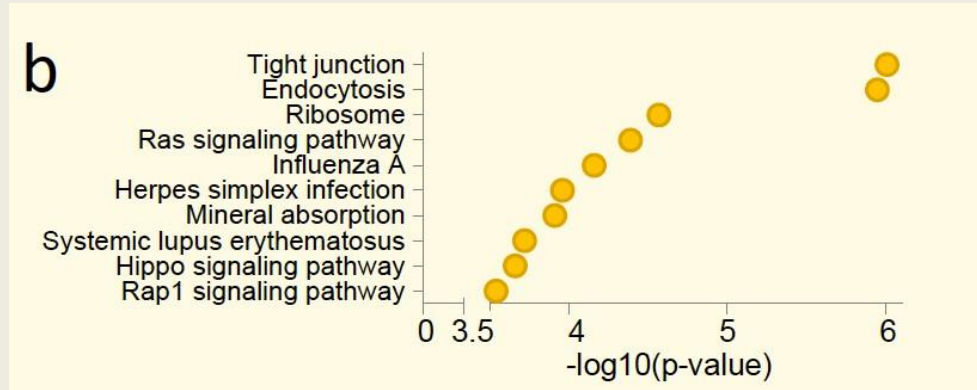
Event	INPULSIS-1		INPULSIS-2	
	Nintedanib (N=309)	Placebo (N=204)	Nintedanib (N=329)	Placebo (N=219)
	<i>number of patients (percent)</i>			
Any adverse event	298 (96.4)	181 (88.7)	311 (94.5)	198 (90.4)
Any adverse event, excluding progression of idiopathic pulmonary fibrosis*	296 (95.8)	179 (87.7)	311 (94.5)	197 (90.0)
Most frequent adverse events†				
Diarrhea	190 (61.5)	38 (18.6)	208 (63.2)	40 (18.3)
Nausea	70 (22.7)	12 (5.9)	86 (26.1)	16 (7.3)
Nasopharyngitis	39 (12.6)	34 (16.7)	48 (14.6)	34 (15.5)
Cough	47 (15.2)	26 (12.7)	38 (11.6)	31 (14.2)
Progression of idiopathic pulmonary fibrosis*	31 (10.0)	21 (10.3)	33 (10.0)	40 (18.3)
Bronchitis	36 (11.7)	28 (13.7)	31 (9.4)	17 (7.8)
Upper respiratory tract infection	28 (9.1)	18 (8.8)	30 (9.1)	24 (11.0)
Dyspnea	22 (7.1)	23 (11.3)	27 (8.2)	25 (11.4)
Decreased appetite	26 (8.4)	14 (6.9)	42 (12.8)	10 (4.6)
Vomiting	40 (12.9)	4 (2.0)	34 (10.3)	7 (3.2)
Weight loss	25 (8.1)	13 (6.4)	37 (11.2)	2 (0.9)
Severe adverse events‡	81 (26.2)	37 (18.1)	93 (28.3)	62 (28.3)
Serious adverse events‡	96 (31.1)	55 (27.0)	98 (29.8)	72 (32.9)
Fatal adverse events	12 (3.9)	10 (4.9)	25 (7.6)	21 (9.6)
Adverse events leading to treatment discontinuation§	65 (21.0)	22 (10.8)	58 (17.6)	33 (15.1)
Gastrointestinal disorders	26 (8.4)	3 (1.5)	21 (6.4)	2 (0.9)
Respiratory, thoracic, and mediastinal disorders	12 (3.9)	10 (4.9)	8 (2.4)	18 (8.2)
Investigation results¶	10 (3.2)	1 (0.5)	8 (2.4)	1 (0.5)
Cardiac disorders	5 (1.6)	4 (2.0)	2 (0.6)	3 (1.4)
General disorders and conditions involving site of study-drug administration	8 (2.6)	3 (1.5)	2 (0.6)	1 (0.5)



# Top ten pathways modulated by Pirfenidone

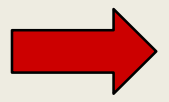
**in vivo**

*Kwapiszewska, Eur Respir J 2018*



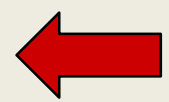
- VEGFR
- FGFR
- PDGFR
- CSF-1
- Src, Lyn,
- Lck, Flt3

**Pirfenidone**

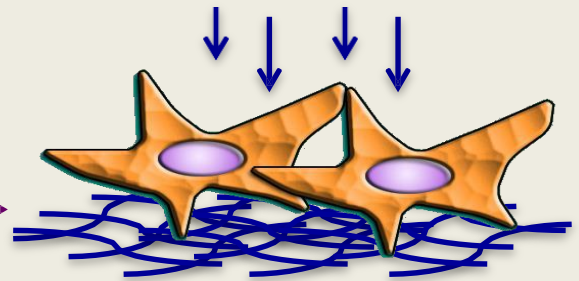


**ER stress, UPR activation**

↓ ↓ ↓ ↓ ↓ ↓  
 Cytokines, Chimiokines,  
 Lipids, GFs, ROS  
 Developmental pathways



**Nintedanib**

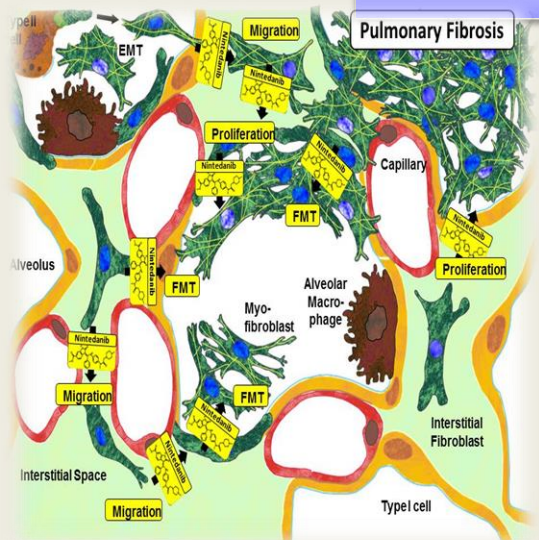


Collagen fibril assembly

*Knüppel, AJRCMB 2017*

*Lehtonen, Respir Res 2016*

**Activation, Migration, Proliferation of Fibroblasts**



# Clinical Development of Nintedanib in Pulmonary Fibrosis

## Fibrosing Interstitial Lung Diseases

**Idiopathic Pulmonary  
Fibrosis (IPF)**

**INPULSIS**  
Approved

**Systemic Sclerosis-  
assoc. Interstitial Lung  
Disease (SSc-ILD)**

**SENSCIS**  
Under review

**Progressive Fibrosing  
ILDs**

**INBUILD**  
Ongoing

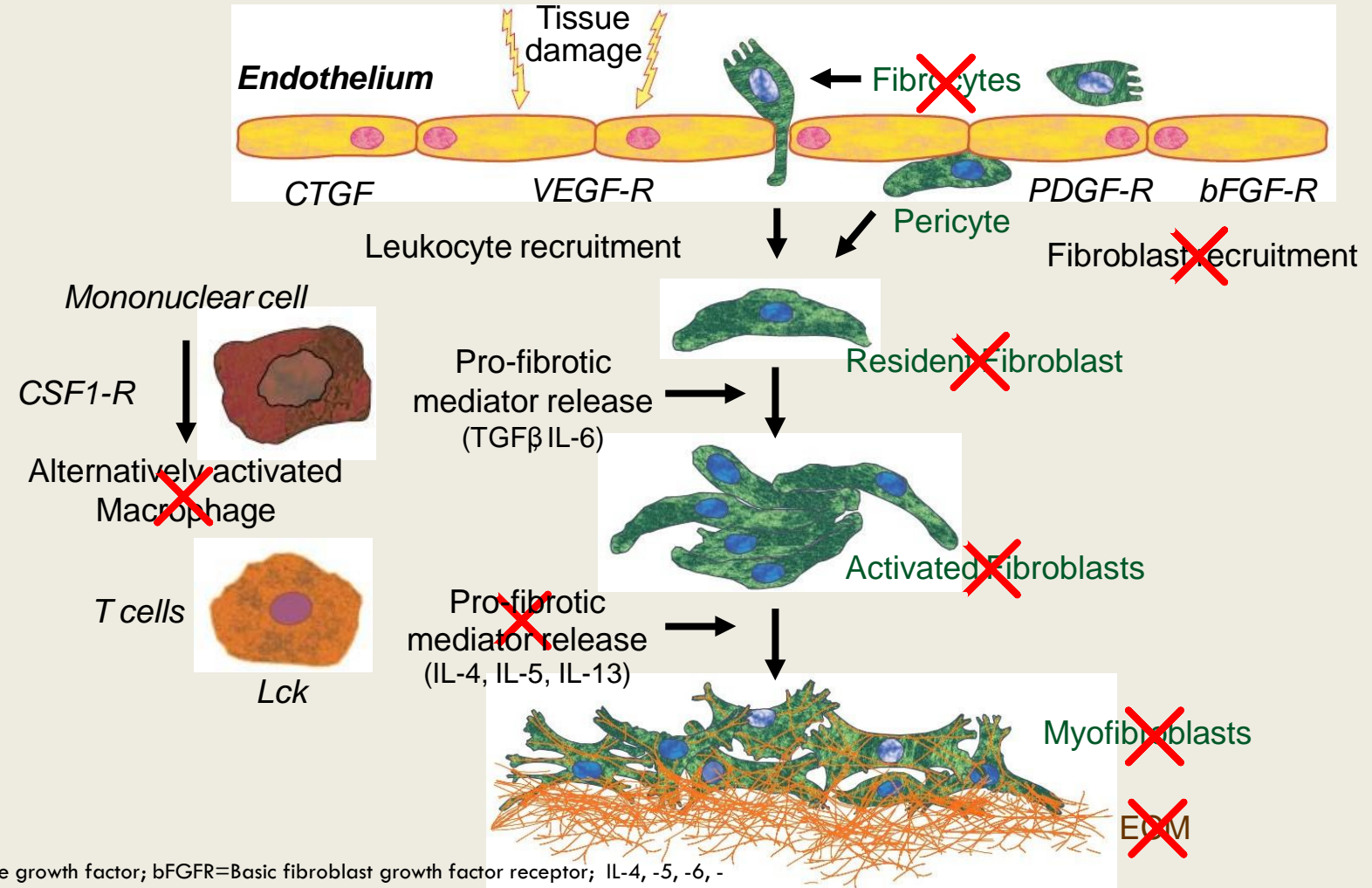
- Le diagnostic de FPI doit être basé sur les critères ATS/ERS de 2011
- La pathologie doit être « légère à modérée » sur base des critères EFR suivants: CVF>50%, DLCO>30%
- Pour l'OFEV uniquement: patient non fumeur, attesté par un dosage de cotinine urinaire.

# IPF and SSc-ILD Share Pathophysiologic Features but Differ Clinically

	IPF	SSc-ILD
Demographics	Males >70 yr	Females 45-55 yr
Pathology	UIP	NSIP >> UIP
Acute exacerbations	++++	+
Progressivity	Variable	Variable
Pace of decline in FVC	++++	++
Median survival	3-5 yr	5-8 yr

# Nintedanib Attenuates Signaling Pathways Implicated in Fibrosis

- **Nintedanib** is a small-molecule **tyrosine kinase inhibitor** with a **distinct inhibitory spectrum**



CSF1R=Colony-stimulating factor 1 receptor; CTGF=Connective tissue growth factor; bFGFR=Basic fibroblast growth factor receptor; IL-4, -5, -6, -13= Interleukin; Lck=Lymphocyte-specific protein tyrosine kinase; PDGFR=Platelet derived growth factor receptor; TGFβ=Transforming growth factor beta; VEGFR=Vascular endothelial growth factor receptor.

Reprinted from Wollin L, et al. *Journal of Scleroderma and Related Disorders*. 2019. [e-pub ahead of print]

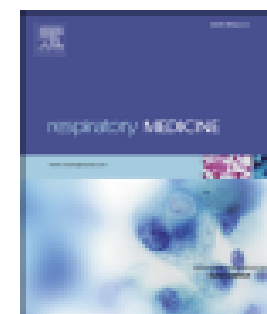




Contents lists available at ScienceDirect

## Respiratory Medicine

journal homepage: [www.elsevier.com/locate/rmed](http://www.elsevier.com/locate/rmed)

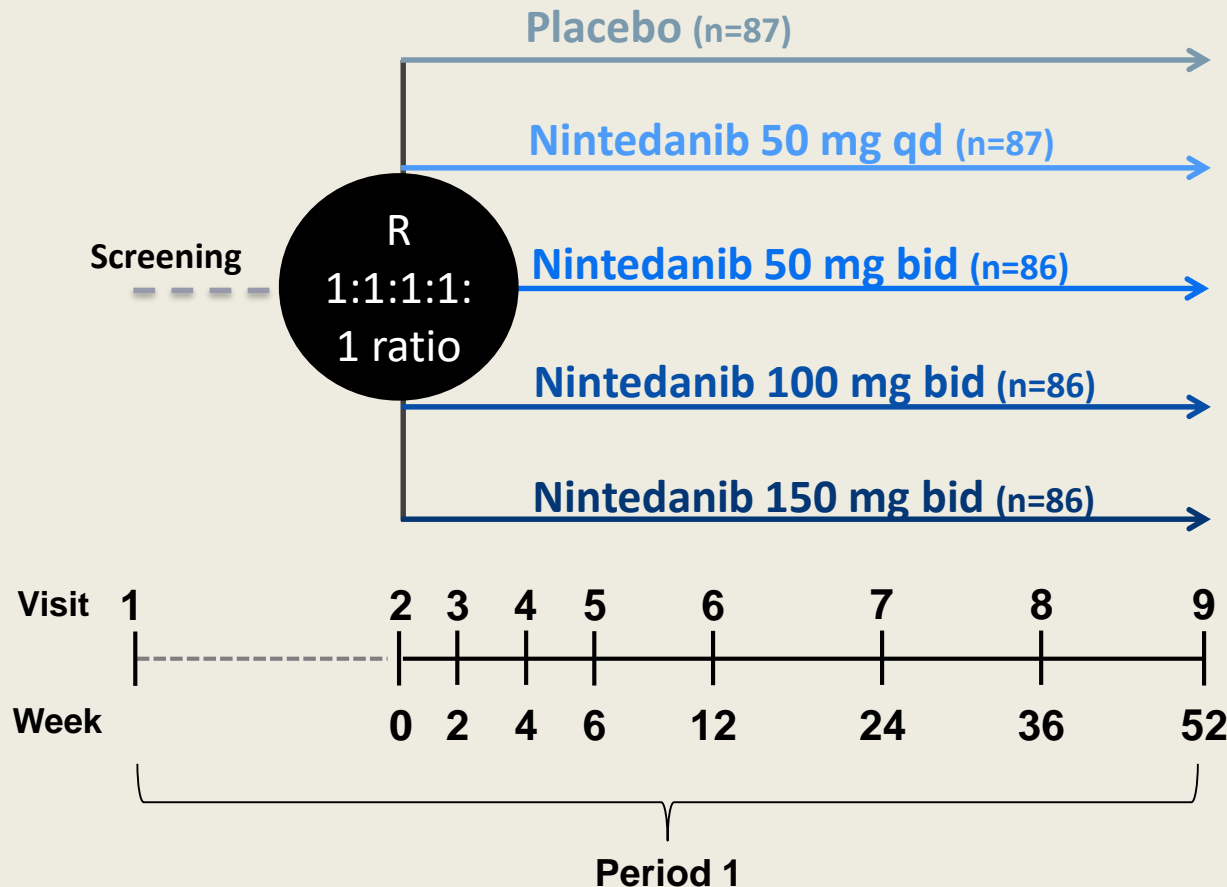


### Nintedanib in patients with idiopathic pulmonary fibrosis: Combined evidence from the TOMORROW and INPULSIS<sup>®</sup> trials



Luca Richeldi <sup>a,\*</sup>, Vincent Cottin <sup>b</sup>, Roland M. du Bois <sup>c</sup>, Moisés Selman <sup>d</sup>, Toshio Kimura <sup>e</sup>, Zelig Bailes <sup>f</sup>, Rozsa Schlenker-Herceg <sup>g</sup>, Susanne Stowasser <sup>e</sup>, Kevin K. Brown <sup>h</sup>

**TOMORROW:** RANDOMIZED, PLACEBO-CONTROLLED,  
52-WEEK, DOSE-FINDING TRIAL



n=randomized patients

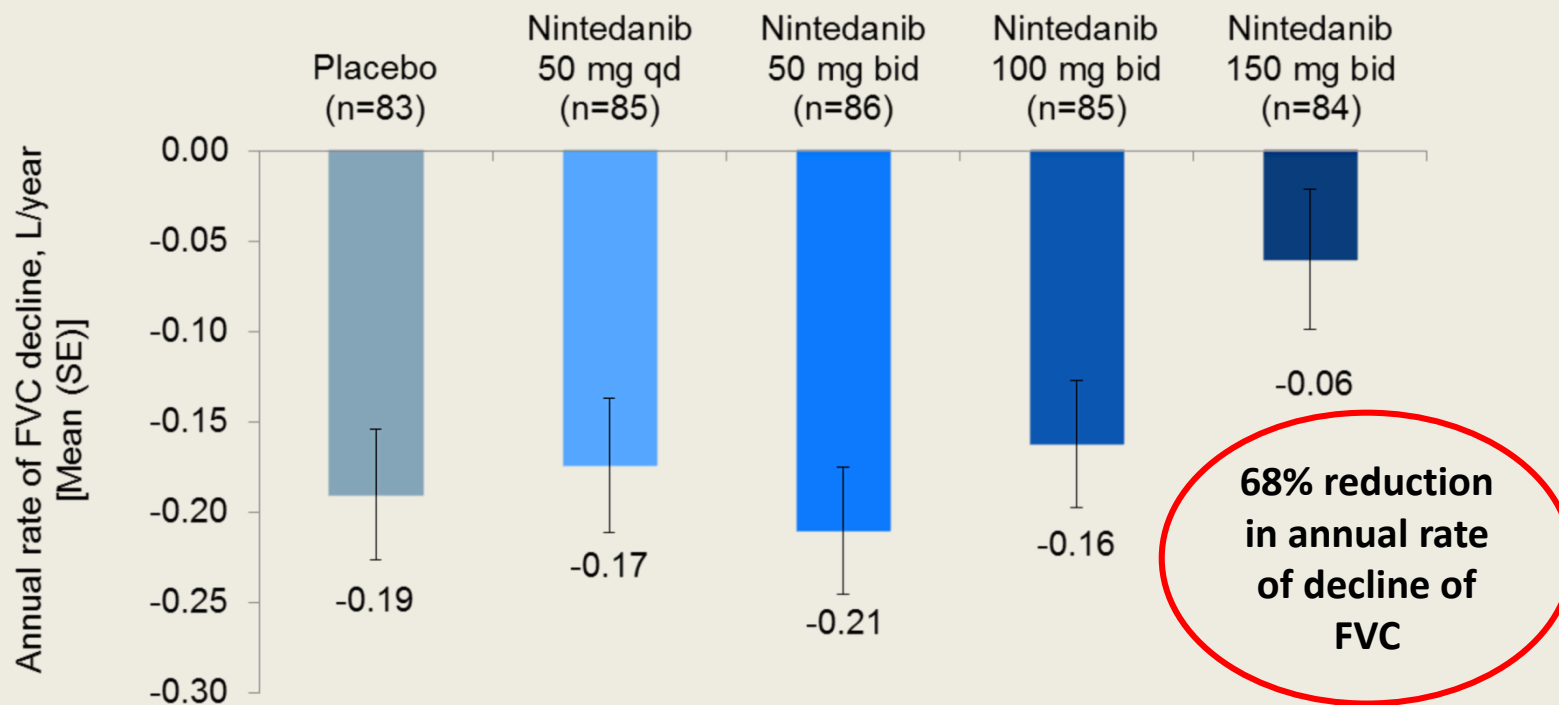
## TOMORROW:

### Endpoints

- Primary endpoint:
  - Annual rate of decline in FVC
- Secondary endpoints:
  - Incidence of investigator-reported acute exacerbations of IPF
  - Time to first investigator-reported acute exacerbation of IPF
  - Survival (all cause, respiratory cause)
- Safety and tolerability

## KEY RESULTS FROM TOMORROW: DECLINE IN FVC

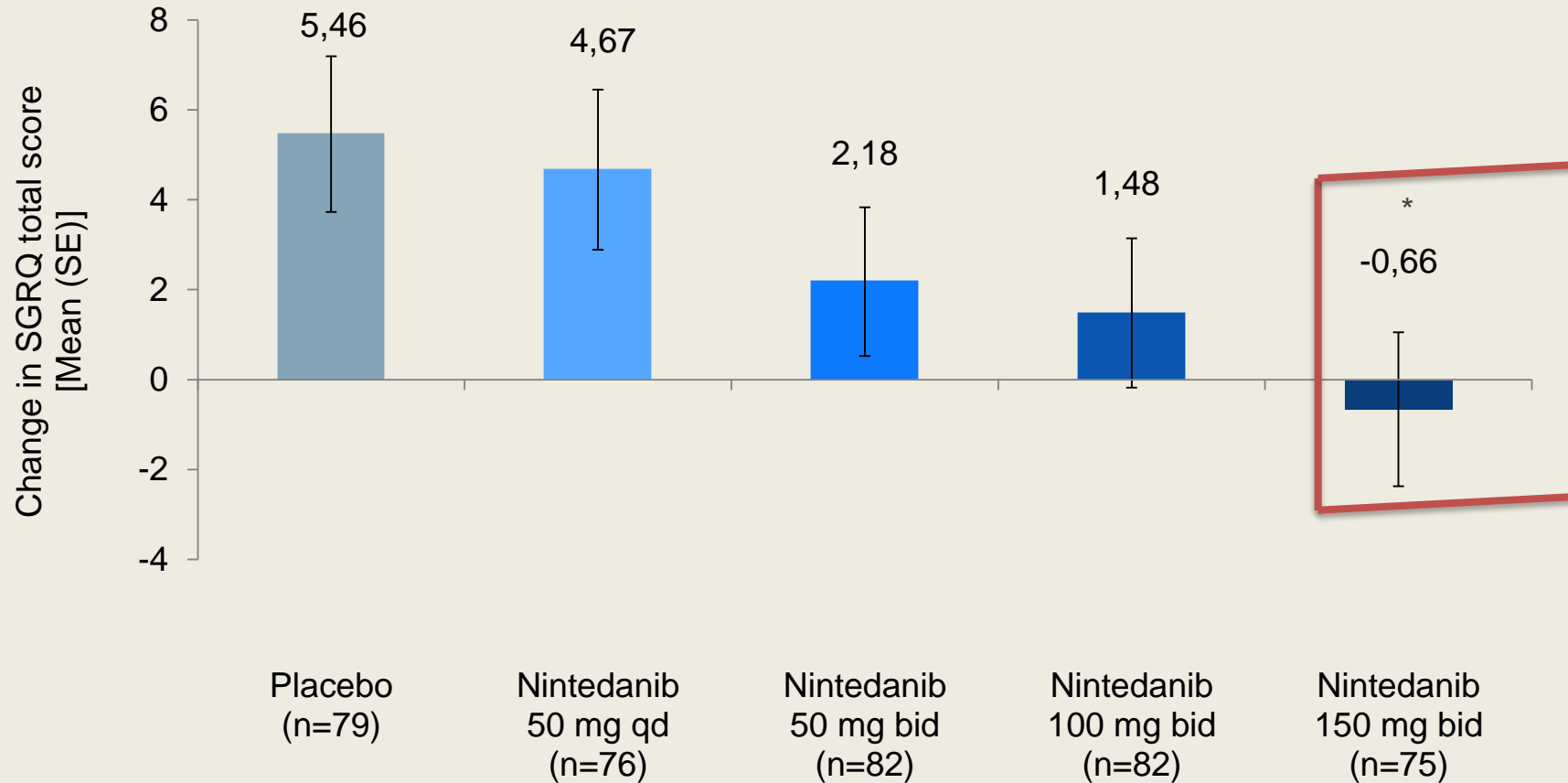
- Compared with placebo, nintedanib 150 mg bid was associated with a reduced annual rate of decline in FVC by 68%



Difference between nintedanib 150 mg bid and placebo:  $p=0.064$  vs placebo (pre-specified primary multiplicity-corrected analysis [closed testing]);  $p=0.014$  vs placebo (pre-specified hierarchical testing)



# TOMORROW: Preservation of health-related quality of life



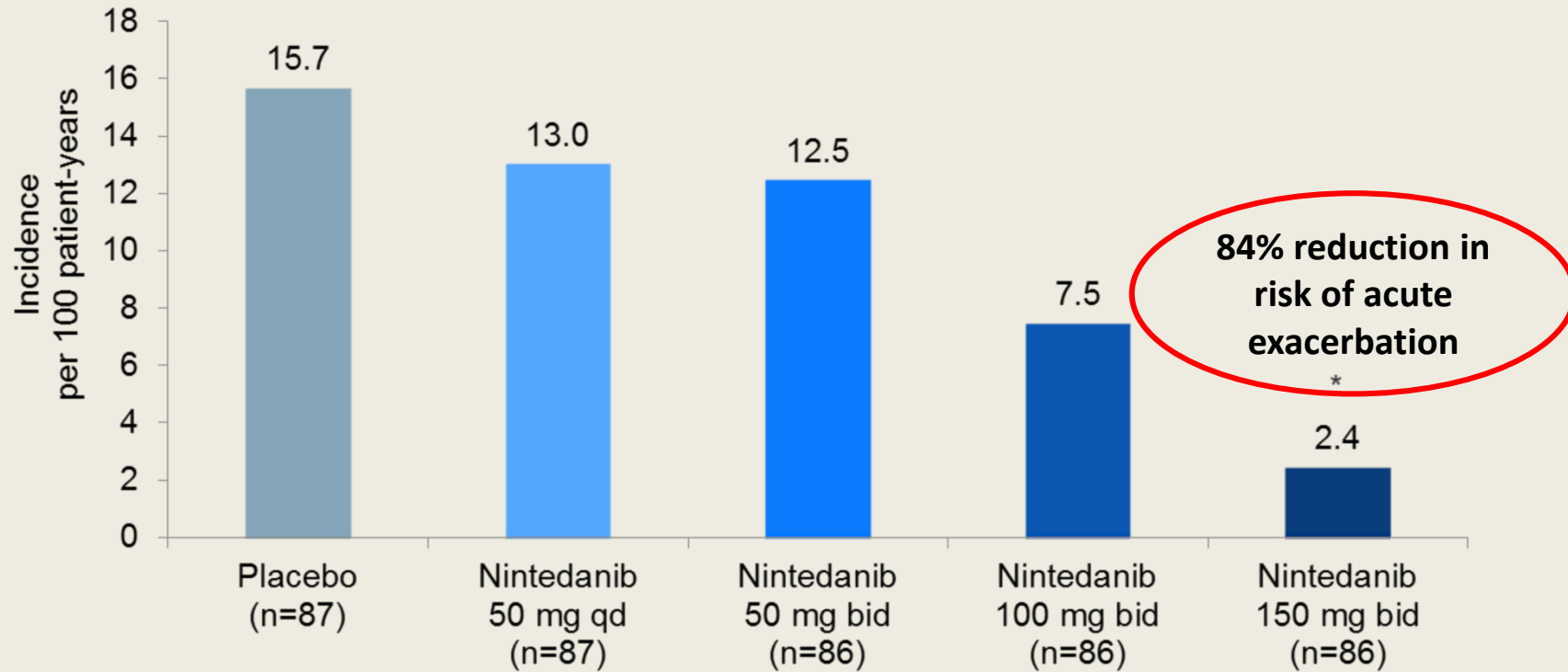
\*p=0.007 vs placebo.

SGRQ, St George's Respiratory Questionnaire.

Richeldi L, et al. N Engl J Med 2011;365:1079-1087.

# KEY RESULTS FROM TOMORROW: ACUTE EXACERBATIONS

- Compared with placebo, nintedanib 150 mg bid was associated with fewer acute exacerbations by 84%

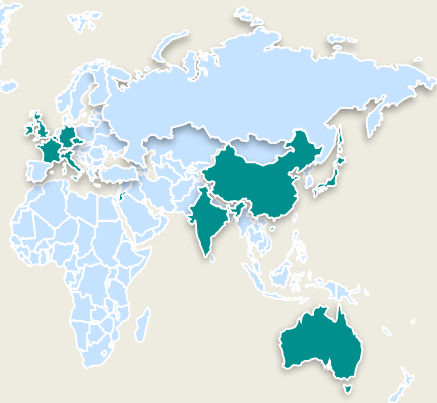
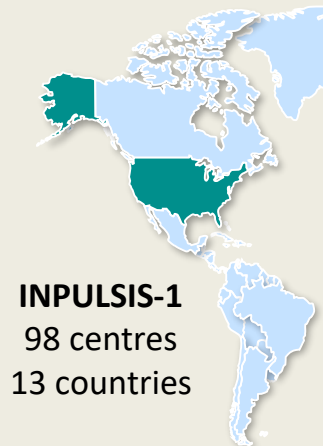
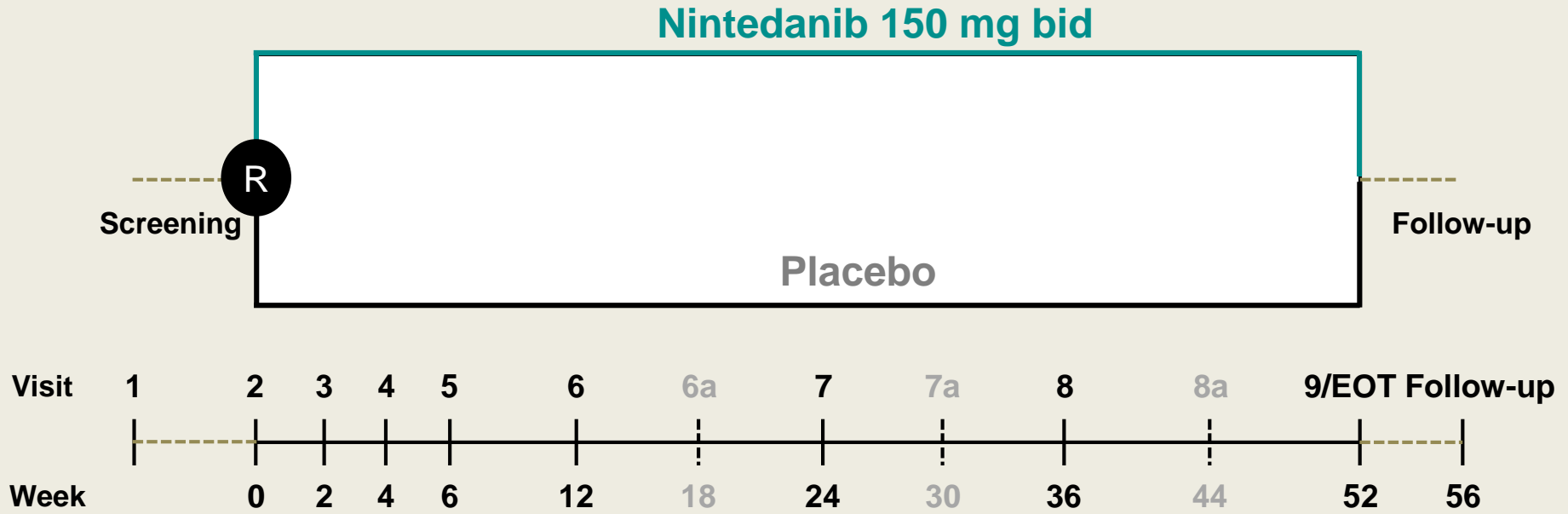


\*p=0.02 vs placebo

## TOMORROW / Conclusions

- Treatment with nintedanib 150 mg bid reduced the annual rate of decline in FVC by 68% compared with the placebo group
- A reduction in the incidence of acute exacerbations and preservation of quality of life were observed with nintedanib 150 mg bid versus placebo
- Nintedanib 150 mg bid had an acceptable safety profile, with a risk-benefit ratio that justified its investigation as a treatment for IPF in the INPULSIS Phase III trials

# The INPULSIS<sup>®</sup>





## KEY INCLUSION CRITERIA (1,2)

Age  $\geq 40$  years

Diagnosis of IPF within 5 years of randomization

Chest HRCT performed within 12 months of screening

Biopsie pulmonaire en faveur de FPI

**FVC  $\geq 50\%$  of predicted value**

DL<sub>CO</sub> 30-79% of predicted value

**FEV<sub>1</sub> / FVC  $\geq 0.7$**

1. Richeldi L et al. Respiratory Medicine 2014;108:1023-30.
2. Richeldi L et al. N Engl J Med 2014;370(22):2071-82.

## KEY EXCLUSION CRITERIA

- FEV<sub>1</sub>/FVC <0.7 (pre-bronchodilator)
- AST and ALT >1.5x ULN; bilirubin >1.5x ULN
- Treatment with N-acetylcysteine or prednisone >15 mg/day or equivalent within 2 weeks of screening
- Treatment with pirfenidone, azathioprine, cyclophosphamide, cyclosporine A or any investigational drug within 8 weeks of screening
- Likely to receive a lung transplant during the study (based on investigator opinion)

# Endpoints

## Primary endpoint

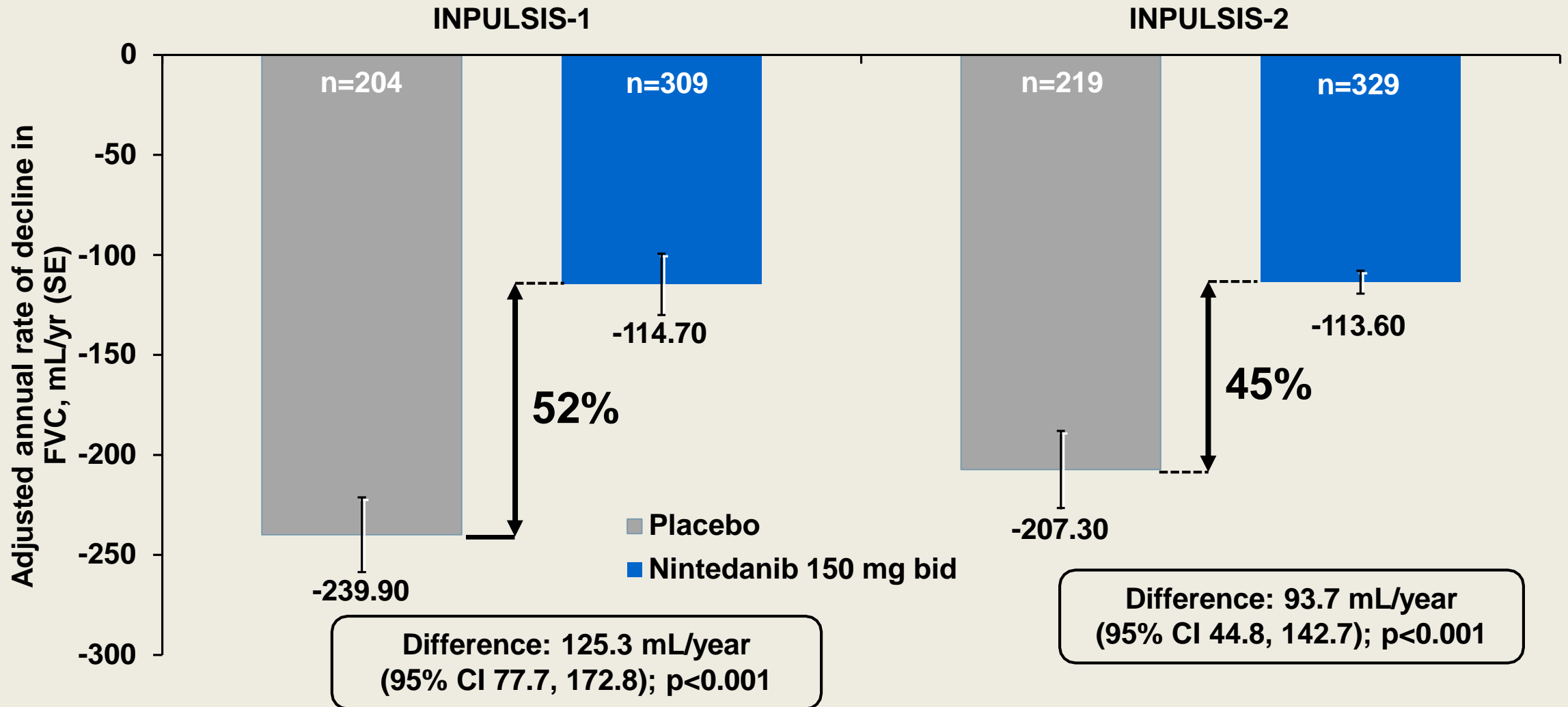
- Annual rate of decline in FVC (mL/year)

## Key secondary endpoints

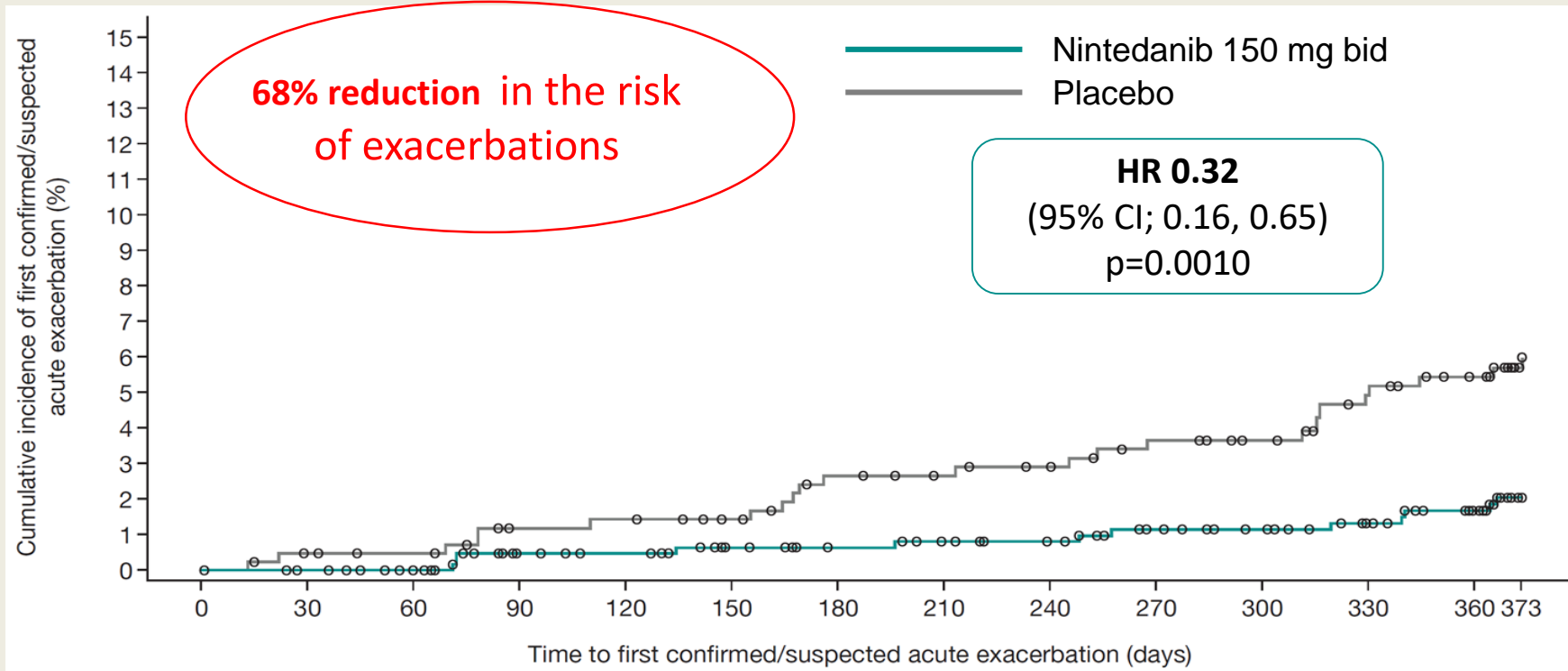
- Time to first acute exacerbation (investigator-reported) over 52 weeks

# Annual Rate of Decline in FVC (Primary Endpoint)

**IPAF**



# TIME TO FIRST CONFIRMED OR SUSPECTED ACUTE EXACERBATION PER ADJUDICATION (PRESPECIFIED SENSITIVITY ANALYSIS OF POOLED DATA)

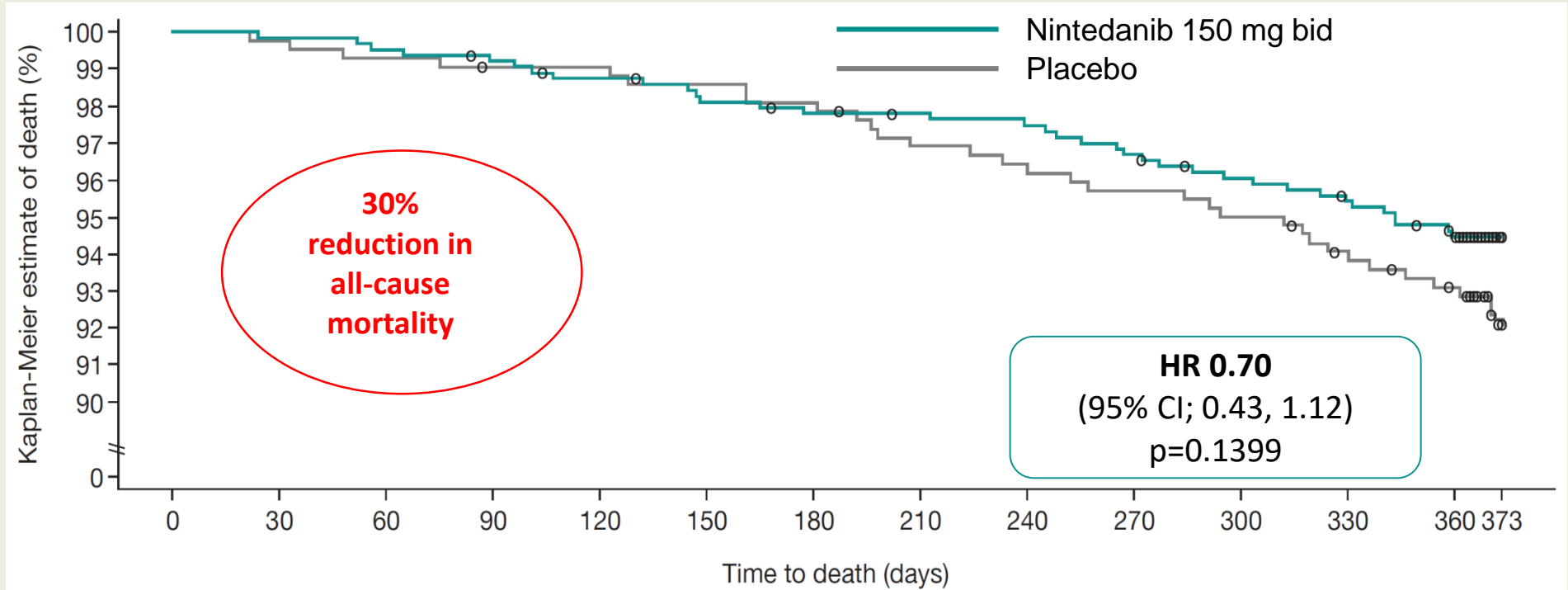


No. of patients	0	30	60	90	120	150	180	210	240	270	300	330	360	373
Nintedanib	638	634	629	613	610	602	597	593	589	580	572	563	548	503
Placebo	423	419	416	409	408	404	396	393	390	384	380	371	363	345

	Nintedanib 150 mg bid (n=638)	Placebo (n=423)
Patients with $\geq 1$ acute exacerbation, n (%)	12 (1.9)	24 (5.7)



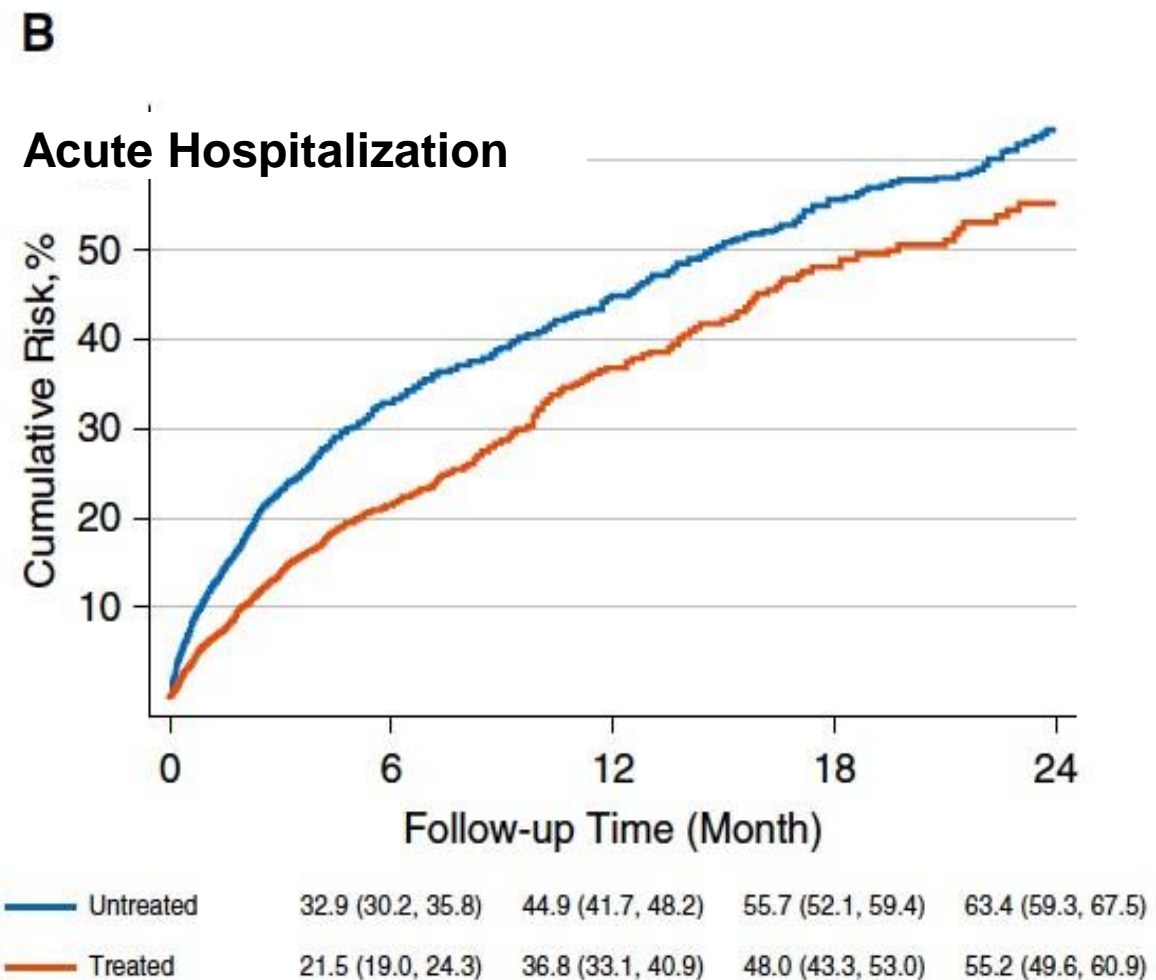
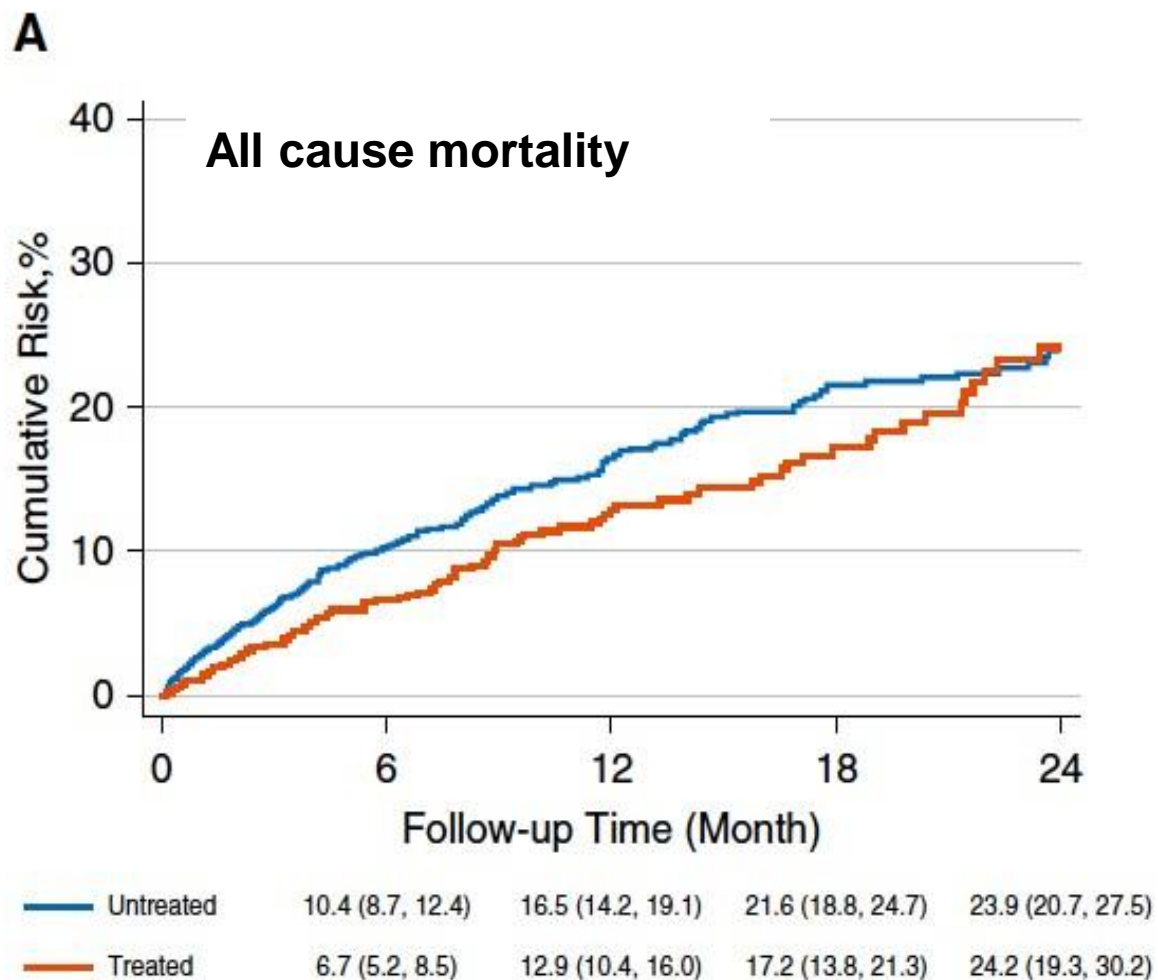
# ALL-CAUSE MORTALITY OVER 52 WEEKS (PRESPECIFIED ANALYSIS OF POOLED DATA)



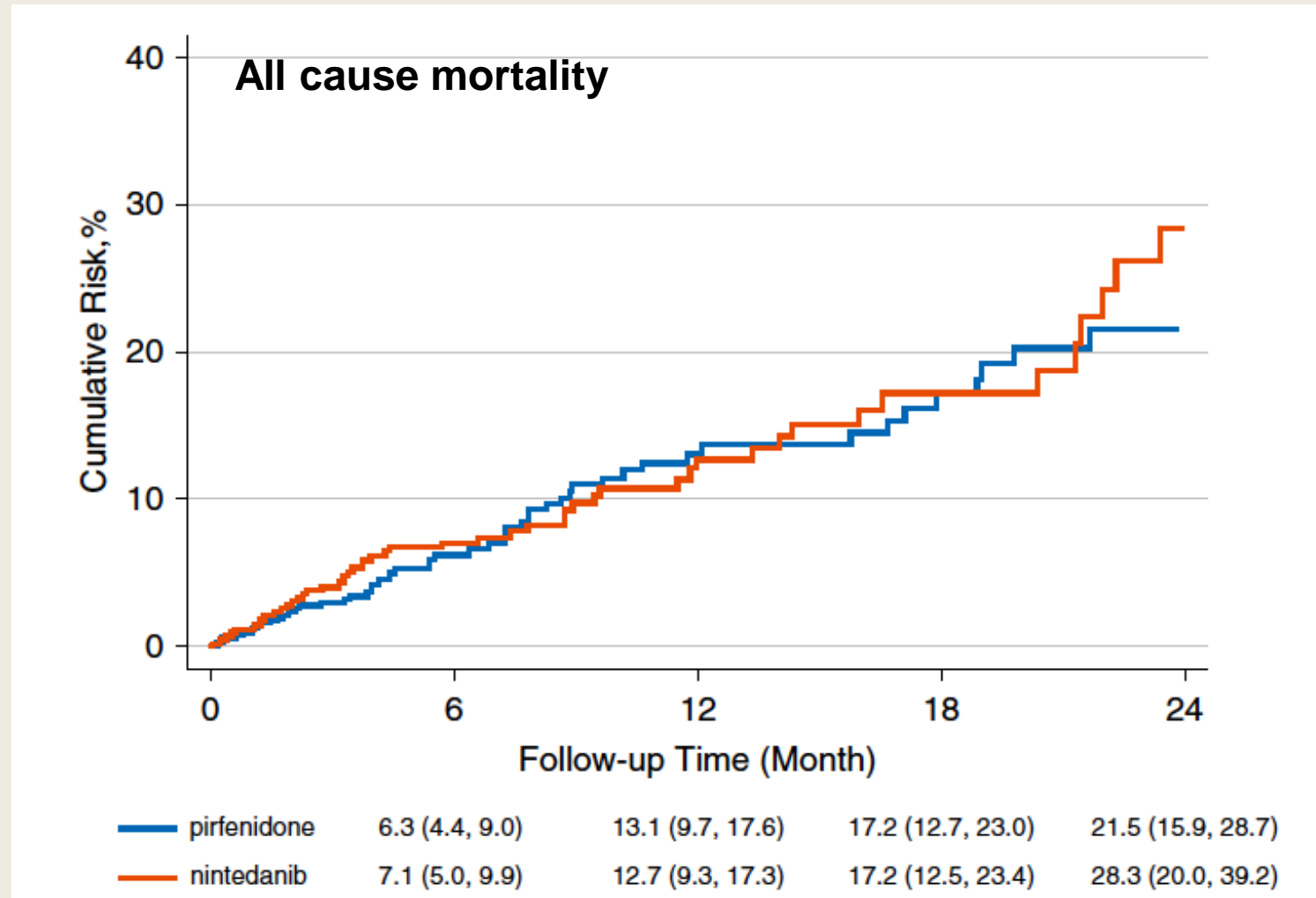
No. of patients	0	30	60	90	120	150	180	210	240	270	300	330	360	373
Nintedanib	638	637	635	632	628	623	620	619	617	612	606	601	591	532
Placebo	423	422	420	418	418	416	414	408	406	403	400	394	388	358

	Nintedanib 150 mg bid (n=638)	Placebo (n=423)
Patients who died, n (%)	35 (5.5)	33 (7.8)

## Real life data support a survival benefit for 2 years (US)



...And no difference between the two molecules in terms of survival effect





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## Traitement de la fibrose pulmonaire idiopathique : un espoir pour les connectivites

### *Treatment of idiopathic pulmonary fibrosis: A new hope for connective tissue diseases*

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<sup>b</sup> Institut national de la santé et de la recherche médicale, U1019, CNRS UMR 8204, Center for Infection and Immunity of Lille, Institut Pasteur de Lille, 59000 Lille, France

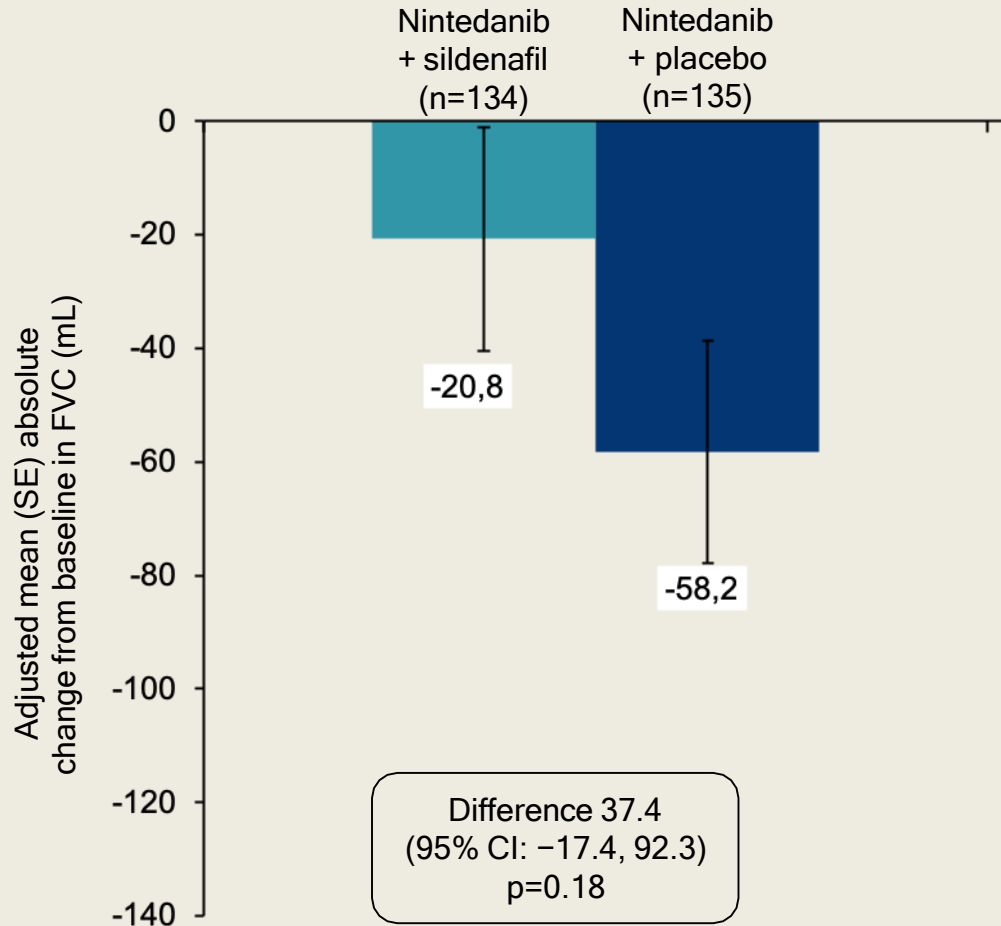
<sup>c</sup> Université de Lille, 59000 Lille, France

#### IdDIcdu 1

#### Principales différences entre la pirfénidone et le nintédanib.

	Pirfénidone	Nintédanib
Nombre de patients inclus dans des essais de phase III	1716	1066
Critères d'inclusion	Lésions de PIC en scanner ou en histologie (relecture centralisée pour Ascend)  CVF $\geq$ 50 % DLCO $\geq$ 35 % ( $\geq$ 30 % dans ASCEND) VEMS/CVF $\geq$ 0,8	Relecture centralisée Lésions de PIC en scanner ou en histologie. 30 % des patients avaient un diagnostic de PIC possible en scanner sans biopsie pulmonaire  CVF $\geq$ 50 % DLCO $\geq$ 30 % VEMS/CVF $\geq$ 0,7
Objectif principal	Réduction du déclin de la CVF	Réduction du déclin de la CVF
Différences principales dans les objectifs secondaires	Amélioration de la survie en analyse poolée (1609 patients) Éruption (3–32 %) Photosensibilité (5–14 %) Prurit (2–6 %) Nausée (15–40 %) Dyspepsie (5–20 %) Diarrhée (2–28 %) Fatigue (10–26 %) Perte de poids (9–10 %) Élévation des enzymes hépatiques (3–6 %)	Allongement du temps avant la première exacerbation Diarrhée (61–63 %) Nausée (23–26 %) Perte d'appétit (8–13 %) Vomissements (10–13 %) Élévation des enzymes hépatiques (5 %)
Effets secondaires principaux		
Interactions médicamenteuses	Nombreuses	Association avec une anticoagulation déconseillée

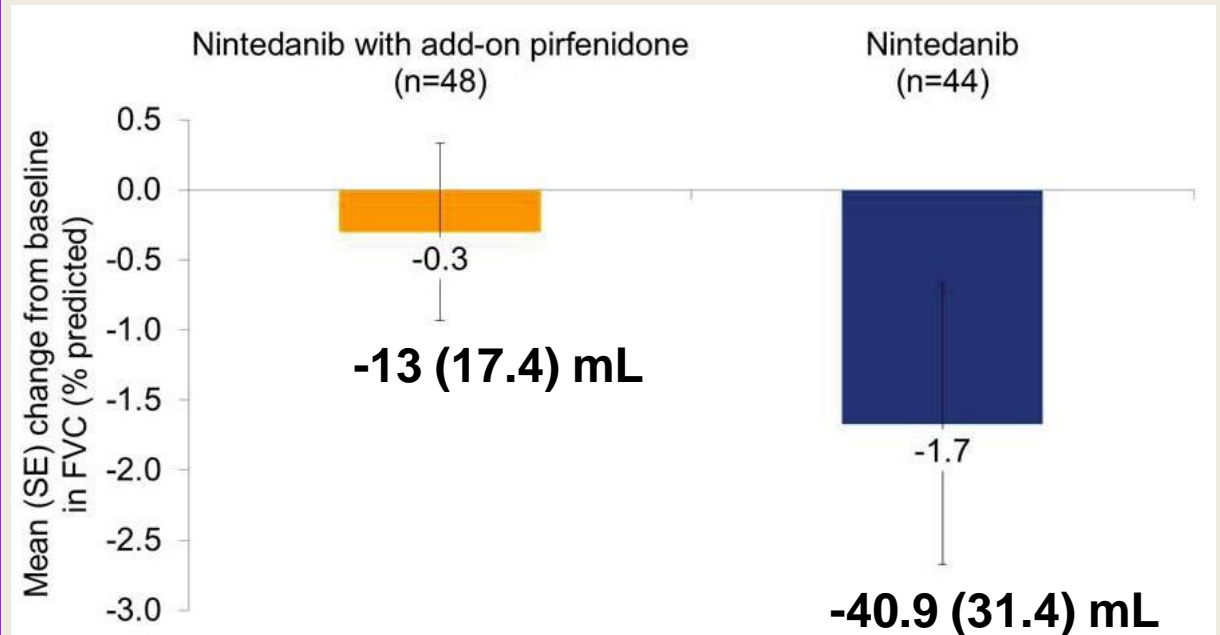
# Nintedanib + Sildenafil (INSTAGE)



Kolb, NEJM 2018

# Nintedanib + Pirfenidone (INJOURNEY)

12 weeks



Vancheri, AJRCCM 2017



# Essais thérapeutiques en cours

Galectin-3 inhibition

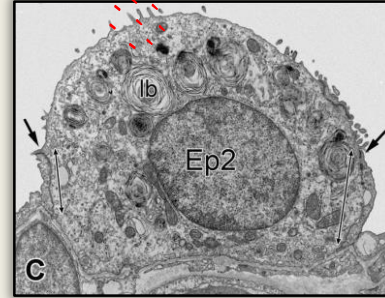
Macrophage

**Inhibiteur  
Galectine 3**  
(Phase 2-3)  
*inhalé*

**Anti-BAFFR** (Phase  
2) *sous-cut*

Auto-immunité  
dans la FPI ?

**PBI-4050**



**Thérapies  
senolytiques**

**Anti-CTGF**  
(Pamvrelumab)  
(Phase 3)  
*ss-cut*

**ER stress, UPR  
activation**



Cytokines, Chimiokines,  
Lipids, GFs, ROS  
Developmental pathways

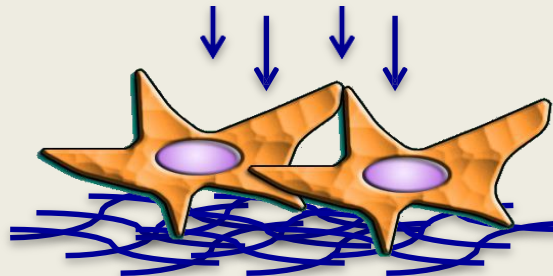
**NOX4 inhibition**  
**Tipelukast (5-LO inhibition)**

**Anti-CTGF**

**Inhibiteur  
autotaxine**  
(Phase 3) *per os*

**PBI-4050**

**Anti-Integrin**  
**ROCK2 inhibitor**  
(KD025)  
**Src inhibitor**



**Autotaxin inihition**  
**LOXL2 inhibition**  
**PRM-151**  
**JNK-Inhibition**