

5<sup>th</sup> Séminary of LAREDIAB  
11<sup>th</sup> Congress OF AMIWIT

# ANCA associated Vasculitis

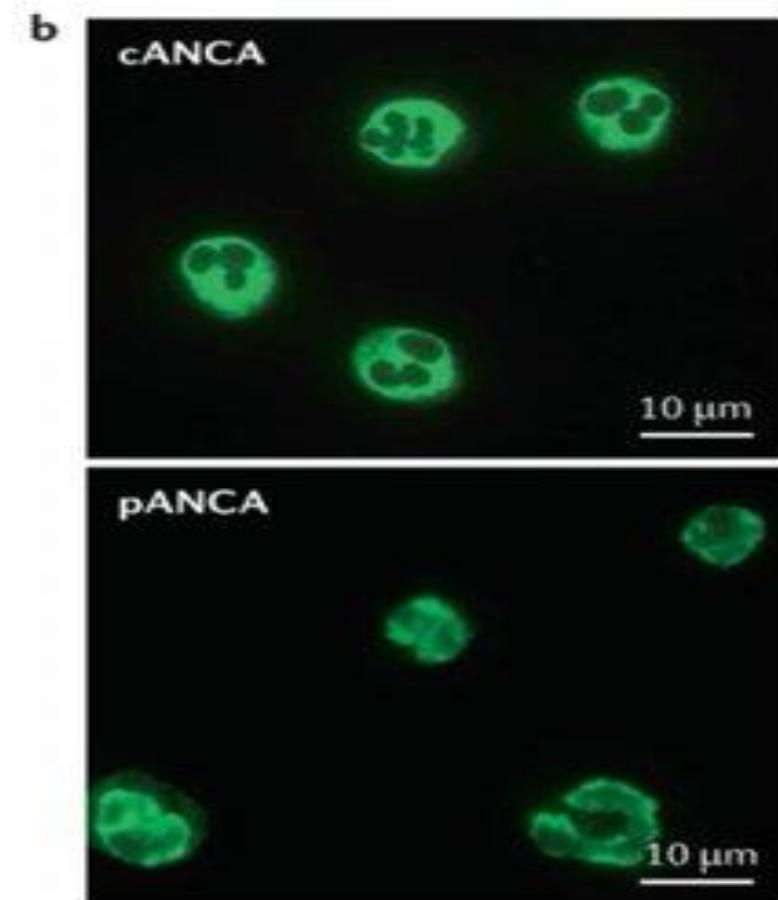
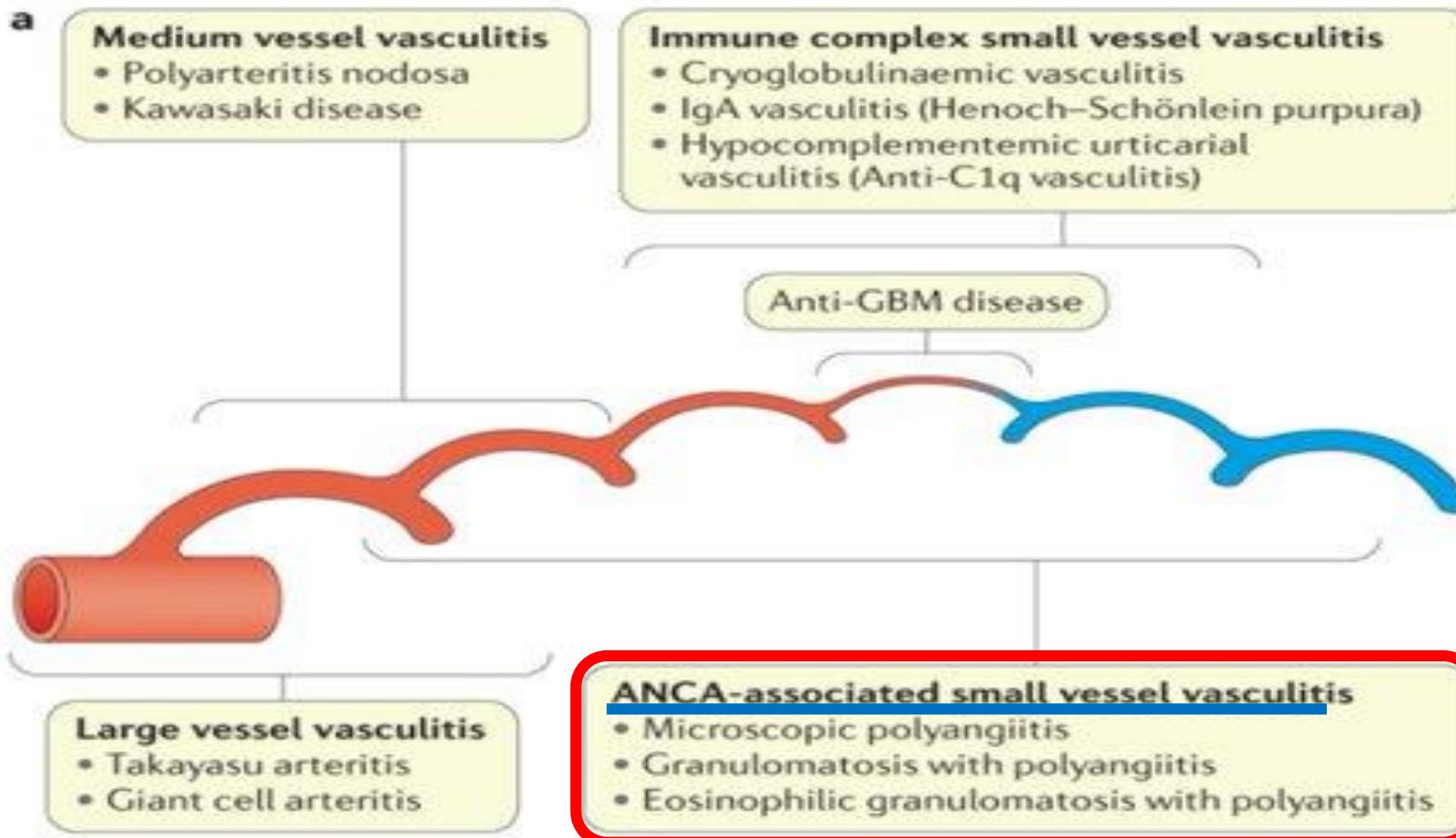
## How To treat

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Internal Medicine Department – Tlemcen university hospital center  
Diabetes Research Laboratory – University of Tlemcen

December 10, 2022 Tlemcen

# Chapel Hill 2012 Nomenclature



**nature reviews**  
disease primers

# ANCA associated Vasculitis

**Granulomatosis  
with polyangiitis**

« Wegener  
Granulomatosis »

**Eosinophilic  
granulomatosis with  
polyangiitis**

« Churg- Strauss  
Sd »

**Microscopic  
Polyangiitis**

**C ANCA**

Anti-Protéinase 3  
« PR3 »

**P ANCA**

Antimyéloperoxydase  
« MPO »

	Anti PR3	Anti MPO
GPA	82,2%	8,1%
MPA	2,1%	95,9%
EGPA	3,1%	43,3%

*DCVAS study*

**+/- histological evidence of  
vasculitis**

## **GPA/PAM vs. GEPA: Phénotypes distincts**

Atteinte pulmonaire

Atteinte rénale

Atteinte cardiaque

ANCA

Biologie

GPA



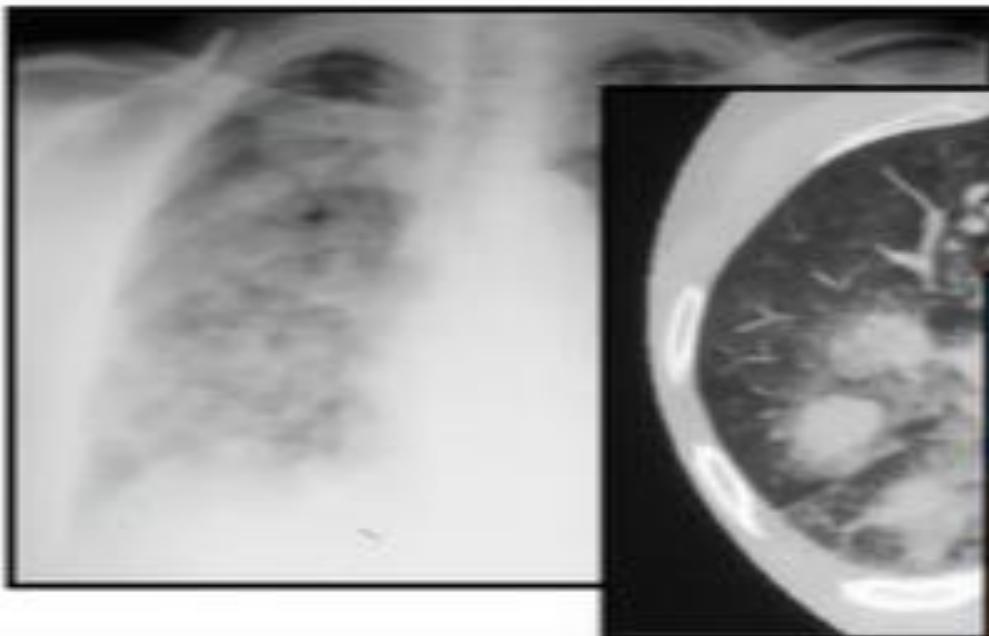
PAM



GEPA



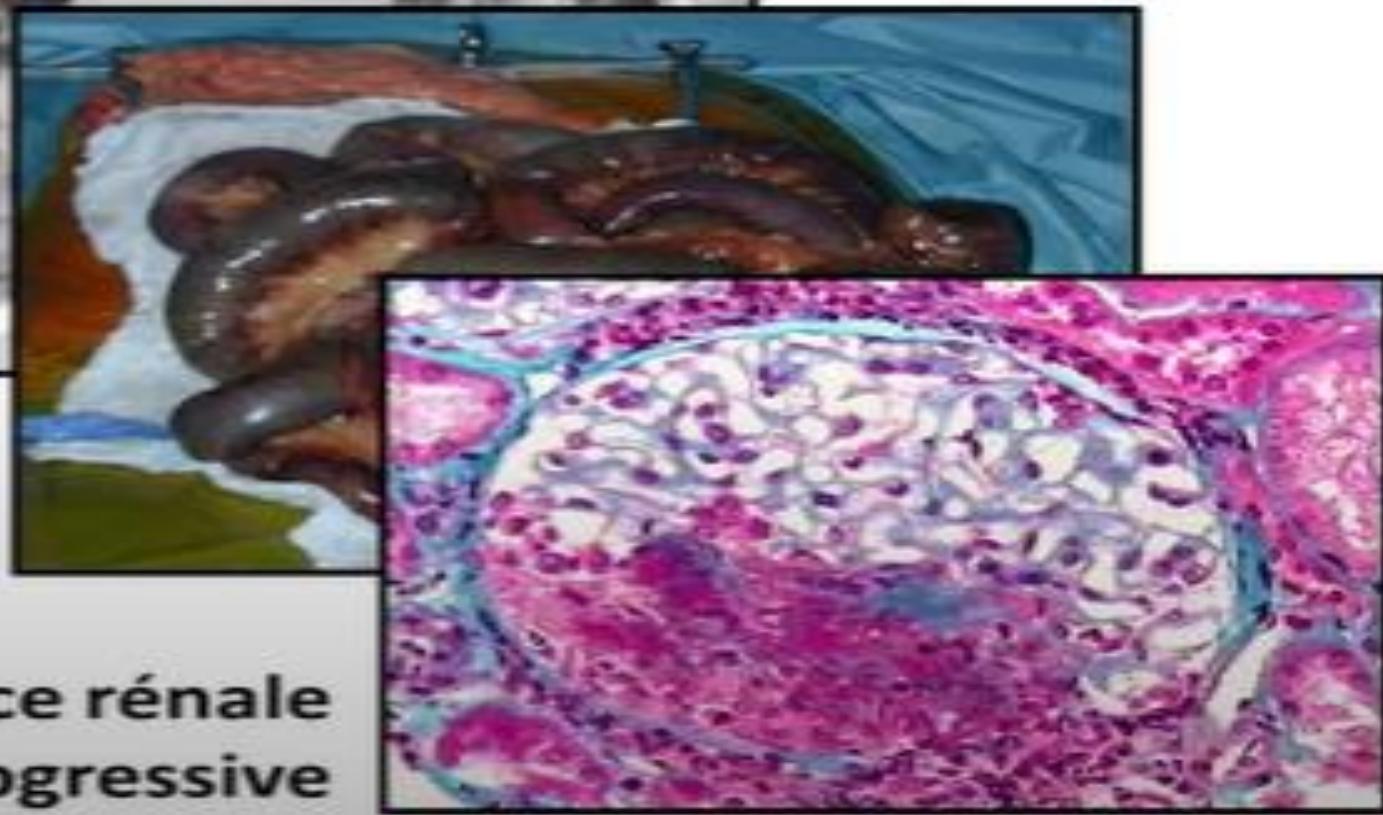
## *Formes fulminantes de VAA*



Hémorragie intra-alvéolaire



Vascularite digestive



Insuffisance rénale  
rapidement progressive

# Presentation outline

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- EULAR recommendations for the management of AAV – 2022 update\*
- Focus on induction of remission with RTX, PLEX, and avacopan versus SOC in ANCA $\oplus$  GPA and MPA



# GPA & MPA – Induction of remission

EULAR Recommendations – 2022 update	Organ- or life-threatening disease	Non-organ- or non-life- threatening disease
<b>Recommended</b>	<ul style="list-style-type: none"><li>Combination of GC with either RTX or CYC</li><li>RTX preferred in relapse</li><li>GC starting dose 50 – 75 mg pred.-equivalent/day; taper to 5 mg by 4 – 5 months</li></ul>	

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May be considered	<ul style="list-style-type: none"><li>PLEX for creatinine &gt;300 µmol/l due to active glomerulonephritis; not for routine use in alveolar hemorrhage</li><li>Avacopan in combination with RTX or CYC as part of GC-reducing strategy</li></ul>	

# GPA & MPA – Induction of remission

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<u>May be considered</u>	<ul style="list-style-type: none"><li>PLEX for creatinine &gt;300 µmol/l due to active glomerulonephritis; not for routine use in alveolar hemorrhage</li><li>Avacopan in combination with RTX or CYC as part of GC-reducing strategy</li></ul>	<ul style="list-style-type: none"><li>Alternatives to RTX: MTX or MMF (<i>...can be considered...</i>)</li></ul>

## ***Etude RAVE***

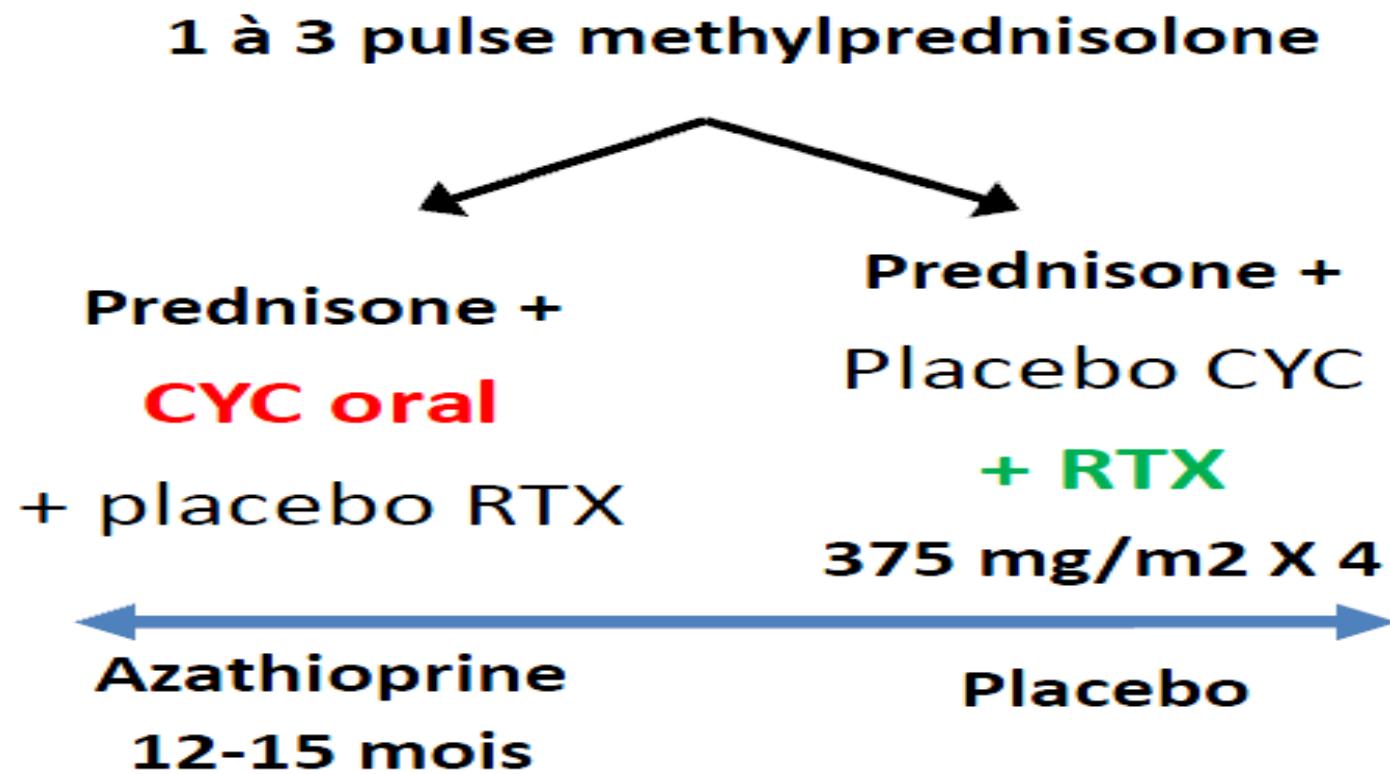
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- Etude randomisée internationale de non-infériorité en double aveugle avec double placebo
- Critères d'inclusion
  - Vascularites à ANCA avec BVAS >3
  - Première poussée ou rechute
- Critère de jugement principal
  - Rémission complète à 6 mois sans corticoïdes

# RAVE

197 patients

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Stone, N Engl J Med, 2010

## Etude RAVE

Efficacité globale

Bras Rituximab: **60.4%**

Bras Cyclophosphamide: **64.6%**

ont un BVAS = 0 à 6 mois sans corticothérapie

*P<0.001 pour la non-infériorité*

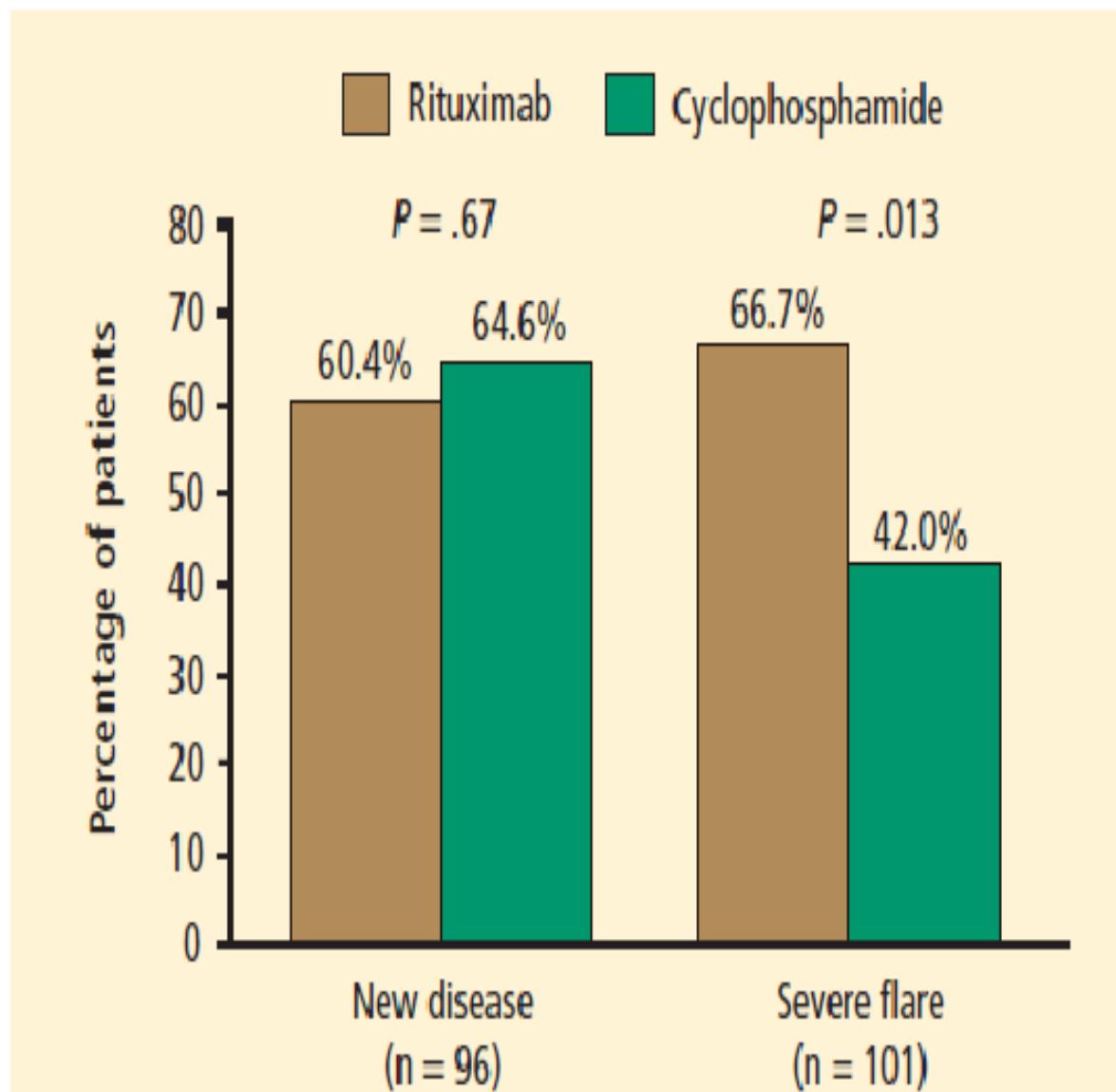
*P=0.09 pour la supériorité*

Sous-groupe des patients rechuteurs :

Bras Rituximab: **67%**

Bras Cyclophosphamide : **42%**

*P=0.01 pour la supériorité*



# RAVE – Treatment outcomes based on ANCA type

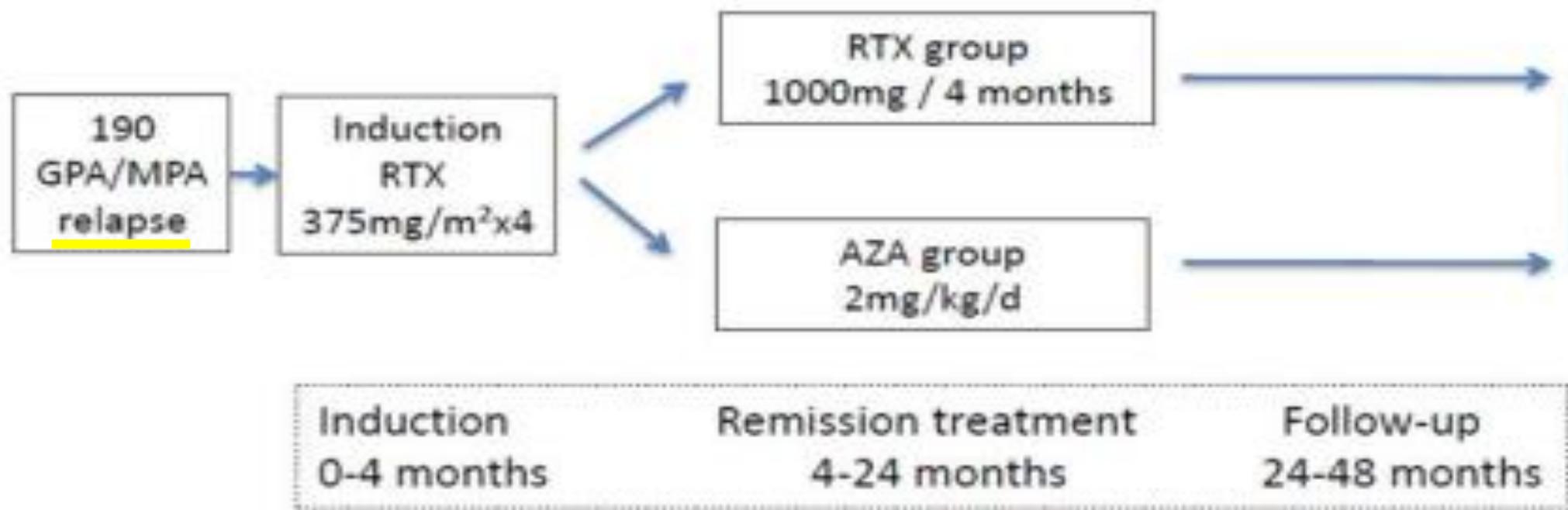
	PR3-AAV			MPO-AAV		
	RTX (n=66)	CYC/AZA (n=65)	P	RTX (n=33)	CYC/AZA (n=33)	P
CR at 6 months	43 (65)	31(48)	0.04	20 (61)	21 (64)	0.80
CR at 12 months	31 (47)	21 (32)	0.09	16 (49)	17 (52)	0.81
CR at 18 months	24 (36)	19 (29)	0.39	15 (46)	13 (39)	0.62

# RAVE trial – Adverse events

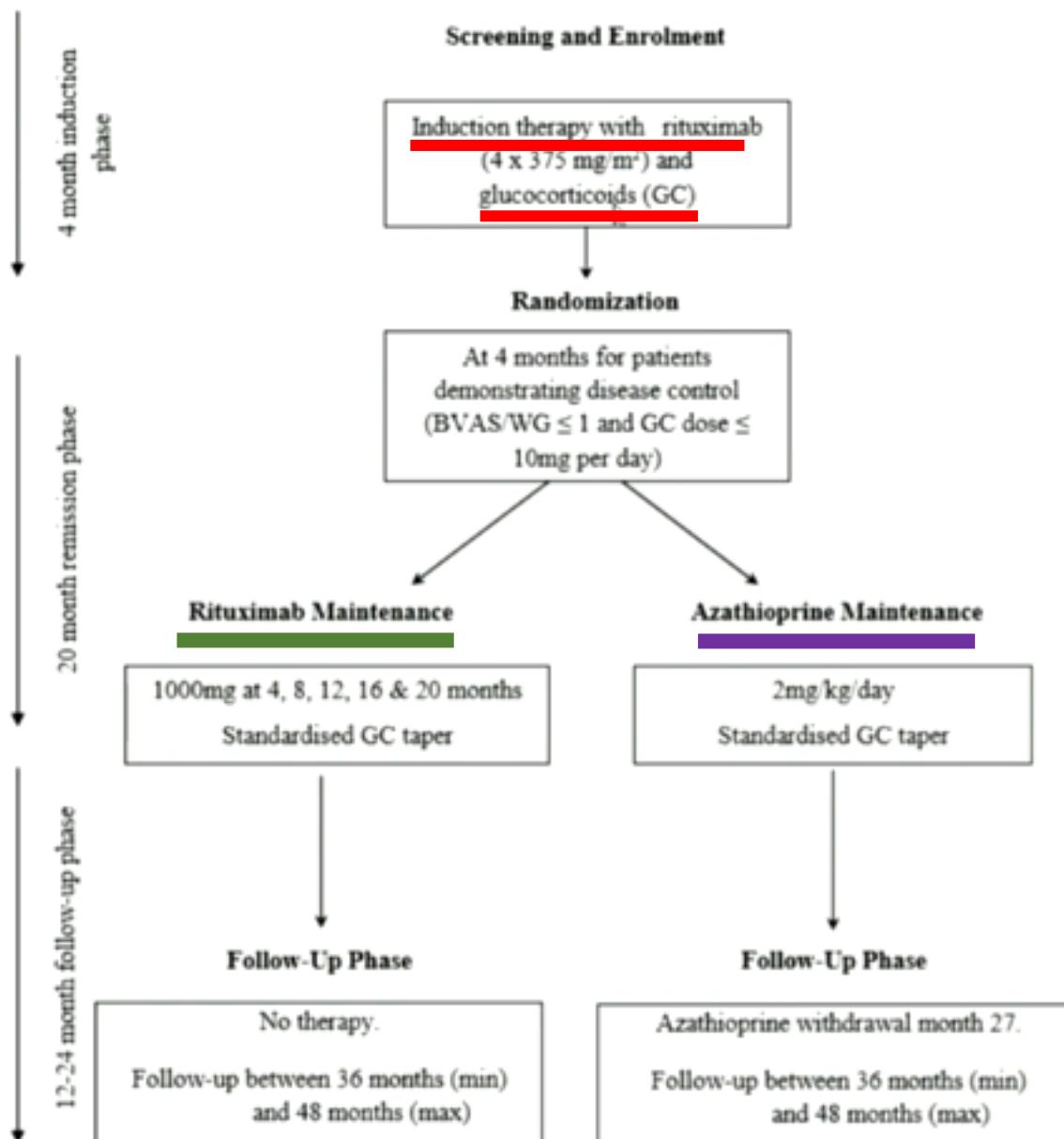
Variable	Rituximab (N=99)	Cyclophosphamide– Azathioprine (N=98)	Total (N=197)	P Value
Total no. of participant-months	1371.5	1331.9	2703.4	
<b>Adverse events</b>				
Total no. of events	1399	1420	2819	
Participants with $\geq 1$ event — no. (%)	98 (99)	98 (100)	196 (99)	>0.99
Events/participant-mo	1.02	1.07	1.04	0.24
<b>Serious adverse events</b>				
Total no. of events	59	63	122	
Participants with $\geq 1$ event — no. (%)	42 (42)	37 (38)	79 (40)	0.50
Events/participant-mo	0.04	0.05	0.05	0.63
Deaths — no. (%)†	2 (2)	2 (2)	4 (2)	
Participants with $\geq 1$ episode of leukopenia of grade 2 or higher — no. (%)	5 (5)	23 (23)	28 (14)	<0.001
Participants with $\geq 1$ episode of infection of grade 3 or higher — no. (%)	12 (12)	11 (11)	23 (12)	>0.99
<b>Pneumonia-related adverse events</b>				
Total no. of events	4	11	15	
Participants with $\geq 1$ episode of pneumonia — no. (%)	3 (3)	11 (11)	14 (7)	0.03
Pneumonia-related adverse events/participant-mo	0.0029	0.0083	0.0055	0.08

# RITAZAREM

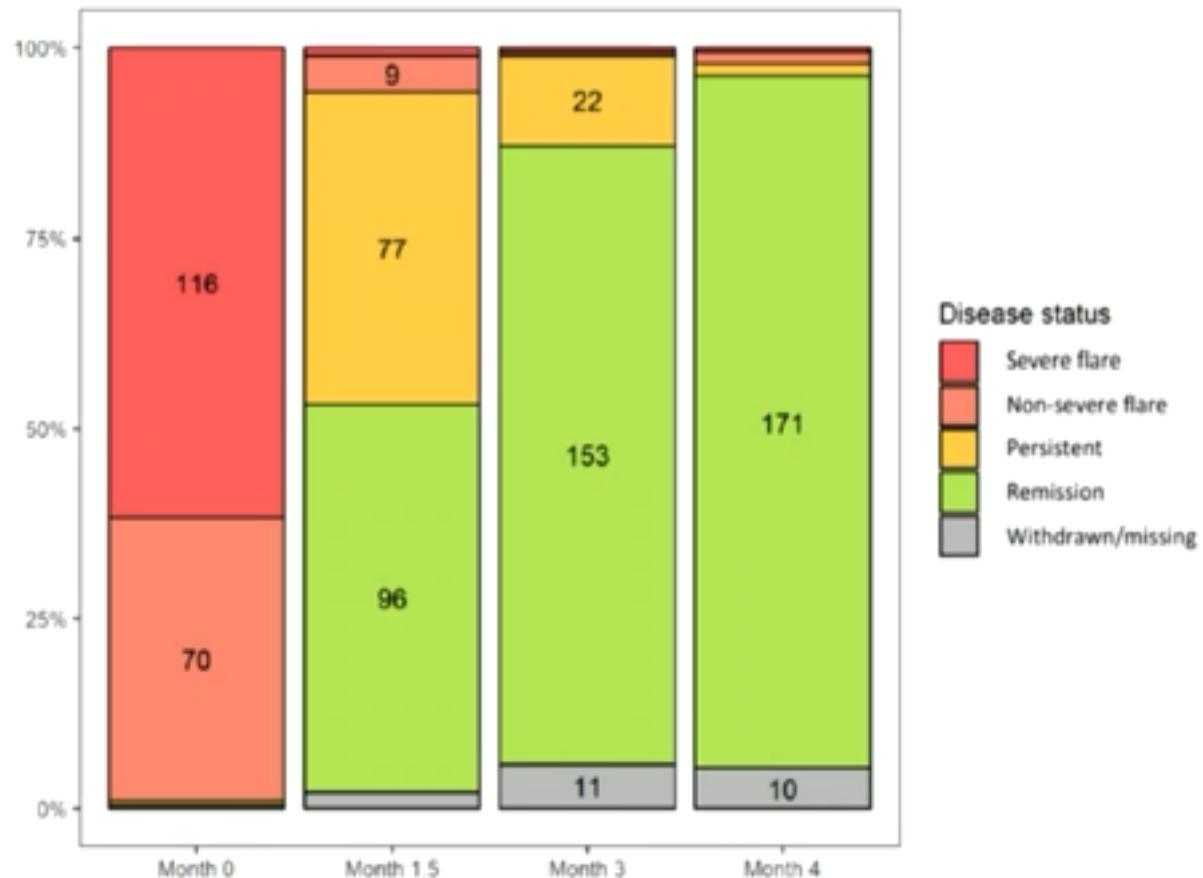
rituximab (RTX) or azathioprine (AZA) for remission after RTX induction



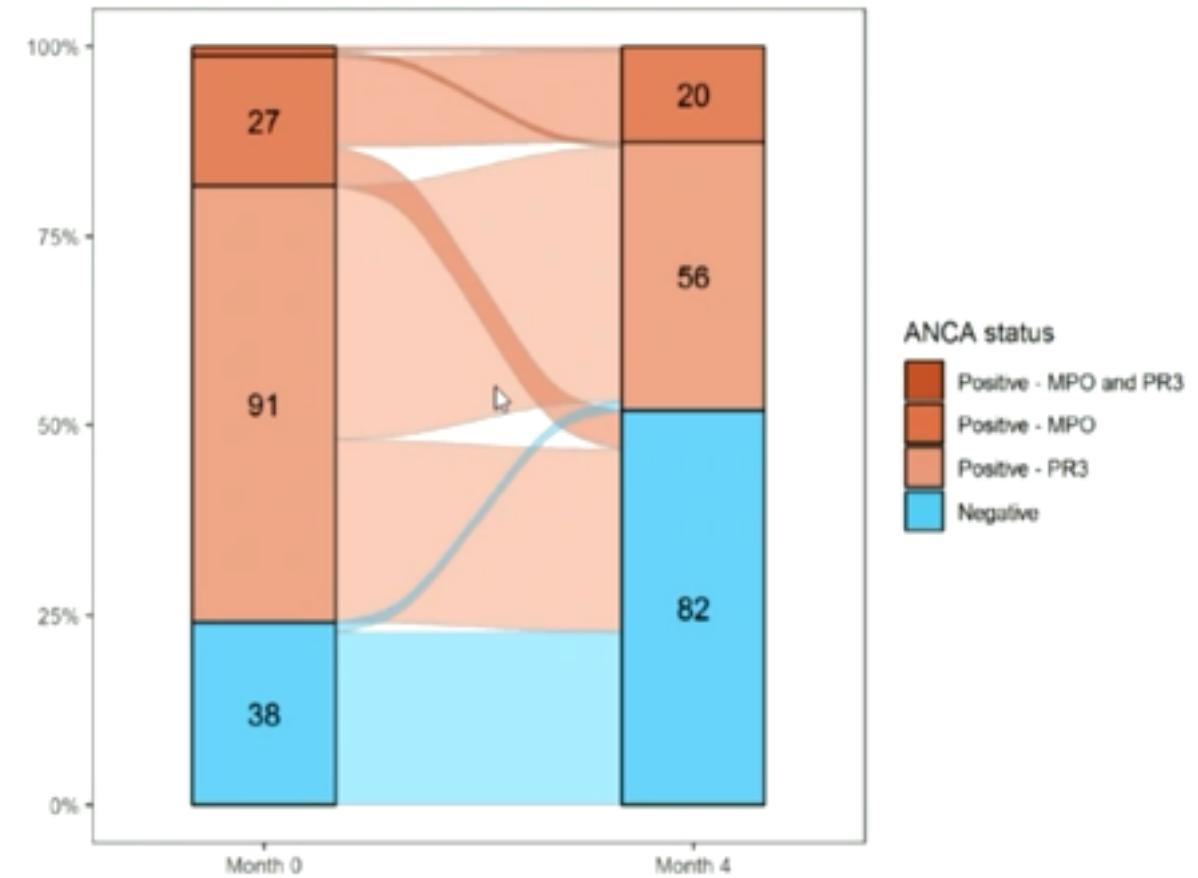
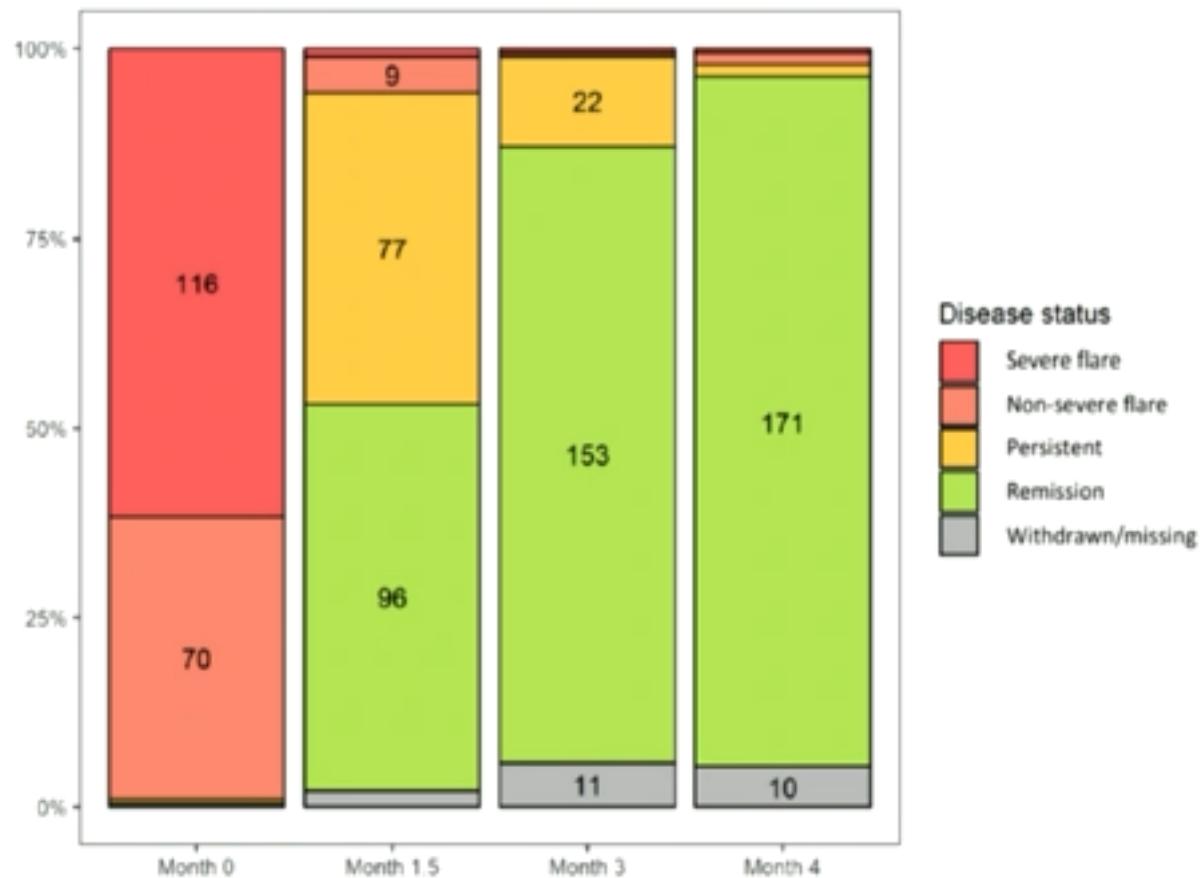
# RITAZAREM trial design



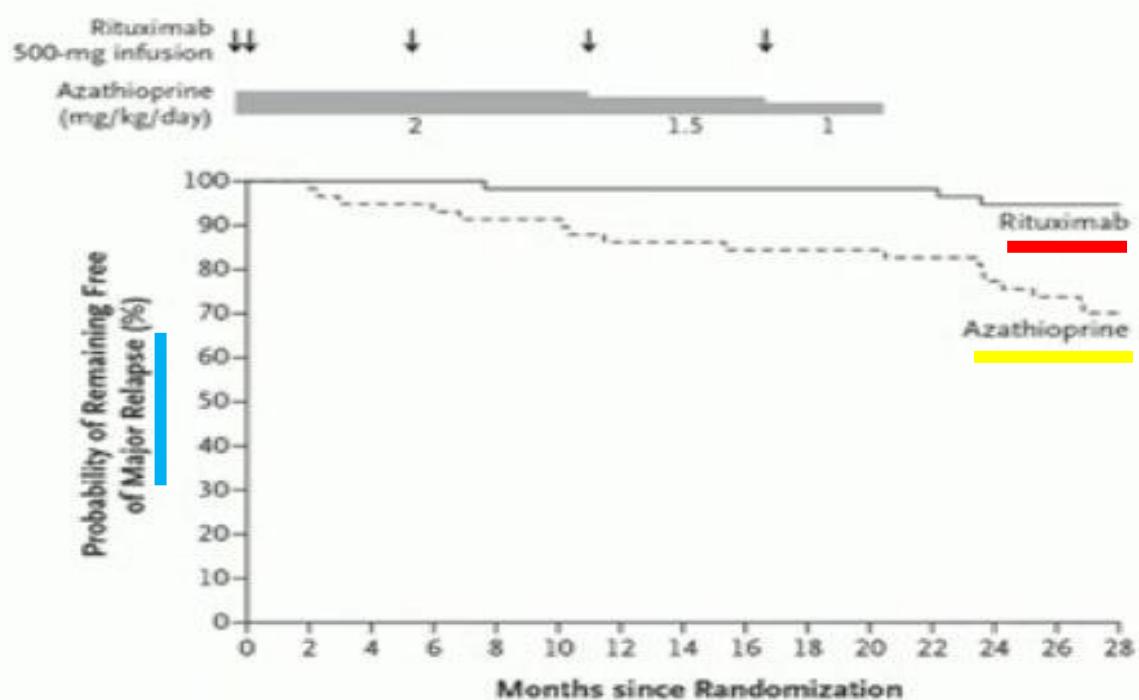
# RITAZAREM – Disease response



# RITAZAREM – Disease response & change in ANCA



# Rituximab as a maintenance agent in AAV

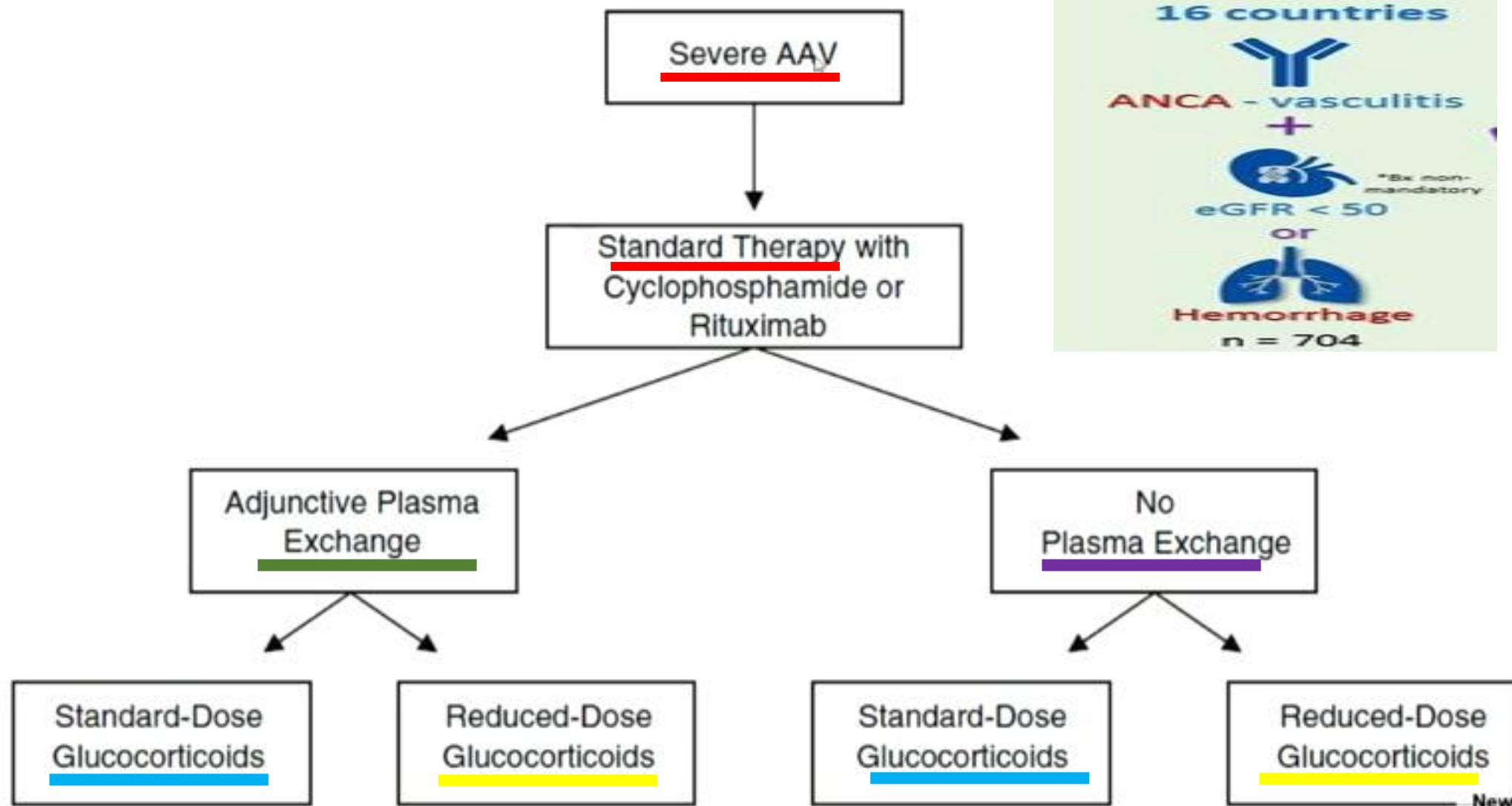


No. at Risk													
Rituximab	57	57	57	57	56	56	56	56	56	54	52	39	
Azathioprine	58	58	55	54	53	53	50	50	48	48	47	44	33

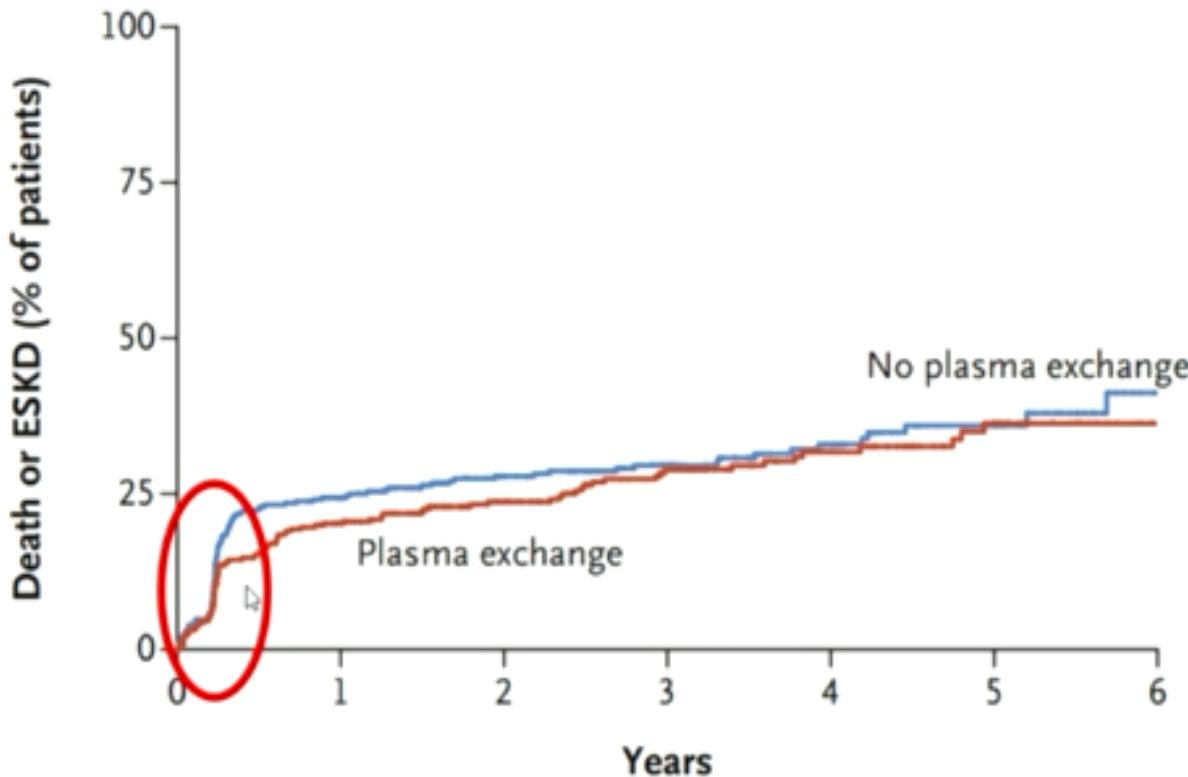
115 mainly newly diagnosed patients who had all received cyclophosphamide induction therapy

HR 6.61 (95% CI, 1.56 to 27.96; P=0.002)

# PEXIVAS trial design



# PEXIVAS – Death or ESKD according to PLEX Y/N

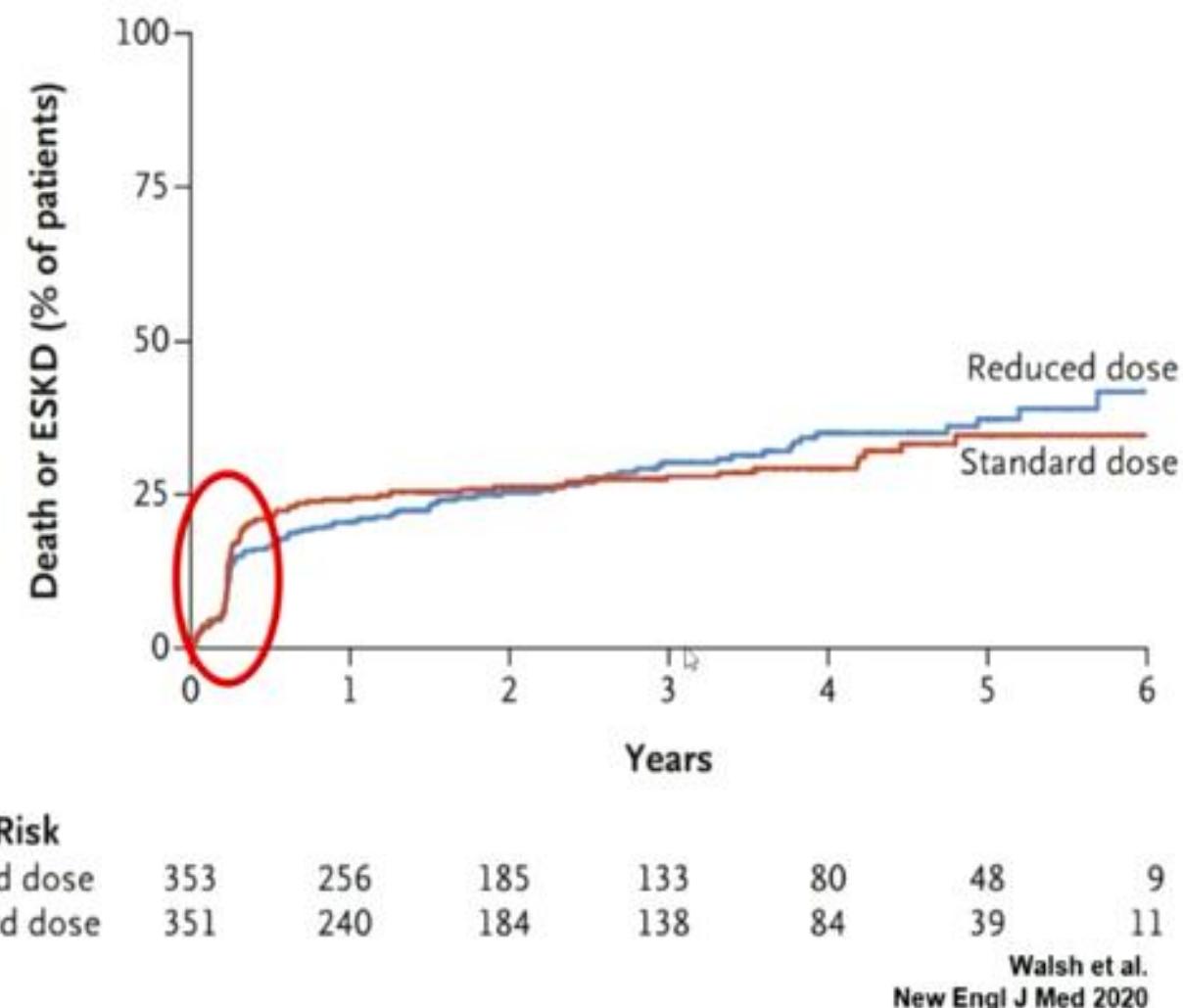


## No. at Risk

No plasma exchange	352	244	183	136	82	44	10
Plasma exchange	352	252	186	135	82	43	10

# PEXIVAS – Death or ESKD according to GC regimen

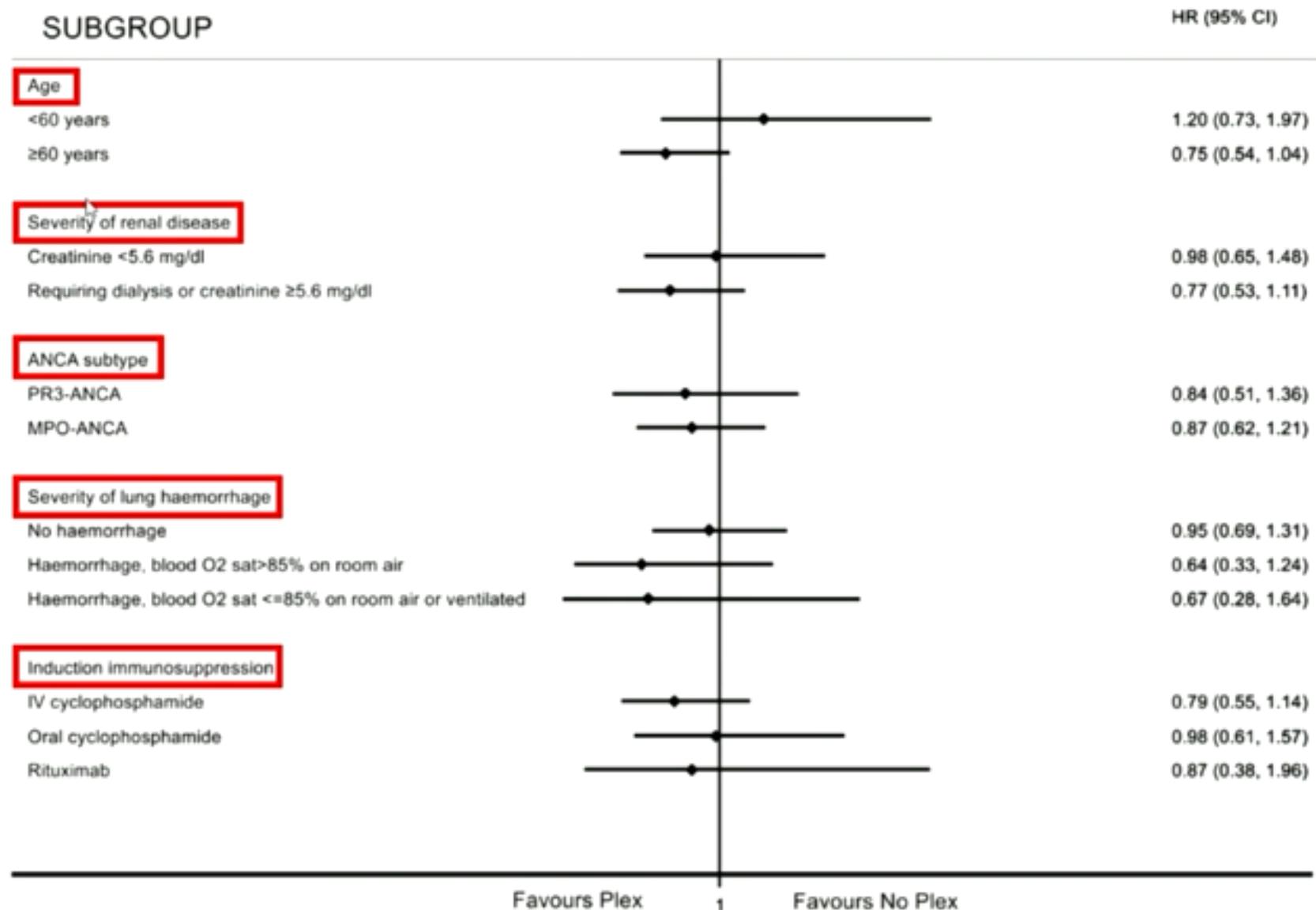
Week	Standard			Reduced-dose		
	<50 kg	50-75 kg	>75 kg	<50 kg	50-75 kg	>75 kg
1	pulse	pulse	pulse	pulse	pulse	pulse
2	50	60	75	50	60	75
3-4	40	50	60	20	25	30
5-6	30	40	50	15	20	25
7-8	25	30	40	12.5	15	20
9-10	20	25	30	10	12.5	15
11-12	15	20	25	7.5	10	12.5
13-14	12.5	15	20	6	7.5	10
15-16	10	10	15	5	5	7.5
17-18	10	10	15	5	5	7.5
19-20	7.5	7.5	10	5	5	5
21-22	7.5	7.5	7.5	5	5	5
23-52	5	5	5	5	5	5
>52	Investigators' Local Practice			Investigators' Local Practice		



# PEXIVAS – Secondary outcomes

Secondary Outcome	Reduc-Dose vs. Standard-Dose Glucocorticoid Regimen <i>effect size (95% CI)</i>
Death from any cause	0.78 (0.53–1.17)
End-stage kidney disease	0.96 (0.68–1.34)
Sustained remission	1.04 (0.92–1.19)
Serious adverse events	0.95 (0.75–1.20)
Serious infections at 1 year	0.69 (0.52–0.93)

# PEXIVAS – Death or ESKD according to subgroup

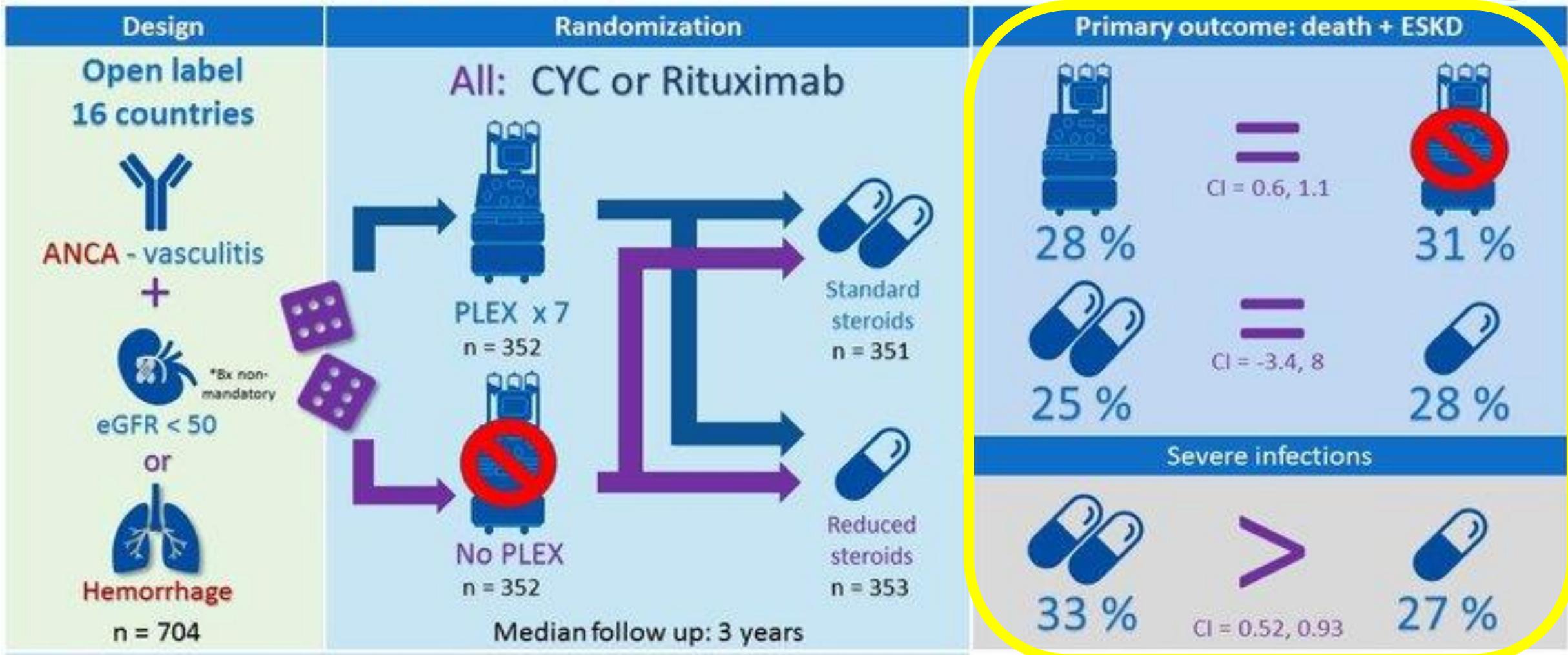


# PEXIVAS

## Plasma exchange and glucocorticoids in severe ANCA-associated vasculitis



#NephJC



**Conclusions:** Among patients with severe ANCA-associated vasculitis, PLEX did not reduce the incidence of death or ESKD. A reduced-dose regimen of steroids was noninferior to a standard-dose regimen with respect to death or ESKD.

M. Walsh, P.A. Mierke, C.-A. Pen et al. Plasma Exchange and Glucocorticoids in Severe ANCA-Associated Vasculitis. NEJM 2020;382:622-31.

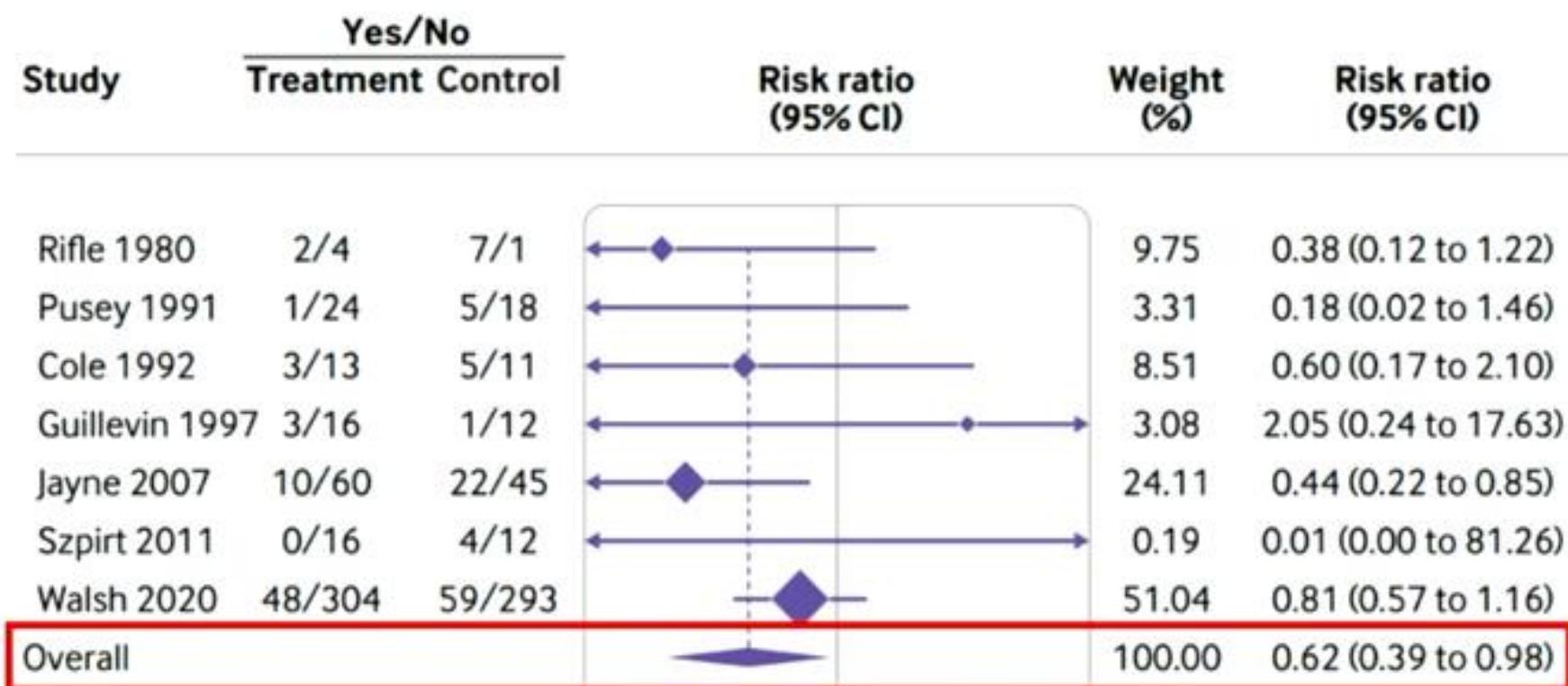
@NephroGuy

# PLEX meta-analysis – Characteristics of trials

Study	Follow-up (months)	Method	Plasma exchange		Volume/treatment	No	Participants				Baseline creatinine (µmol/L)		Baseline dialysis (%)		Lung haem
			No of treatments	Volume/treatment			Mean age (years)	Female (%)	wPLEX	Ctrl	PLEX	Ctrl	PLEX	Ctrl	
Rifle 1980	22	Centrifuge	5 in 5 days + additional for non-response	1.5 plasma volumes	14	41	52	50	25	893	1140	67	88	No	
Mauri 1985	36	Centrifuge and filter	6 in 12 days + additional for non-response	3.5 L	22	NR	NR	NR	NR	1193	1158	50	50	NR	
Pusey 1991	58	Centrifuge	5 in 7 days + additional for non-response	4 L	48	52	51	36	39	793	637	44	34	Yes	
Cole 1992	12	Centrifuge	≥10 in 16 days	1 plasma volume	32	NR	NR	NR	NR	634	769	25	43	NR	
Guillevin 1997	12	Centrifuge and filter	9 or 12 at 3 times/week	60 mL/kg	32	47	62	47	38	439	287	32	15	NR	
Zauner 2002	127	NR	3 + <9 for non-response	40 mL/kg	39	55	56	29	22	NR	NR	NR	NR	Yes	
Jayne 2007, Walsh 2013	12, 47	Centrifuge and filter	7 in 14 days	60 mL/kg	137	67	66	41	36	701	732	67	71	Yes	
Szpirt 2010	60	Filter	6 + 3-6 for persistent ANCA	4 L	32	58	56	25	19	262	250	13	25	Yes	
Walsh 2020	35	Centrifuge and filter	7 in 14 days	60 mL/kg	704	63	64	42	45	327	336	19	21	Yes	

Lung haem = Presence of lung haemorrhage at baseline. PLEX = Plasma exchange. Ctrl = Control. NR = Not reported.

# PLEX meta-analysis – 1-year ESKD



Test for heterogeneity:  $\tau^2=0.04$ ;  $I^2=14.84\%$ ;  $H^2=1.17$

# PLEX meta-analysis – 1-year ESKD

Outcome	Risk group	Estimated risk reduction	Risk ratio (95% CI)
ESKD	<b>Low</b> Creatinine $\leq 200 \text{ }\mu\text{mol/l}$	<b>0.08% (0.02% - 0.12%)</b>	<b>0.62 (0.39 – 0.98)</b>
	<b>Low-moderate</b> Creatinine $>200 - 300 \text{ }\mu\text{mol/l}$	<b>2.1% (0.6% - 3.1%)</b>	
	<b>Moderate-high</b> Creatinine $>300 - 500 \text{ }\mu\text{mol/l}$	<b>4.6% (1.2% - 6.8%)</b>	
	<b>High</b> Creatinine $>500 \text{ }\mu\text{mol/l}$	<b>16.0% (4.2% - 23.6%)</b>	

# PLEX meta-analysis – 1-year ESKD

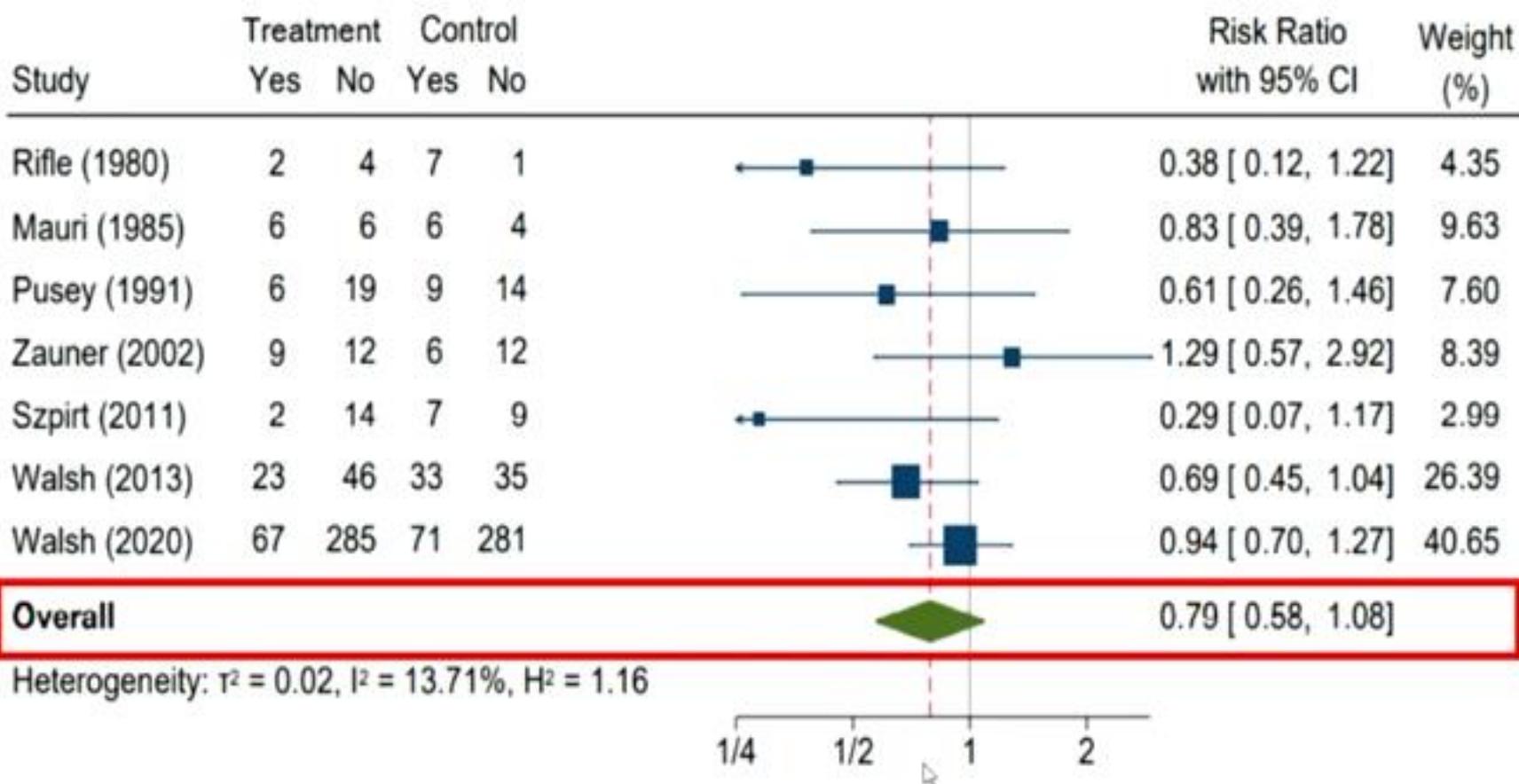
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	<b>High</b> Creatinine $>500 \text{ }\mu\text{mol/l}$	<b>16.0% (4.2% - 23.6%)</b>	
Outcome	Risk group	Estimated risk increase	Risk ratio (95% CI)
Infection	<b>Low</b> Creatinine $\leq 200 \text{ }\mu\text{mol/l}$	<b>2.7% (0.3% - 5.6%)</b>	<b>1.27 (1.08 – 1.49)</b>
	<b>Low-moderate</b> Creatinine $>200 - 300 \text{ }\mu\text{mol/l}$	<b>4.9% (0.5% - 10.1%)</b>	
	<b>Moderate-high</b> Creatinine $>300 - 500 \text{ }\mu\text{mol/l}$	<b>8.6% (1.0% - 17.9%)</b>	
	<b>High</b> Creatinine $>500 \text{ }\mu\text{mol/l}$	<b>13.5% (1.5% - 28%)</b>	

Walsh et al.  
BMJ 2022

# PLEX meta-analysis – 1-year ESKD

Outcome	Risk group	Estimated risk reduction	Risk ratio (95% CI)
ESKD	<b>Low</b> Creatinine ≤200 µmol/l	<b>0.08% (0.02% - 0.12%)</b>	<b>0.62 (0.39 – 0.98)</b>
	<b>Low-moderate</b> Creatinine >200 – 300 µmol/l	<b>2.1% (0.6% - 3.1%)</b>	
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Infection	<b>Low</b> Creatinine ≤200 µmol/l	<b>2.7% (0.3% - 5.6%)</b>	<b>1.27 (1.08 – 1.49)</b>
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	<b>High</b> Creatinine >500 µmol/l	<b>13.5% (1.5% - 28%)</b>	

# PLEX meta-analysis – Long-term follow-up ESKD



# Could PLEX be a game-changer in the treatment of ANCA - associated vasculitis?



Systematic review &  
meta-analysis



Systematic reviews  
updated to July 2020



9 randomized trials

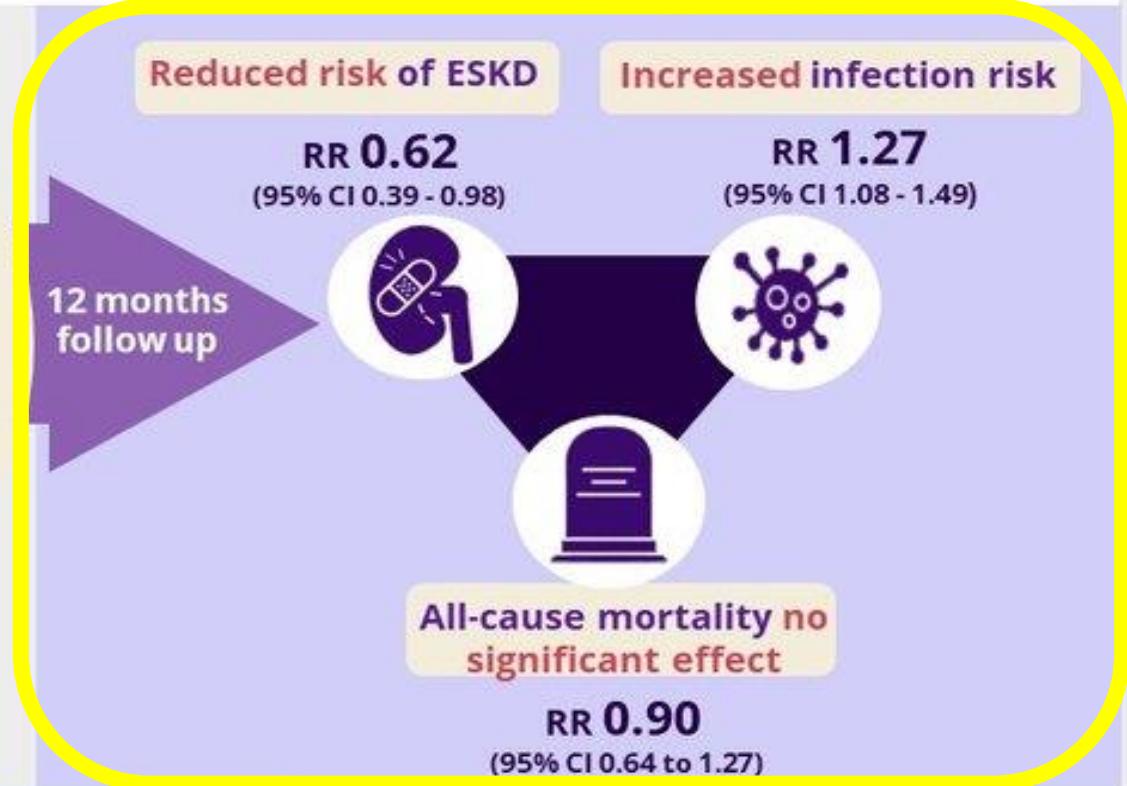


1060 AAV participants

AAV: ANCA associated vasculitis



PLEX EFFECT



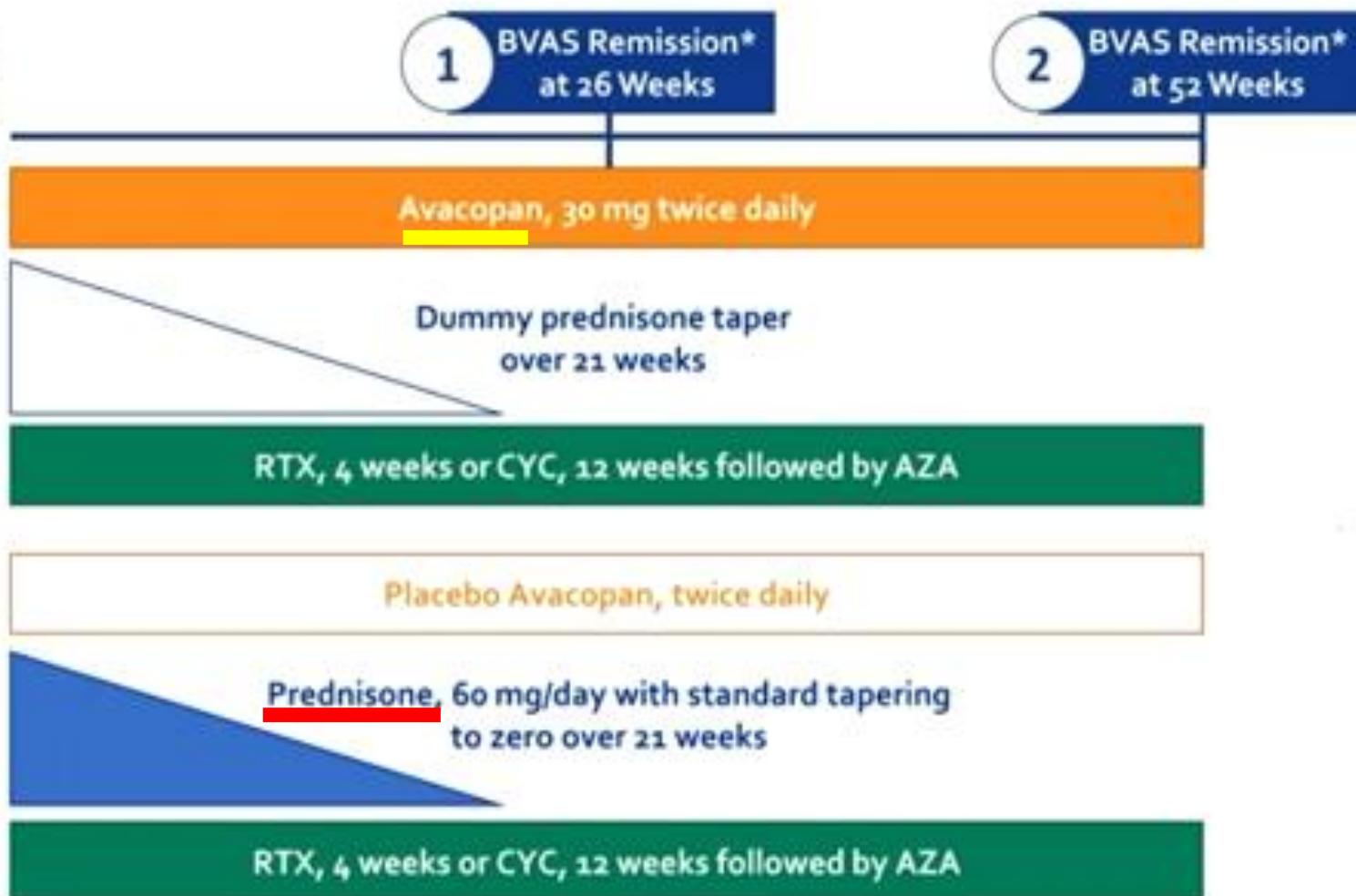
**CONCLUSION:** Current evidence does not demonstrate a strong role for PLEX in addition to standard care in preventing death. PLEX may delay the need for dialysis, which could improve a patient's quality of life, but it has serious adverse effects.

Walsh M, Collister D, Zeng L, et al. *The effects of plasma exchange in patients with ANCA-associated vasculitis: an updated systematic review and meta-analysis*. BMJ. 2022 doi: 10.1136/bmj-2021-064604.

Visual abstract by Cristina Popa, MD @NephroSeeker

# ADVOCATE trial design

**Two primary endpoints:**  
(both analyzed after 52 weeks)

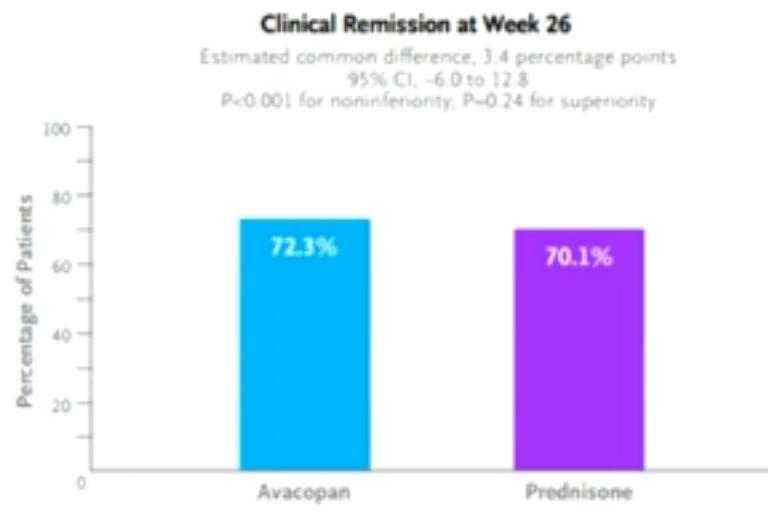


RTX = Rituximab

AZA = Azathioprine

\*BVAS Remission: BVAS of zero and no steroids for ≥4 weeks

# ADVOCATE – Remission at week 26 & 52



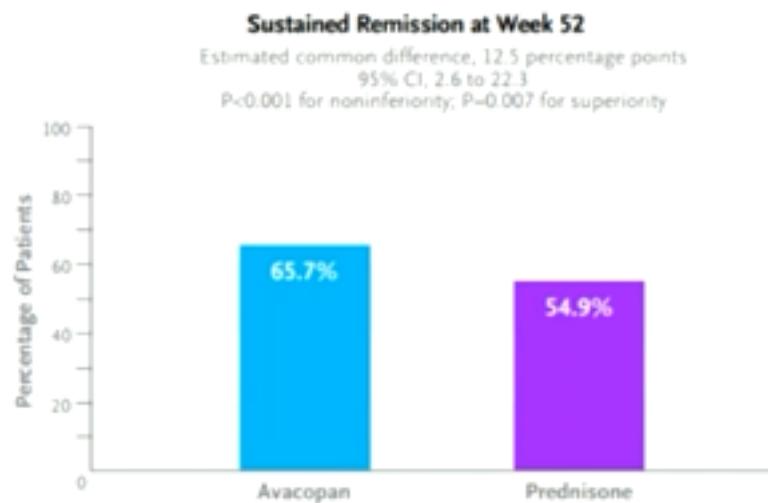
Non-inferiority boundary

Superiority boundary

Remission at week 26

-6.0      3.4      12.8

Avacopan versus Prednisone



Sustained remission at week 52

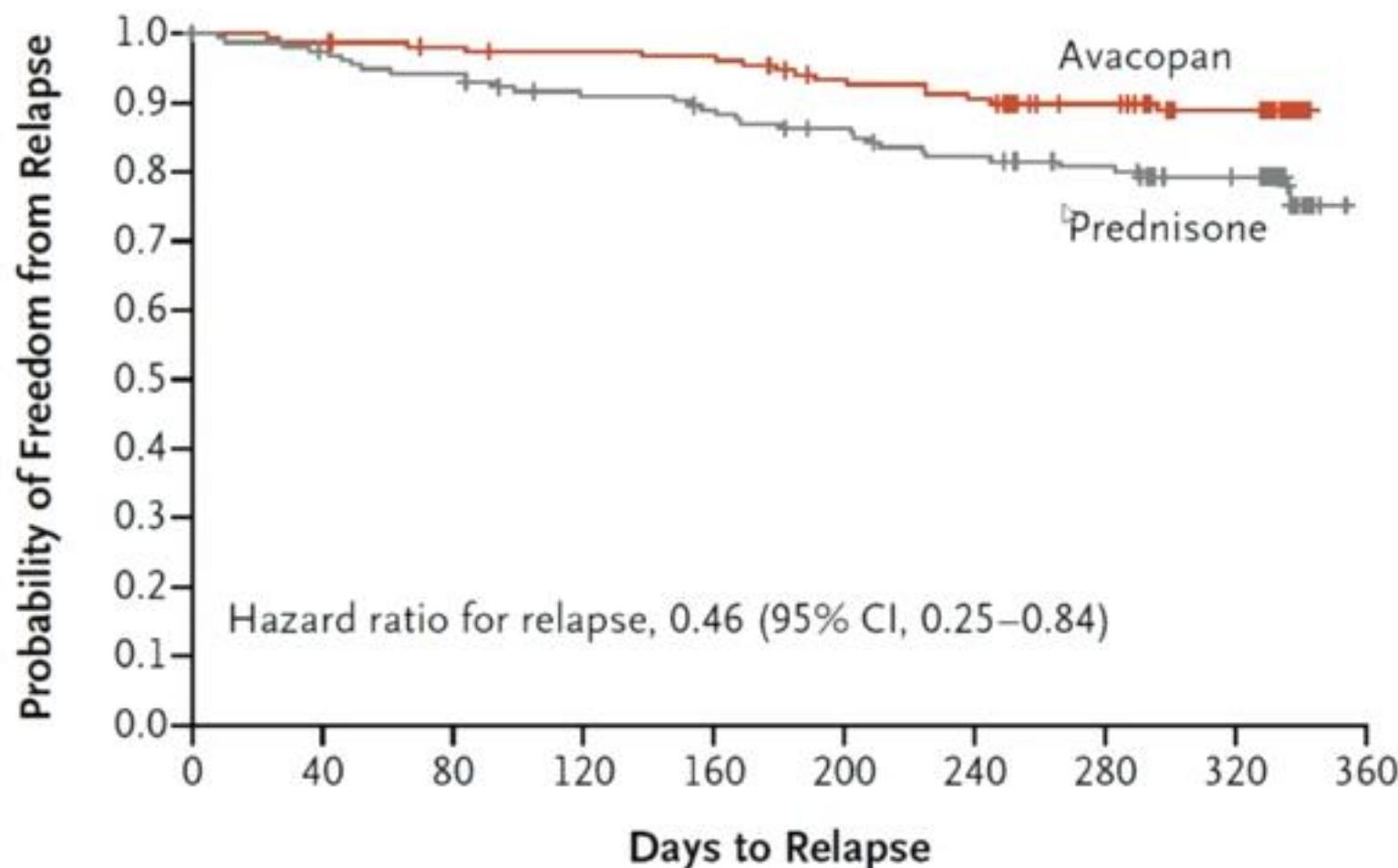
2.6      12.5      22.3

Noninferior

Superior



# ADVOCATE – Relapse-free survival



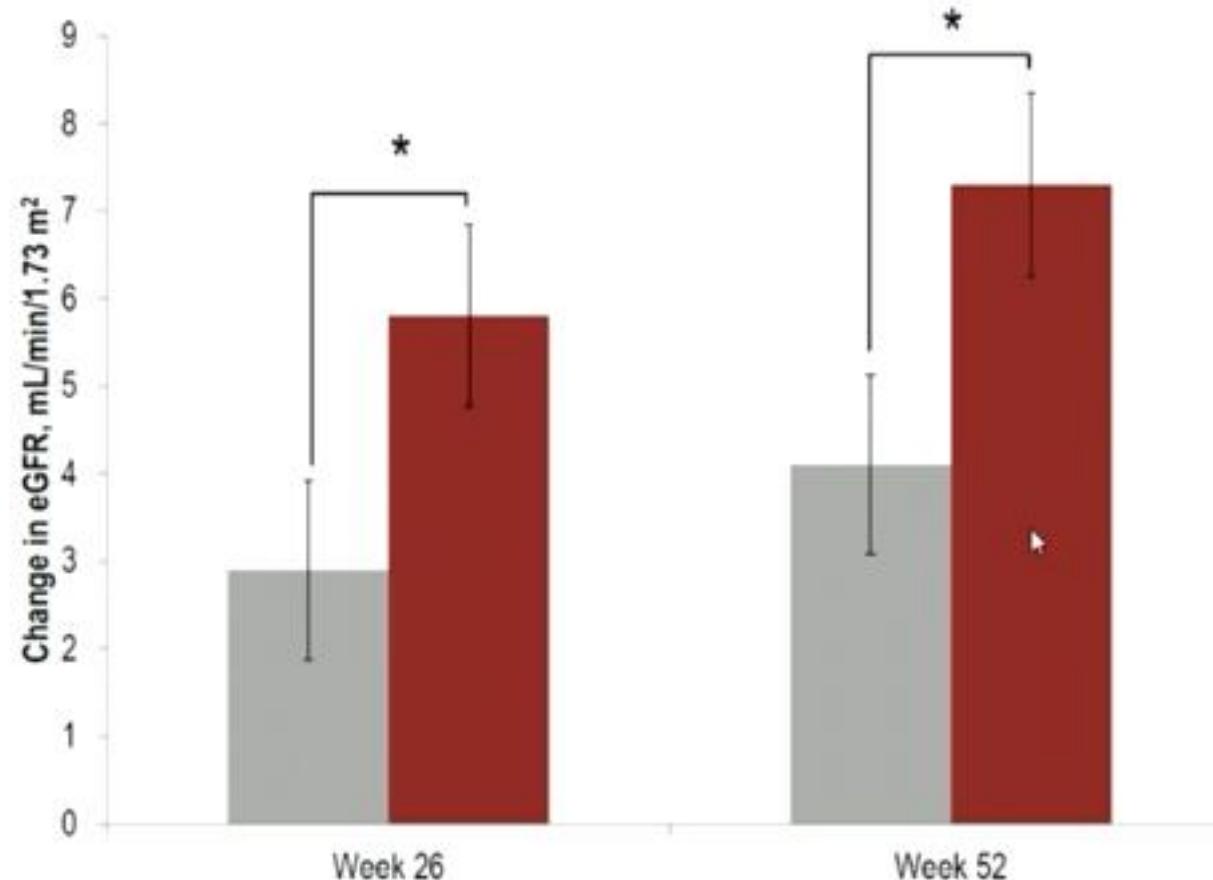
## No. at Risk

Avacopan	158	153	149	146	145	133	129	115	92	0
Prednisone	157	151	146	137	133	126	119	111	90	0

Jayne et al.  
New Engl J Med 2021

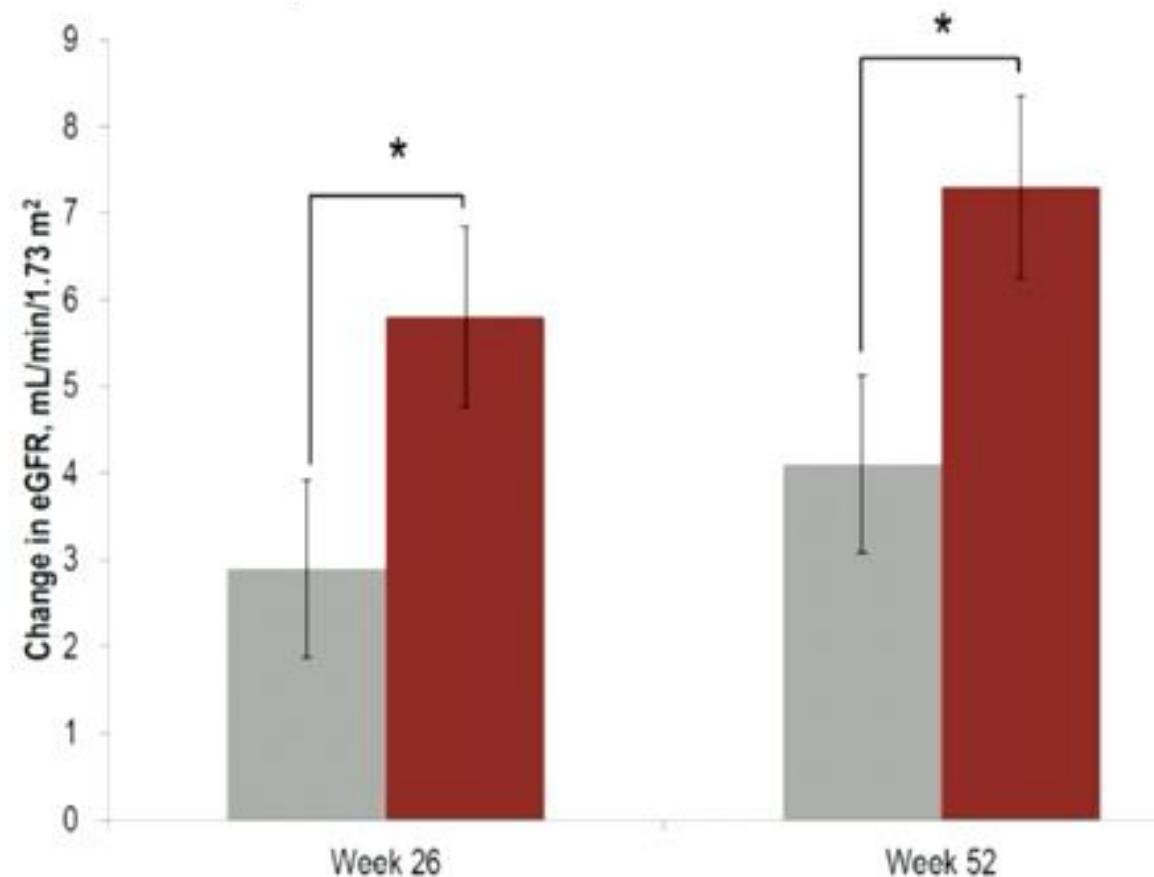
# ADVOCATE – eGFR recovery

All patients with renal involvement

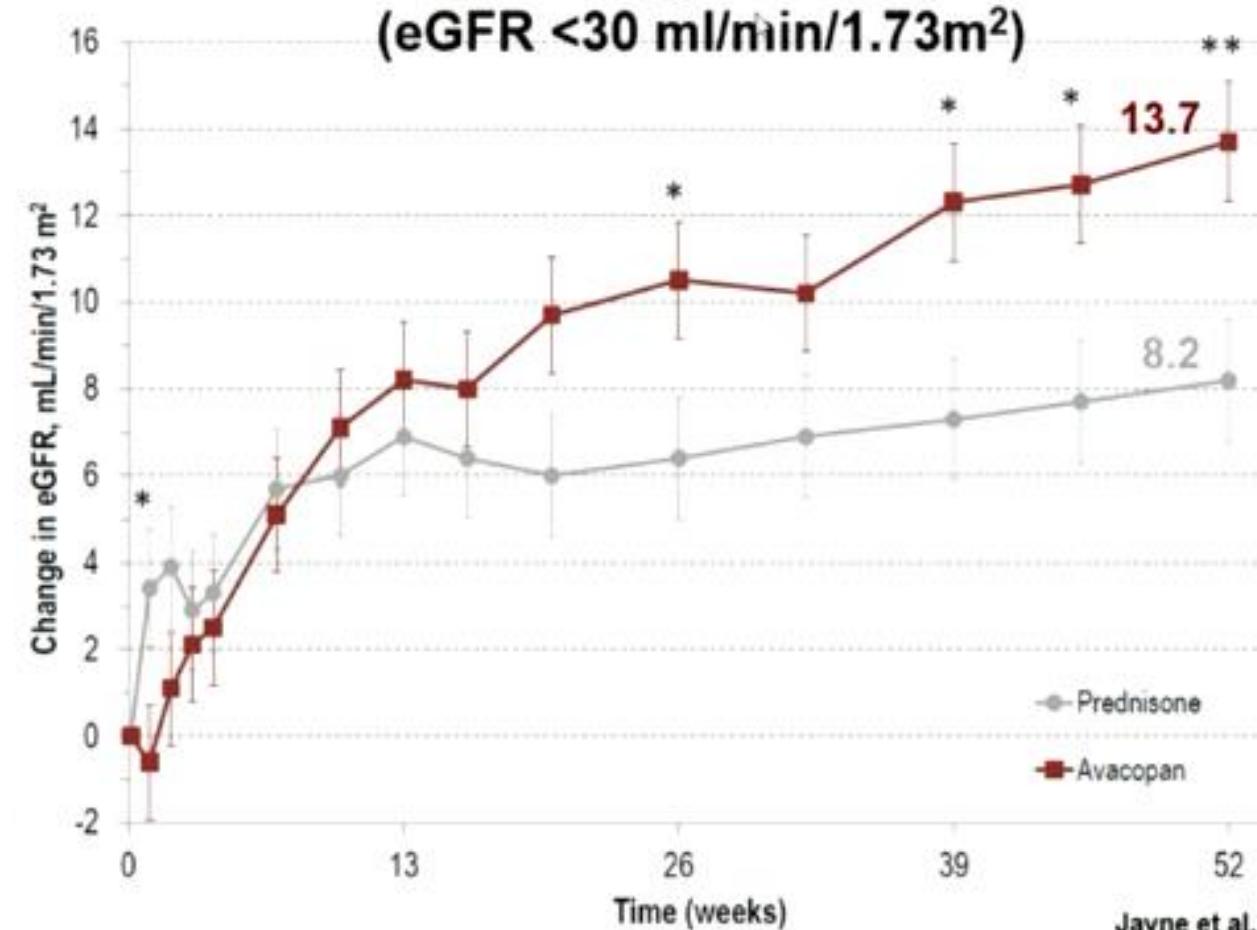


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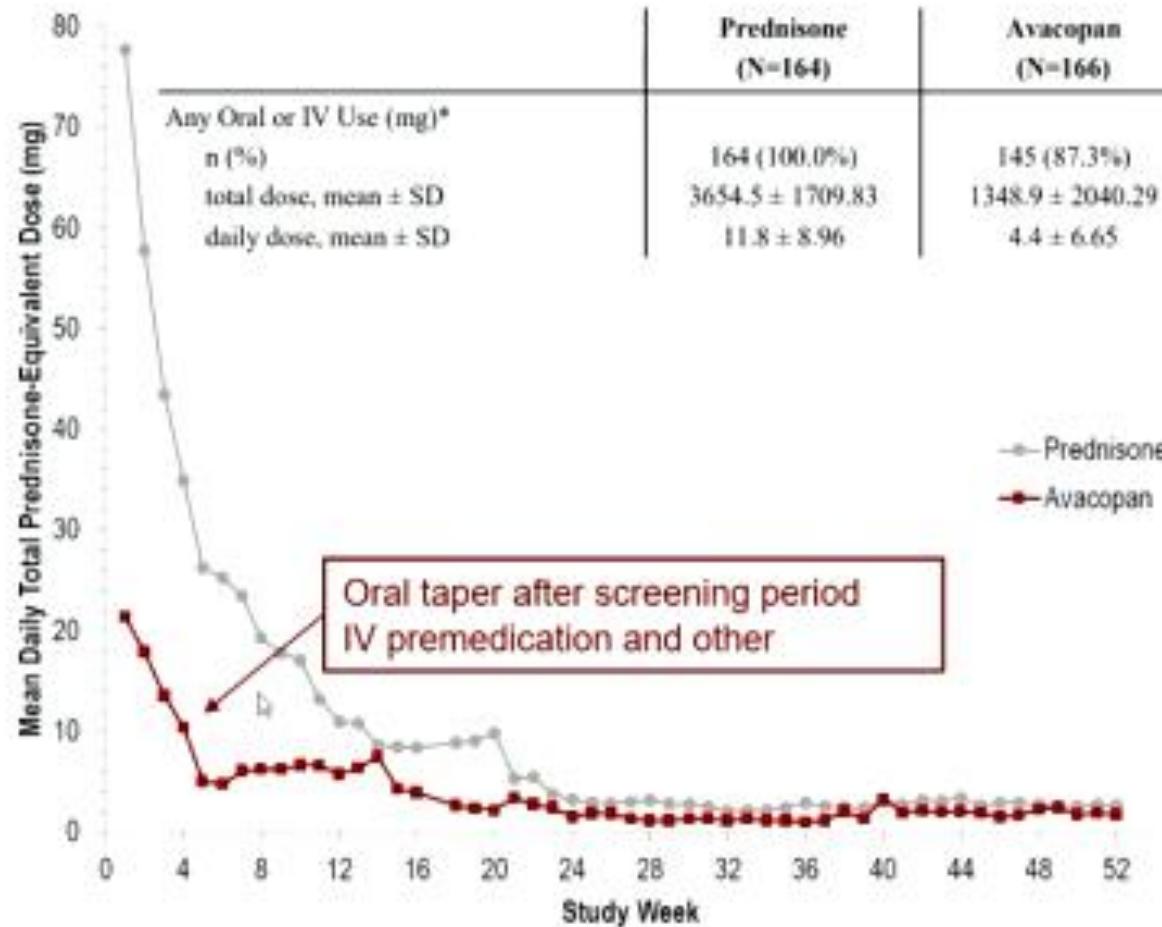
All patients with renal involvement



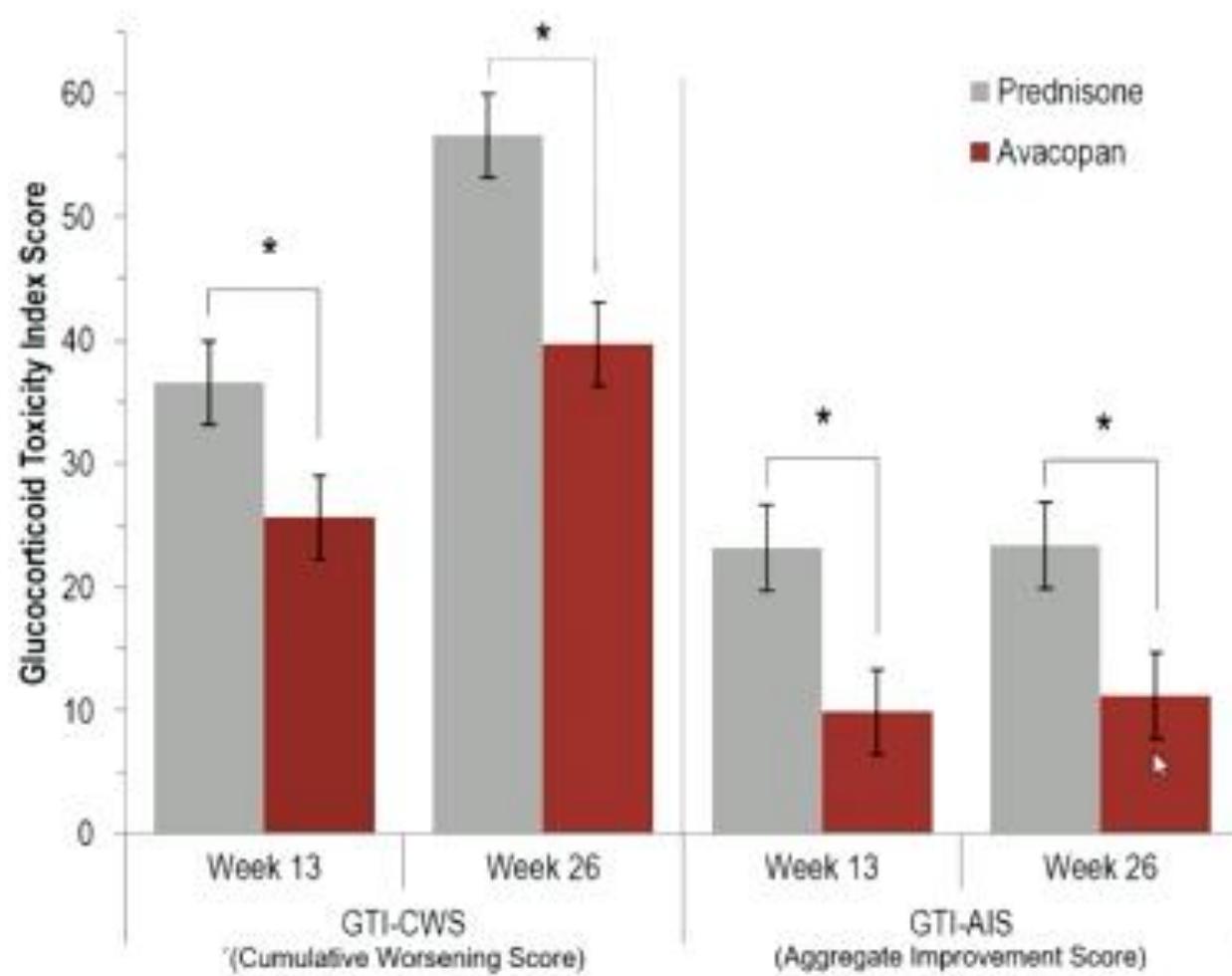
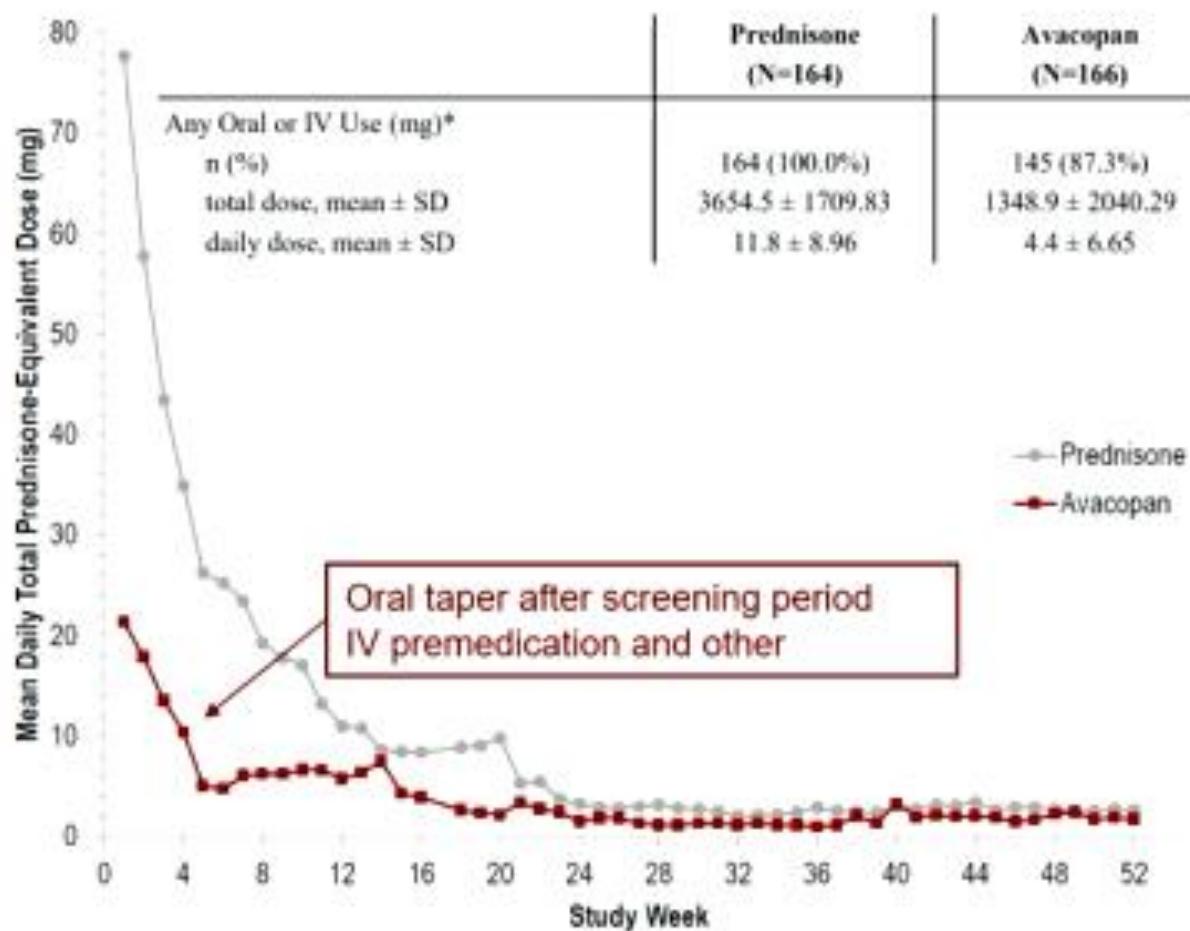
Patients with stage 4 kidney disease  
(eGFR <30 ml/min/1.73m<sup>2</sup>)



# ADVOCATE – Glucocorticoid toxicity



# ADVOCATE – Glucocorticoid toxicity



# ADVOCATE – Serious adverse events

Event	Avacopan (N = 166)	Prednisone (N = 164)
Any serious adverse event§		
No. of patients (%)	70 (42.2)	74 (45.1)
No. of events	116	166
Any serious event related to vasculitis worsening¶		
No. of patients (%)	17 (10.2)	23 (14.0)
No. of events	18	36
Any serious event not related to vasculitis worsening		
No. of patients (%)	62 (37.3)	64 (39.0)
No. of events	98	130
Discontinuation of trial medication due to adverse event — no. (%)	26 (15.7)	29 (17.7)
Any infection		
No. of patients (%)	113 (68.1)	124 (75.6)
No. of events	233	291
Any serious infection¶		
No. of patients (%)	22 (13.3)	25 (15.2)
No. of events	25	31
Any serious opportunistic infection — no. (%)	6 (3.6)	11 (6.7)
Death due to infection — no. (%)	1 (0.6)	2 (1.2)
Life-threatening infection — no. (%)	1 (0.6)	2 (1.2)
Serious adverse event of abnormality on liver-function testing — no. (%)	9 (5.4)	6 (3.7)
Any adverse event potentially related to glucocorticoids — no. (%)**	110 (66.3)	132 (80.5)
Cardiovascular	72 (43.4)	85 (51.8)
Infectious	22 (13.3)	25 (15.2)
Gastrointestinal	3 (1.8)	4 (2.4)
Psychological	27 (16.3)	39 (23.8)
Endocrine or metabolic	23 (13.9)	48 (29.3)
Dermatologic	14 (8.4)	28 (17.1)
Musculoskeletal	19 (11.4)	21 (12.8)
Ophthalmologic	7 (4.2)	12 (7.3)

# Avacopan for the Treatment of ANCA-Associated Vasculitis: ADVOCATE trial

STUDY POPULATION	INTERVENTION	OUTCOME	Other inferences
<p>&gt;12 yrs, Newly diagnosed/relapsing GPA/MPA, MPO/PR3 +ve, eGFR&gt;15,</p>  <p>Induction Regimen Rituximab/IV or oral Cyclophosphamide f/b Azathioprine maintenance</p>	<p><b>Avacopan 30 mg BD</b></p> <p>166 patients</p> <p>p(non inferiority) p(superiority)</p>	<p><b>Remission wk 26</b></p> <p>72.3%</p> <p>p(ni):&lt;0.001 p(s):0.24</p>	<p><b>Sustained Remission wk 52</b></p> <p>65.7%</p> <p>p(ni):&lt;0.001 p(s):0.007</p>
	<p><b>Prednisone weight based</b></p> <p>tapered by wk 20 (no prednisone beyond wk 21)</p> <p>165 patients</p> <p>-----&gt;</p>	<p><b>70.1%</b></p> <p>Remission was defined as a Birmingham Vasculitis Activity Score (BVAS) of 0 and no receipt of glucocorticoids for vasculitis within 4 weeks</p>	<p><b>Mean daily steroid dose wk1-52</b></p> <p>4mg</p> <p><b>Severe Adverse Events</b></p> <p>25%</p> <p><b>12mg</b></p> <p><b>23.5%</b></p>

- Steroids were tapered too fast in the steroids arm, and Avacopan group was not completely steroid free, though glucocorticoid toxicity index was definitely higher in the steroid group
- Baseline cumulative and daily steroid use during screening period in prednisolone group was higher
- 80% patient had renal involvement, patients with DAH requiring mechanical ventilation >14 days were excluded
- cyclophosphamide was not given according to EUVAS protocol and no repeat doses of Rituximab was given

Jayne et al  
DOI: 10.1056/NEJMoa2023386



The NEW ENGLAND  
JOURNAL of MEDICINE

N Engl J Med 2021; 384:599-609



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\*Visual abstract. For illustration purpose only. We encourage you to read the full article

# GPA & MPA – Maintenance of remission

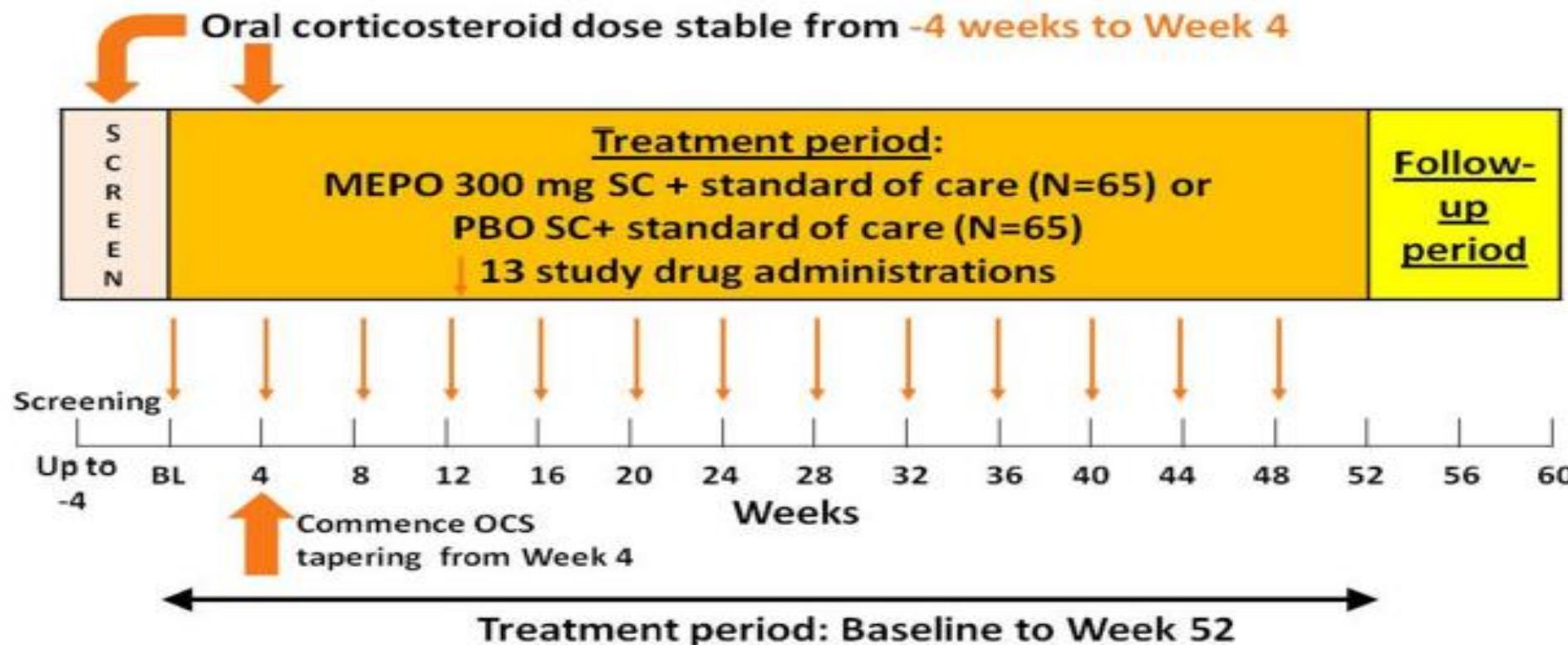
EULAR Recommendations – 2022 update	Following induction of remission with RTX or CYC
<b>Recommended</b>	<ul style="list-style-type: none"><li>• RTX</li><li>• Duration of remission maintenance: 24 – 48 months following induction of remission in new-onset disease</li></ul>
<b>Should be considered</b>	<ul style="list-style-type: none"><li>• Longer duration in relapsing disease or those with an increased risk of relapse</li></ul>
<b>May be considered</b>	<ul style="list-style-type: none"><li>• Alternatives to RTX: AZA or MTX</li></ul>

# EGPA – Induction of remission

EULAR Recommendations – 2022 update	New-onset or relapsing organ- or life-threatening disease	New-onset or relapsing non-organ- or non-life-threatening disease	Relapsing or refractory non-organ- or non-life-threatening disease
<b>Recommended</b>	<ul style="list-style-type: none"><li>Combination of high-dose GC with CYC</li></ul>	<ul style="list-style-type: none"><li>GC</li></ul>	<ul style="list-style-type: none"><li>MEPO</li></ul>
<b>May be considered</b>	<ul style="list-style-type: none"><li>Alternative to CYC: Combination of high-dose GC with RTX</li></ul>		

# Mepolizumab Treatment In Relapsing or Refractory EGPA (MIRRA study)

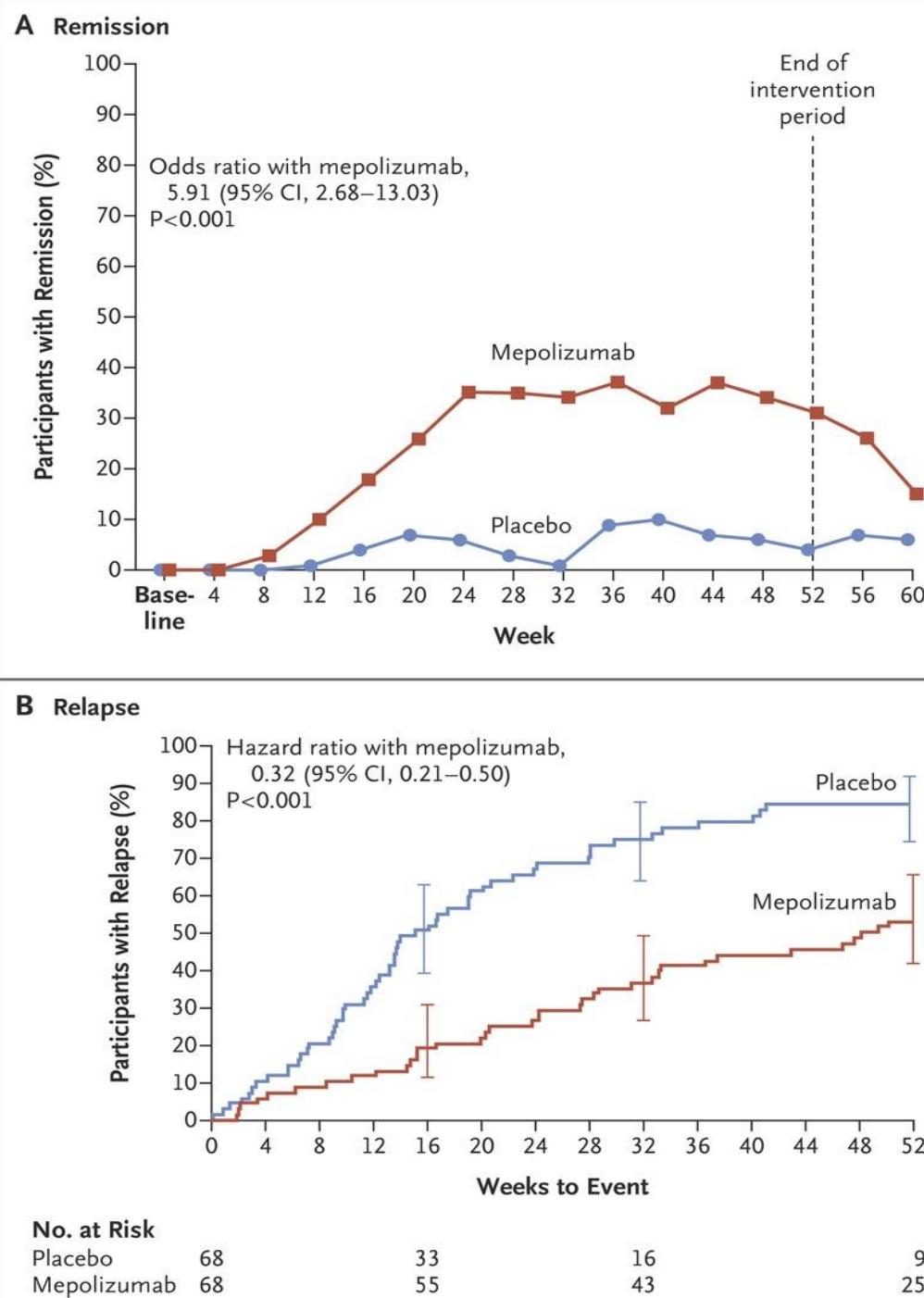
- patients EGPA avec un antécédent de **rechute ou une maladie réfractaire** ET recevant une dose de **Corticoïdes  $\geq 7.5\text{mg/j}$**



**Table 2.** Efficacy End Points in the Intention-to-Treat Population.\*

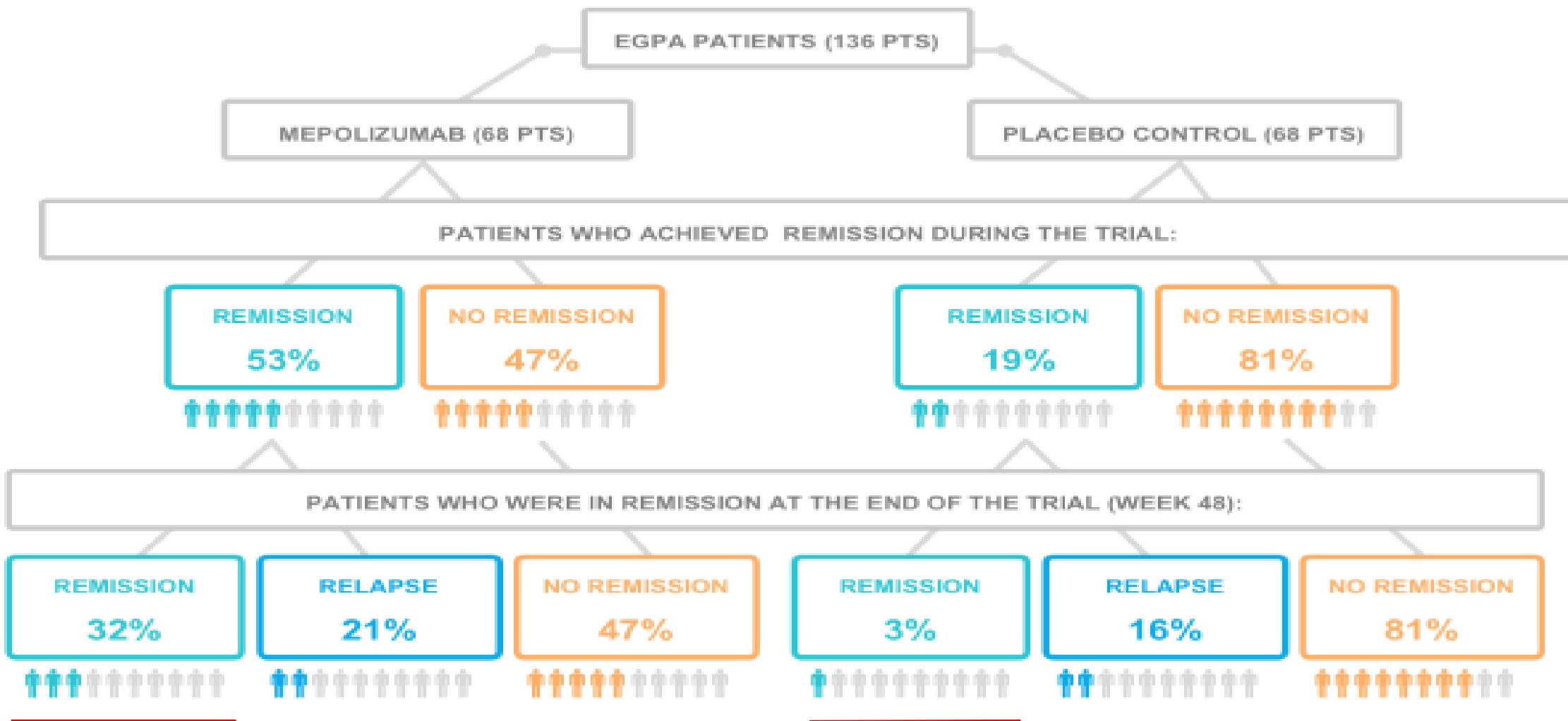
End Point	Mepolizumab (N=68)	Placebo (N=68)	Odds Ratio or Hazard Ratio (95% CI)	P Value
	no. of participants (%)			
<b>Primary end points</b>				
Accrued weeks of remission over 52-wk period			5.91 (2.68–13.03)	<0.001
0 wk	32 (47)	55 (81)		
>0 to <12 wk	8 (12)	8 (12)		
12 to <24 wk	9 (13)	3 (4)		
24 to <36 wk	10 (15)	0		
≥36 wk	9 (13)	2 (3)		
Remission at wk 36 and wk 48	22 (32)	2 (3)	16.74 (3.61–77.56)	<0.001
<b>Other end points</b>				
Remission within the first 24 wk that was sus- tained until wk 52	13 (19)	1 (1)	19.65 (2.30–167.93)	0.007
First EGPA relapse	38 (56)	56 (82)	0.32 (0.21–0.50)	<0.001

\* Odds ratios are shown for the analyses of the two primary end points and for the secondary analysis of remission within the first 24 weeks that was sustained until week 52. For the analysis of accrued weeks in remission, the odds ratio is for 24 or more weeks of accrued remission. Remission was defined as a BVAS of 0 (on a scale from 0 to 63, with higher scores indicating greater disease activity) and a prednisolone or prednisone dose of 4.0 mg or less per day. For the time-to-event analysis of the first relapse of EPGA, the hazard ratio is shown. Participants with a first EGPA relapse were those who had a relapse before the completion of the planned trial period or who withdrew prematurely from the trial.



# The MIRRA Trial: Mepolizumab vs. placebo for EGPA

Wechsler et al, N. Engl. J. Med., 2017



# EGPA – Maintenance of remission

EULAR Recommendations – 2022 update	Following induction of remission for organ- or life- threatening disease	Following induction of remission for relapsing non- organ- or non-life-threatening disease
Should be considered	<ul style="list-style-type: none"><li>• MTX, AZA, MEPO, or RTX</li></ul>	
Recommended		<ul style="list-style-type: none"><li>• MEPO</li></ul>

## Summary – GPA & MPA

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- *EULAR recommendations 2022 update: Induction of remission with combination of GC with either RTX or CYC; RTX preferred in relapse*
- Different treatment outcomes with respect to ANCA type (*RAVE trial*)
- *PLEX may delay ESKD in patients with severe active glomerulonephritis, but also increases risk of infection (PLEX meta-analysis)*
- *Avacopan improves disease control and recovery of renal function and reduces glucocorticoid need and toxicity (ADVOCATE trial)*