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# SGLT2 inhibitors: more than Glucosuria and Diuresis

**AMIWIT 11-LAREDIAB 5**

Friday 9 and Saturday 10 December 2022

**Dr A.BENSEFIA**

# INTRODUCTION

- SGLT2 inhibitors are the newest class of oral anti hyperglycemic agents approved for the treatment of T2DM.
- SGLT2 inhibitors have a unique mechanism of action and that lower glucose **independent of insulin.**
- **Reduced cardiovascular mortality and morbidity** in patients with **increased cardiovascular risk.**

# Physiology of sodium-glucose co-transporters inhibition

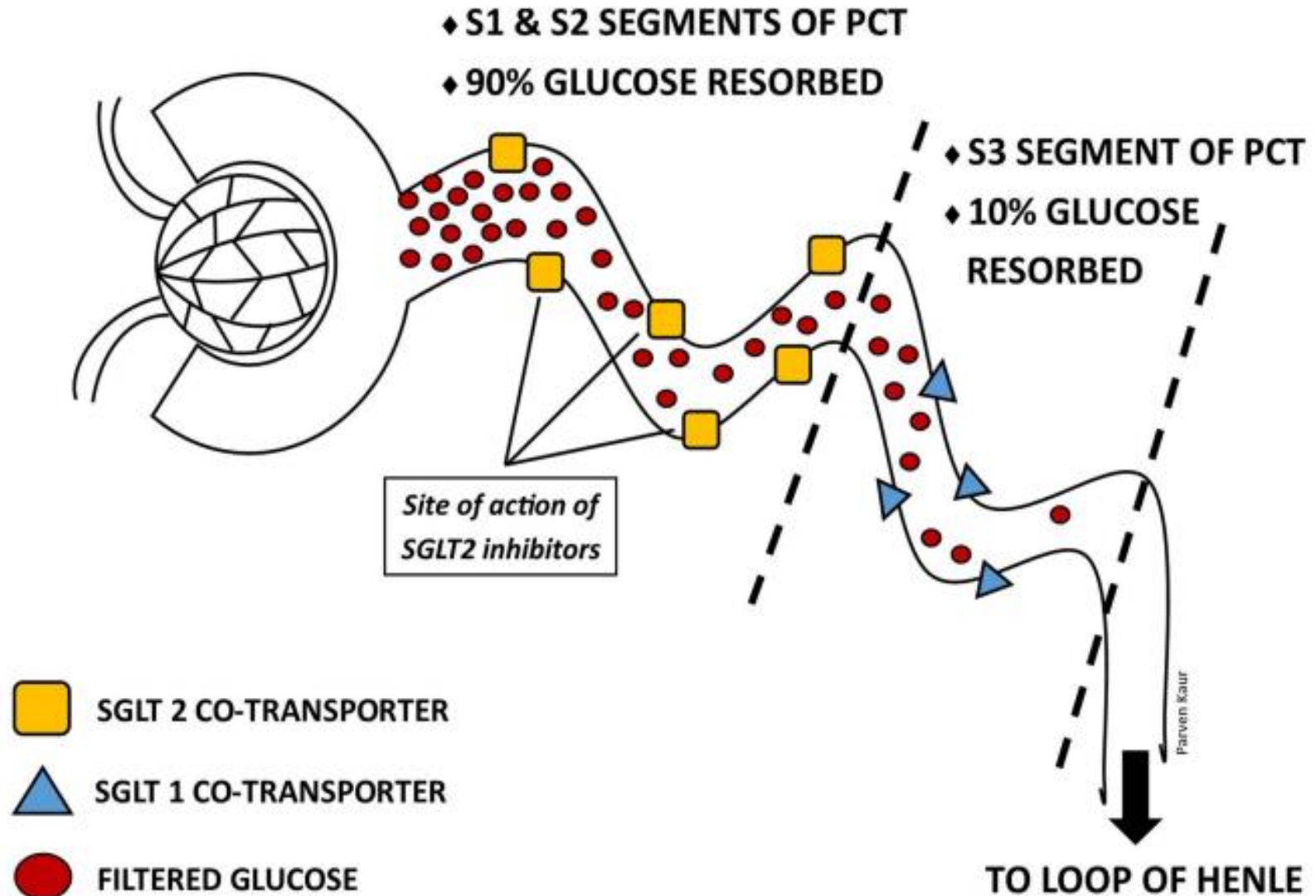


Fig. 1 Normal renal tubular resorption of glucose. The diagram also identifies the site at which SGLT2-inhibitors act [8]. Abbreviations: PCT-proximal convoluted tubules; SGLT-sodium-glucose cotransporter

- Potent SGLT2-inhibition prevents the reabsorption of filtered glucose as well as sodium, resulting in **glucosuria and natriuresis**.
- Unlike other antidiabetic agents, the glucose lowering effect of SGLT2 inhibitors is **independent of pancreatic beta-cell function and insulin sensitivity**.
- Other **pleiotropic benefits** of SGLT2-inhibition include:
  - weight loss** (1.8 to 2.7 kg),
  - reductions in blood pressure** :  
systolic BP (BP): 1.0–2.6 mmHg; diastolic BP 0.7–2.2 mmHg,  
*without increases in heart rate.*
  - low potential of inducing hypoglycaemia**

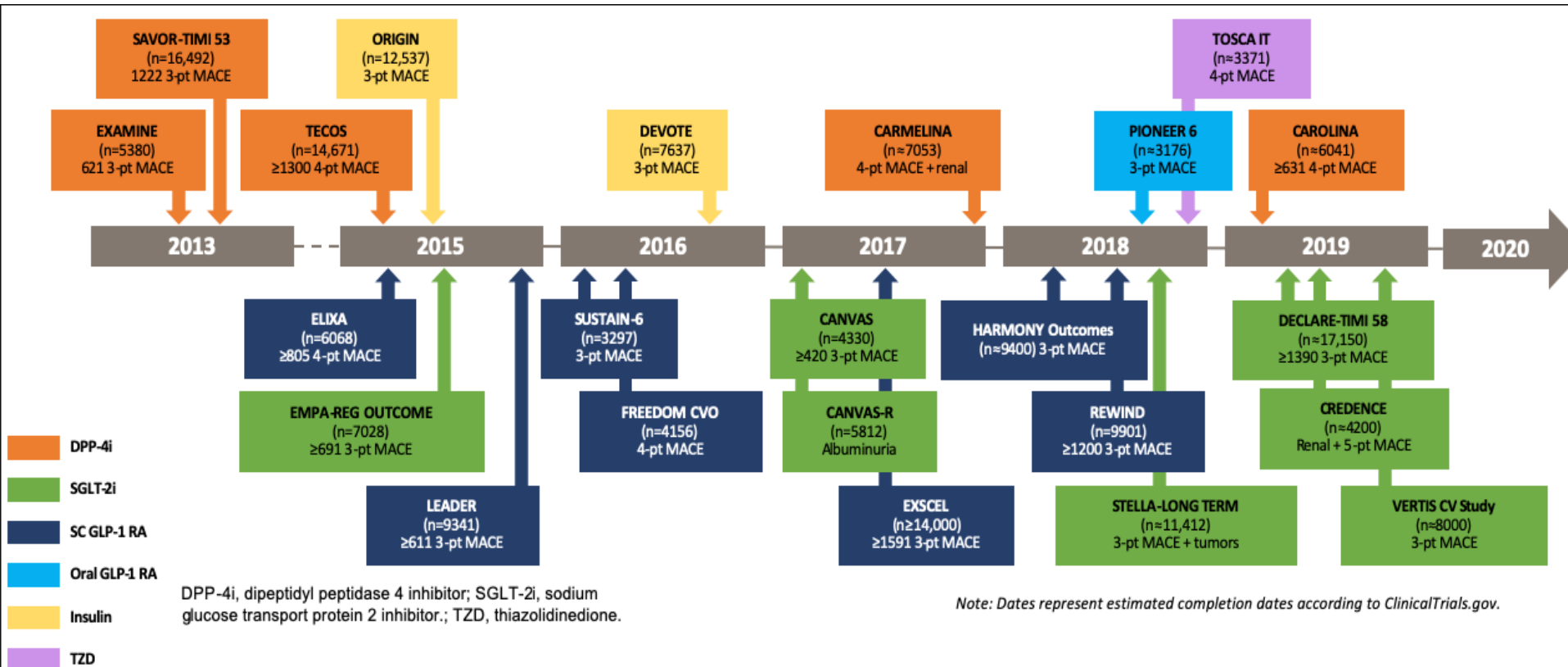
# List of current Sodium Glucose type2 cotransporter inhibitors

Generic name	Brand name	Available doses (mg)	Administration
Canagliflozin <sup>a</sup>	Invokana	100 and 300	qam before first meal
Dapagliflozin <sup>a</sup>	Farxiga	5 and 10	qam
Empagliflozin <sup>a</sup>	Jardiance	10 and 25	qam
Canagliflozin/metformin <sup>a</sup>	Invokamet	50/500 and 50/1000, 150/500 and 150/1000	BID with meals, max dose 300 mg/2000 mg
Dapagliflozin/metformin <sup>a</sup>	Xigduo XR	5/500 and 5/1000, 10/500 and 10/1000	qam with food, max dose 10 mg/2000 mg
Empagliflozin/metformin <sup>a</sup>	Synjardy	5/500 and 5/1000, 12.5/500 and 12.5/1000	BID with meals, max dose 25 mg/2000 mg
Empagliflozin/linagliptin <sup>a</sup>	Glyxambi	10/5 and 25/5	qam
Ipragliflozin <sup>b</sup>	Suglat	25 and 50	qam, max dose 100 mg
Tofogliflozin <sup>b, c</sup>	Apleway, Deberza	20	qam
Luseogliflozin <sup>c</sup>			
Remogliflozin Etabonate <sup>c</sup>			
Ertugliflozin <sup>c</sup>			
Sotagliflozin <sup>c</sup>			

<sup>a</sup>FDA and EMA approved.

<sup>b</sup>Ministry of Health, Labour and Welfare approved in Japan.

<sup>c</sup>Currently in clinical trials or seeking market approval; qam taken once daily in the morning, BID twice daily.



Timeline for Cardiovascular Outcome Trials Since Publication of the *Guidance for Industry*

# SGLT2i: Cardiovascular outcomes trials

## Cardiovascular Outcome Trials

Study	Comparison	Duration	Population	Primary Outcome (HR, 95% CI)	Secondary Outcomes
EMPA-REG Outcome [18]	Empagliflozin vs. placebo	3.1 years	n=7020; T2DM with established CVD	3P-MACE (HR 0.86; 95% CI 0.74-0.99)	<ul style="list-style-type: none"> <li>- 3P-MACE+ hospitalisation for UA (HR 0.89; 95% CI 0.78 to 1.01)</li> <li>- CV death (HR 0.62; 95% CI 0.49 to 0.77)</li> <li>- HHF (HR 0.65; 95% CI 0.50 to 0.85)</li> <li>- CV death/HHF (HR 0.66; 95% CI 0.55 to 0.79)</li> <li>- Death from any cause (HR 0.68; 95% CI 0.57 to 0.82)</li> </ul>
CANVAS [22]	Canagliflozin vs. placebo	2.4 years	n=9734; Poorly controlled T2DM plus i) age 30+ and history of symptomatic atherosclerotic CVD or ii) age 50+ and high risk of CVD	3P-MACE (HR 0.86; 95% CI 0.75-0.97)	<ul style="list-style-type: none"> <li>- CV death (hazard ratio, 0.87; 95% CI 0.72 to 1.06)</li> <li>- Progression of albuminuria (30% increase) (HR 0.73; 95% CI 0.67 to 0.79)</li> <li>- CV death/HHF (HR 0.78; 95% CI 0.67 to 0.91)</li> </ul>
DECLARE-TIMI 58 [23]	Dapagliflozin vs. placebo	4.2 years	n=17,160; age 40+ with T2DM and either history or high risk of atherosclerotic CV events	3P-MACE (HR 0.93; 95% CI 0.84-1.03) CV death/HHF (HR 0.83; 95% CI 0.73-0.95)	<ul style="list-style-type: none"> <li>- &gt;40% reduction in eGFR/new ESRD/renal death/CV death (HR 0.76; 95% CI 0.67-0.87)</li> <li>- Death from any cause (HR 0.93; 95% CI 0.82-1.04)</li> </ul>
VERTIS CV [28]	Ertugliflozin vs. placebo	6.1 years	n=8246; T2DM and established ASCVD	3P-MACE (HR 0.97; 95% CI 0.85-1.11)	<ul style="list-style-type: none"> <li>- CV death/HHF (HR 0.88; 95% CI 0.75-1.03)</li> <li>- HHF (HR 0.70; 95% CI 0.54-0.90)</li> <li>- Progression of renal disease (HR 0.81; 95% CI 0.63-1.04)</li> </ul>

# SGLT2i: Cardiovascular outcomes trials

## Heart Failure Outcome Trials

Trial Name	Drug	Duration (median)	Cohort	Primary outcome	Key secondary outcomes
PARADIGM-HF [31]	Dapagliflozin vs. placebo	1.5 years	n=4744; HFrEF (LVEF < 40%); NTproBNP > 400–600 (depending on criteria); with or without T2DM	Time to first occurrence of CV death/ HHF/ urgent HF visit (HR 0.74; 95% CI 0.65–0.85)	<ul style="list-style-type: none"> <li>- CV Death/HHF (HR 0.75; 95% CI 0.65–0.85)</li> <li>- ≥ 50% sustained reduction in eGFR reaching ESRD/renal death (HR 0.71; 95% CI 0.44–1.16)</li> <li>- KCCQ (HR 1.18; 95% CI 1.11–1.26)</li> <li>- Death from any cause (HR 0.83; 95% CI 0.71–0.97)</li> </ul>
EMPEROR-Reduced [32]	Empagliflozin vs. placebo	16 months	n=3730; HFrEF (LVEF ≤ 40%; NYHA II-IV); NTproBNP > 600–5000 (specific criteria based on diagnosis of AF and EF); with or without diabetes	Time to first occurrence of CV death/ HHF (HR 0.75; 95% CI 0.65–0.86)	<ul style="list-style-type: none"> <li>- CV death (HR 0.92; 95% CI 0.75–1.12)</li> <li>- First HHF (HR 0.69; 95% CI 0.59–0.81)</li> <li>- HHF (HR 0.70; 95% CI 0.58–0.86)</li> <li>- Decline in eGFR (1.73 ml/min/1.73m<sup>2</sup>/year slower decline in treatment arm; 95% CI 1.10–2.00)</li> <li>- Death from any cause (HR 0.91; 95% CI 0.77 to 1.10)</li> </ul>
EMPEROR-Preserved [65] (currently recruiting – est completion June 2021)	Dapagliflozin vs. placebo	2.75 years	n=6100; HFpEF (LVEF > 40%); Elevated NT-proBNP; Ambulatory and hospitalised patients	Time to first occurrence of CV death/ HHF/ urgent HF visit	<ul style="list-style-type: none"> <li>- KCCQ</li> <li>- Worsening NYHA class</li> <li>- Total number of CV death or HF hospitalisation</li> <li>- Time to death from any cause</li> </ul>
EMPEROR-Preserved [66] (at completion Nov 2020)	Empagliflozin vs. placebo	3.2 years	n≈5988; HFpEF (LVEF > 40%) + structural heart disease; NTproBNP > 300; with or without diabetes	Time to first occurrence of CV death/ HHF	<ul style="list-style-type: none"> <li>- CV death</li> <li>- HHF</li> <li>- All-cause hospitalisation</li> <li>- Change in KCCQ</li> <li>- RRT or sustained reduction of ≥ 40% eGFR</li> <li>- All-cause mortality</li> <li>- Onset of DM</li> </ul>



# SGLT2i: Cardiovascular outcomes trials

## Renal Outcome Trials

Trial Name	Drug	Duration (median)	Cohort	Primary outcome	Key secondary outcomes
CREDESCENCE [52]	Canagliflozin vs. placebo	2.6 years	n=4401; T2DM; CKD (eGFR 30 to <90 ml/minute/1.73 m <sup>2</sup> ); albuminuria (UACR > 300 to 5000); on ACEi/ARB therapy	ESRD/ serum creatinine × 2 baseline (30+ days)/ renal or CV death (HR 0.70; 95% CI 0.59 to 0.82)	<ul style="list-style-type: none"> <li>- CV death/HHF (HR 0.69; 95% CI 0.57 to 0.83)</li> <li>- CV death/ MI/ stroke (HR 0.80; 95% CI 0.67 to 0.95)</li> <li>- HHF (HR 0.61; 95% CI 0.47 to 0.80)</li> <li>- CV death (HR 0.78; 95% CI 0.61 to 1.00)</li> <li>- Death from any cause (HR 0.83; 95% CI 0.68 to 1.02)</li> <li>- CV death/ MI/ stroke/ hospitalization for HF or UA (HR 0.74; 95% CI 0.63 to 0.86)</li> </ul>
DAPA-CKD [69]	Dapagliflozin vs. placebo	2.4 years	n=4304; with or without diabetes; eGFR ≥ 25 and ≤ 75 ml/min/1.73m <sup>2</sup> ; UACR ≥ 200 or ≤ 5000 mg/g; maximum tolerated daily dose of ACEi or ARB	≥ 50% decline in eGFR/reaching ESRD/CV death/renal death (HR 0.61; 95% CI 0.51–0.72)	<ul style="list-style-type: none"> <li>- HHF/ CV death (HR 0.71; 95% CI 0.55–0.92)</li> <li>- Death from any cause (HR 0.69; 95% CI 0.53–0.88)</li> <li>- ≥ 50% decline in eGFR/reaching ESRD/renal death (HR 0.56; 95% CI 0.45–0.68)</li> </ul>
EMPA-Kidney [70] (est completion June 2022)	Empagliflozin vs. placebo	3.1 years	n≈6000; CKD + risk of kidney disease progression (depending on criteria); g on ACEi or ARB therapy	Time to first occurrence of: <ul style="list-style-type: none"> <li>(i) Kidney disease progression (ESRD, sustained decline in eGFR to &lt; 10 mL/min/1.73m<sup>2</sup>, renal death, decline of ≥ 40% in eGFR)</li> <li>or</li> <li>(ii) Cardiovascular death</li> </ul>	Time to: <ul style="list-style-type: none"> <li>- HHF or CV death</li> <li>- All-cause hospitalisations</li> <li>- Death from any cause</li> <li>- First occurrence of kidney disease progression</li> <li>- CV death</li> <li>- CV death or ESRD</li> </ul>

**THE PRESENT AND FUTURE**

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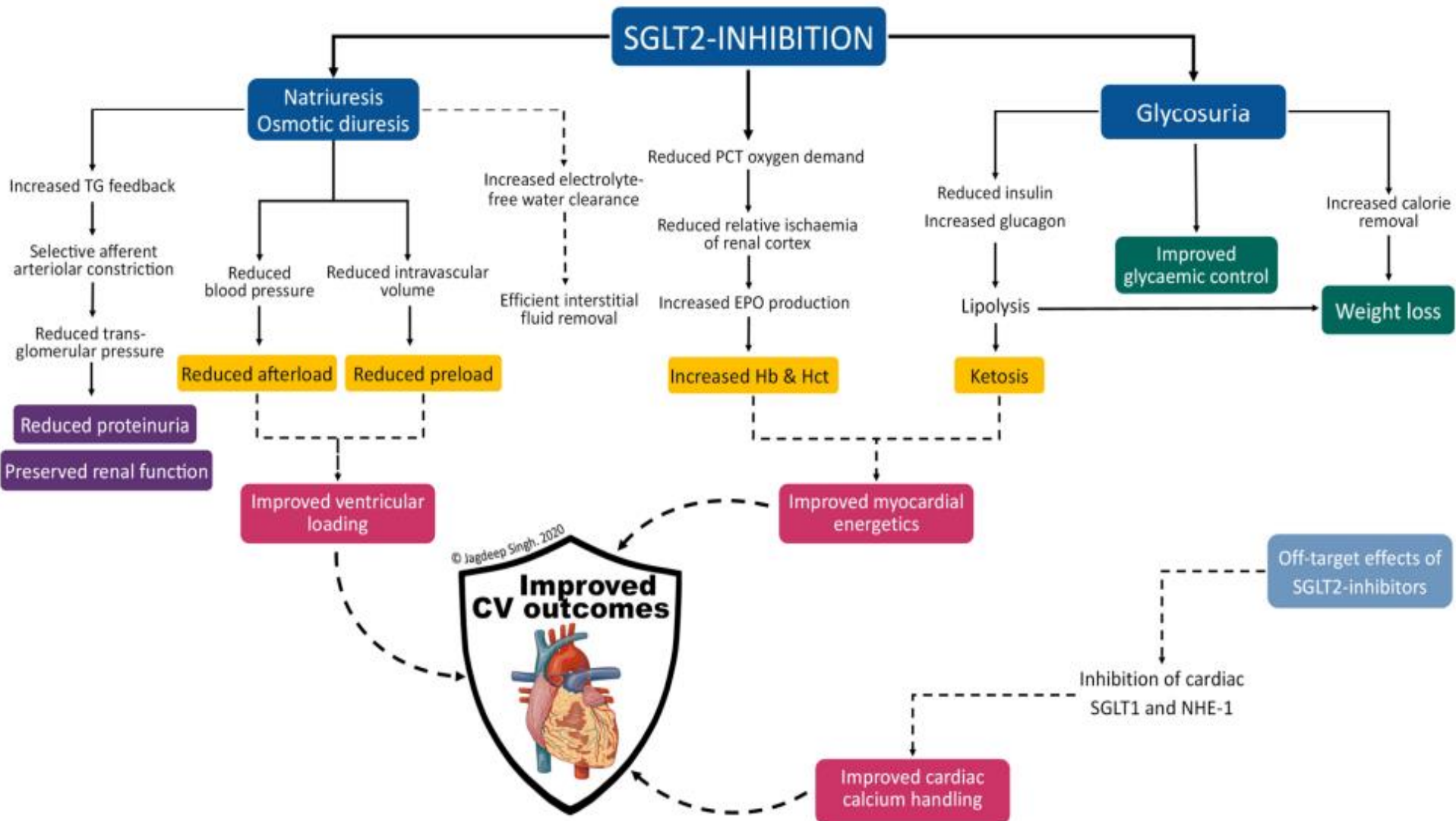
**JACC STATE-OF-THE-ART REVIEW**

# Mechanisms of Cardiorenal Effects of Sodium-Glucose Cotransporter 2 Inhibitors

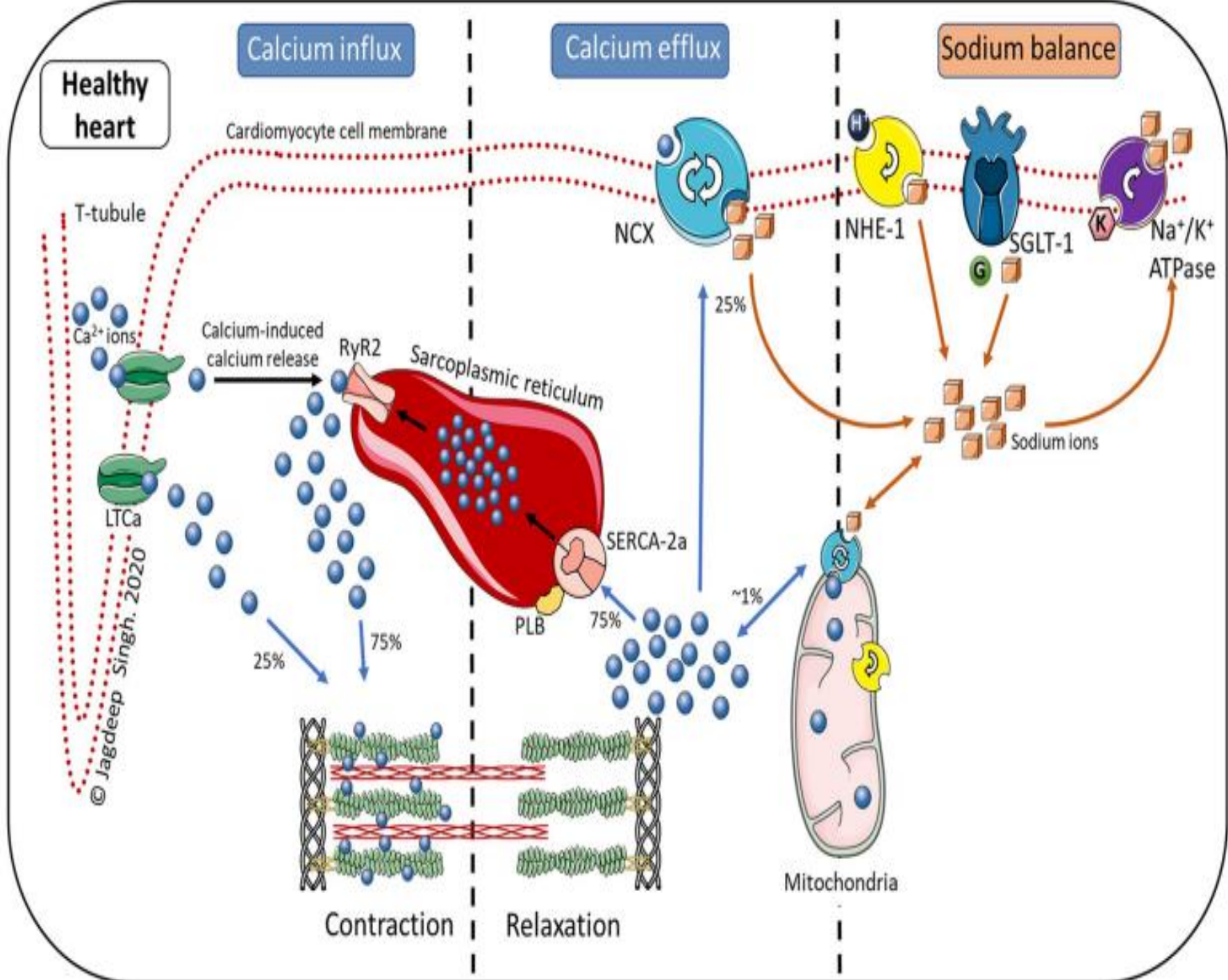
## *JACC* State-of-the-Art Review

Thomas A. Zelniker, MD, MSc, Eugene Braunwald, MD





a.



b.

HF + T2DM

Calcium influx

Calcium efflux

Sodium balance

Cardiomyocyte cell membrane

T-tubule

Ca<sup>2+</sup> ions

LTCa

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Spontaneous Ca<sup>2+</sup> waves increase arrhythmia risk

Leakage from phosphorylated RyR2

Reduced Ca<sup>2+</sup> outflow due to leak and reduced uptake

Increased cytoplasmic Ca<sup>2+</sup> increases oxidative stress and necrosis

ROS

SERCA-2a inhibited by PLB

Increased cytoplasmic Na<sup>+</sup> reduces Ca<sup>2+</sup> efflux via NCX

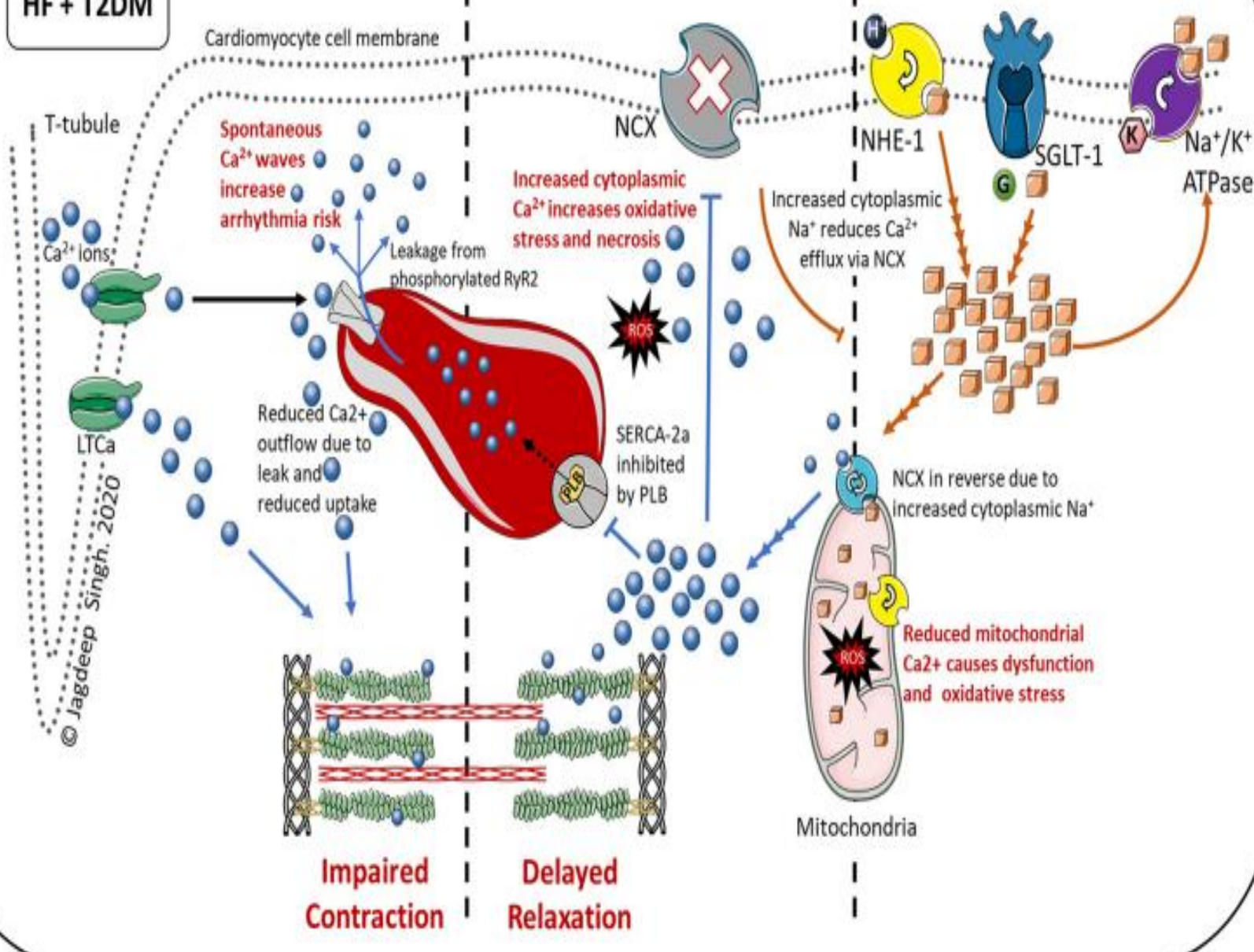
NCX in reverse due to increased cytoplasmic Na<sup>+</sup>

Reduced mitochondrial Ca<sup>2+</sup> causes dysfunction and oxidative stress

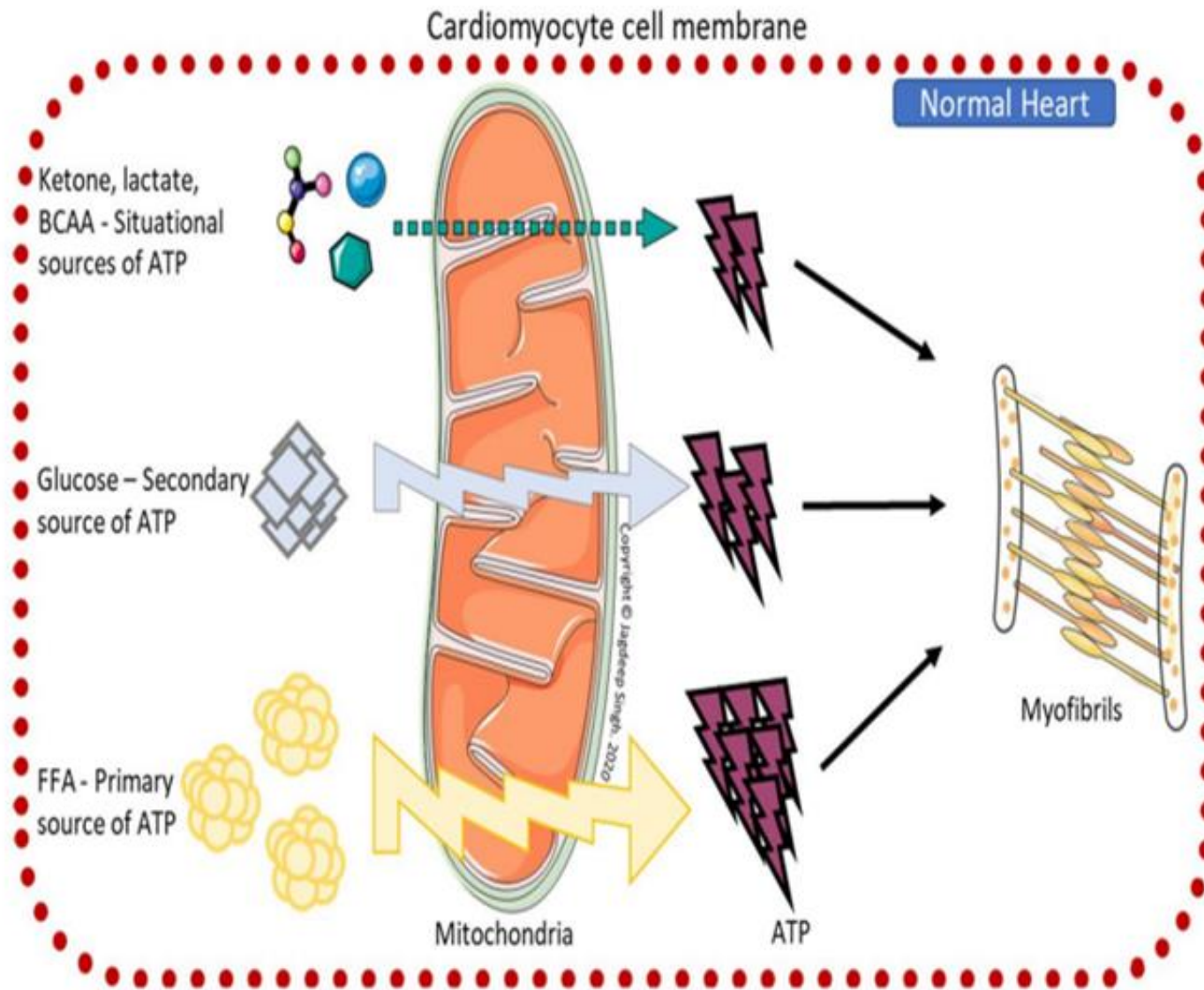
Mitochondria

Impaired Contraction

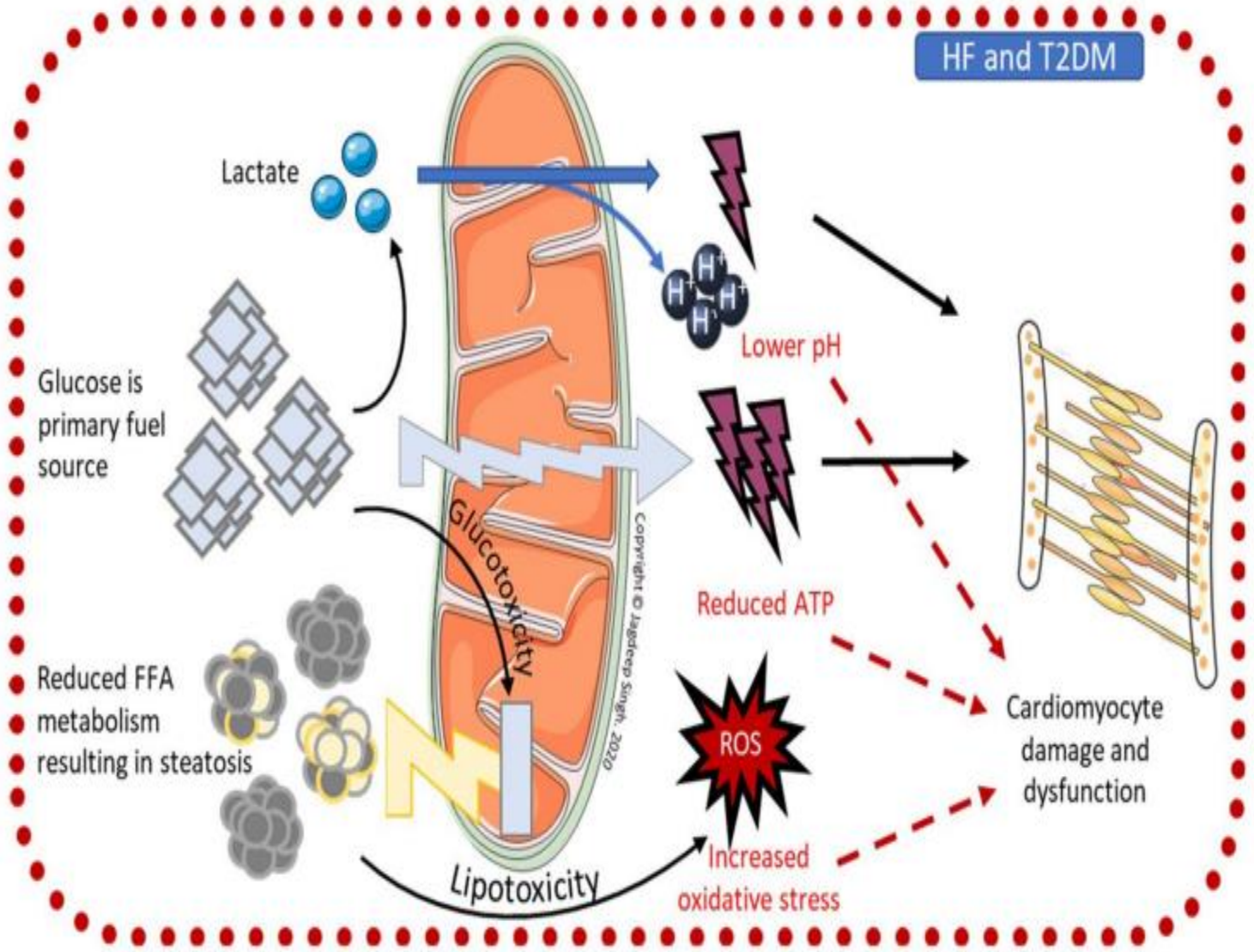
Delayed Relaxation



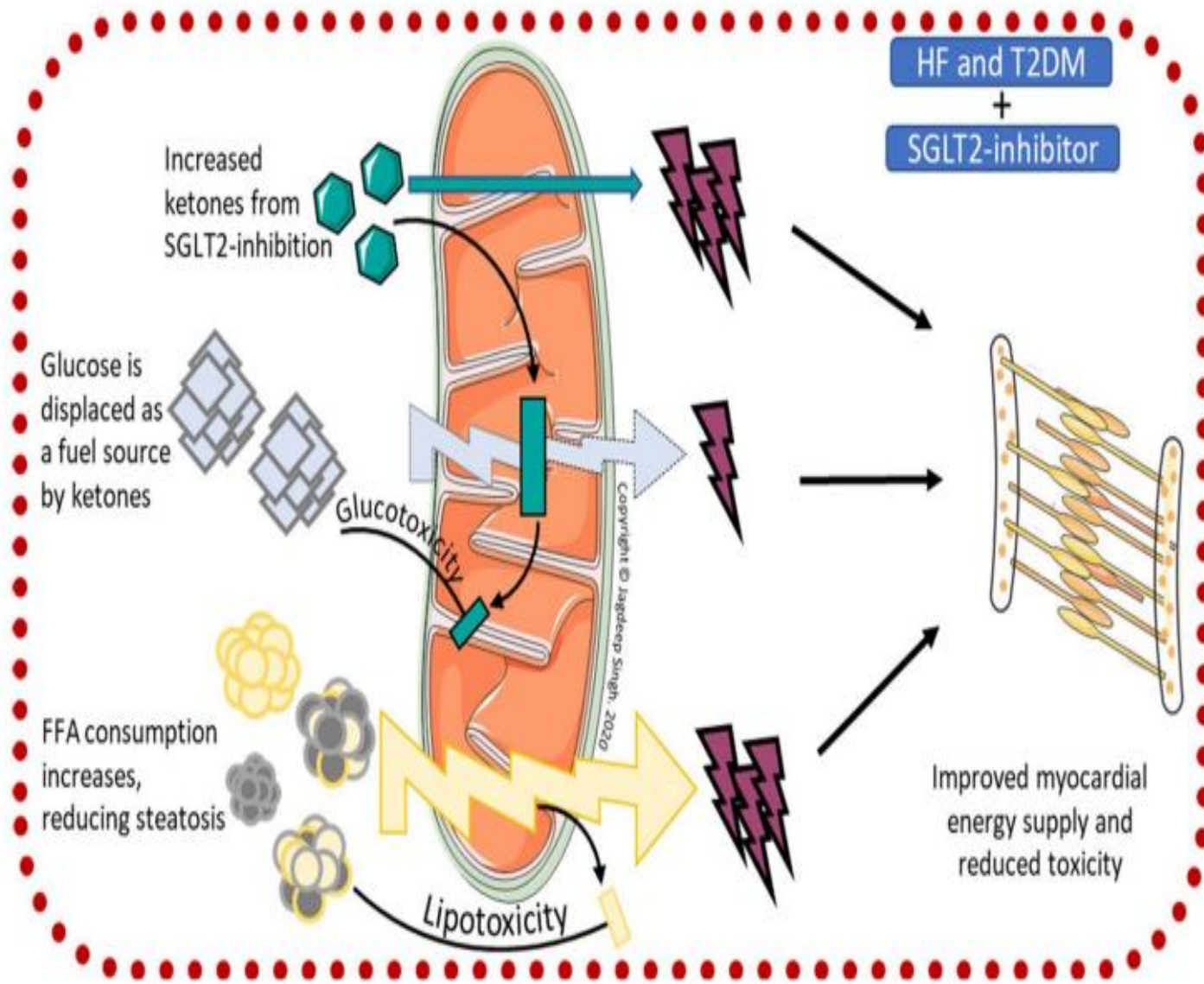
a.



b.

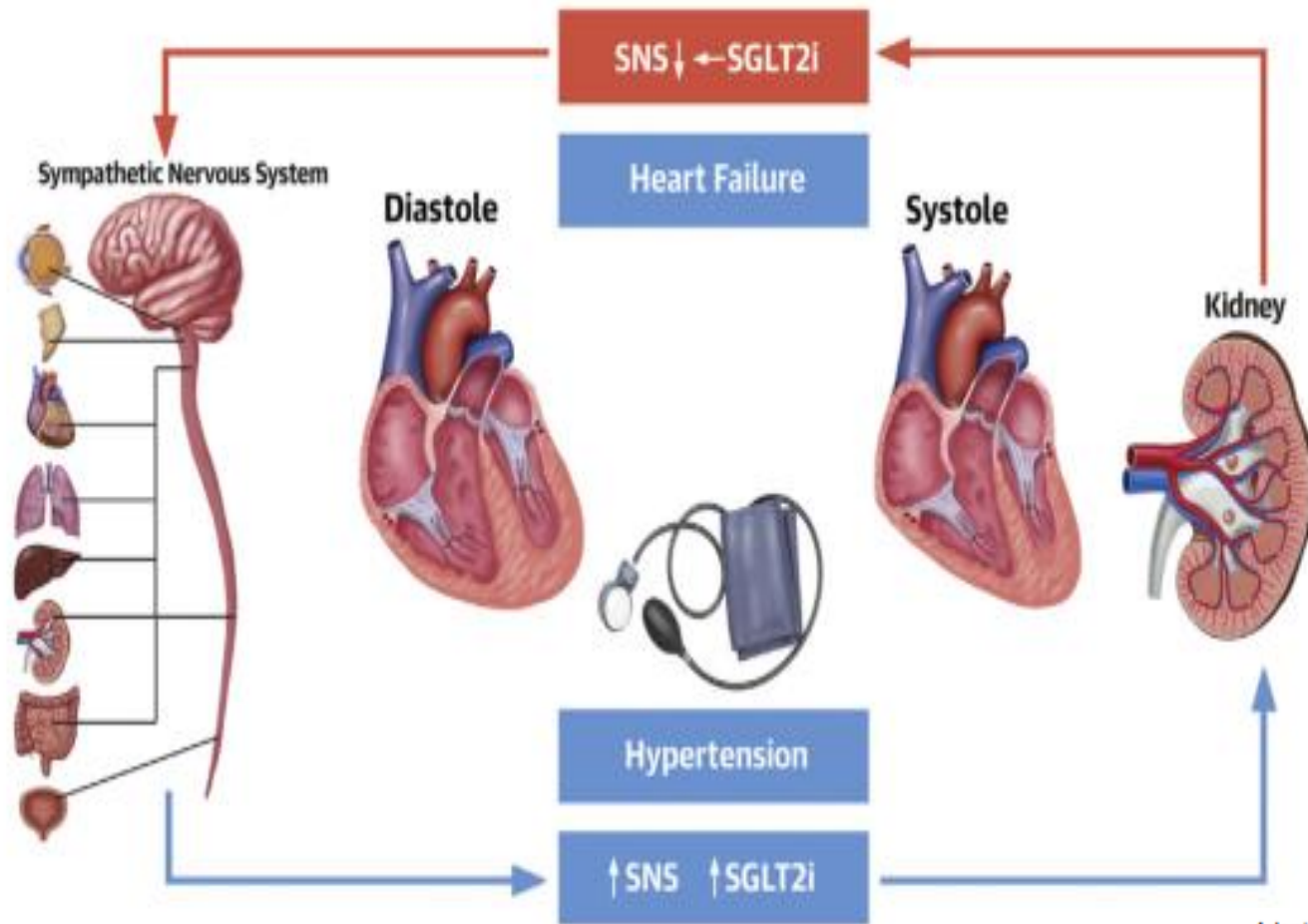


C.



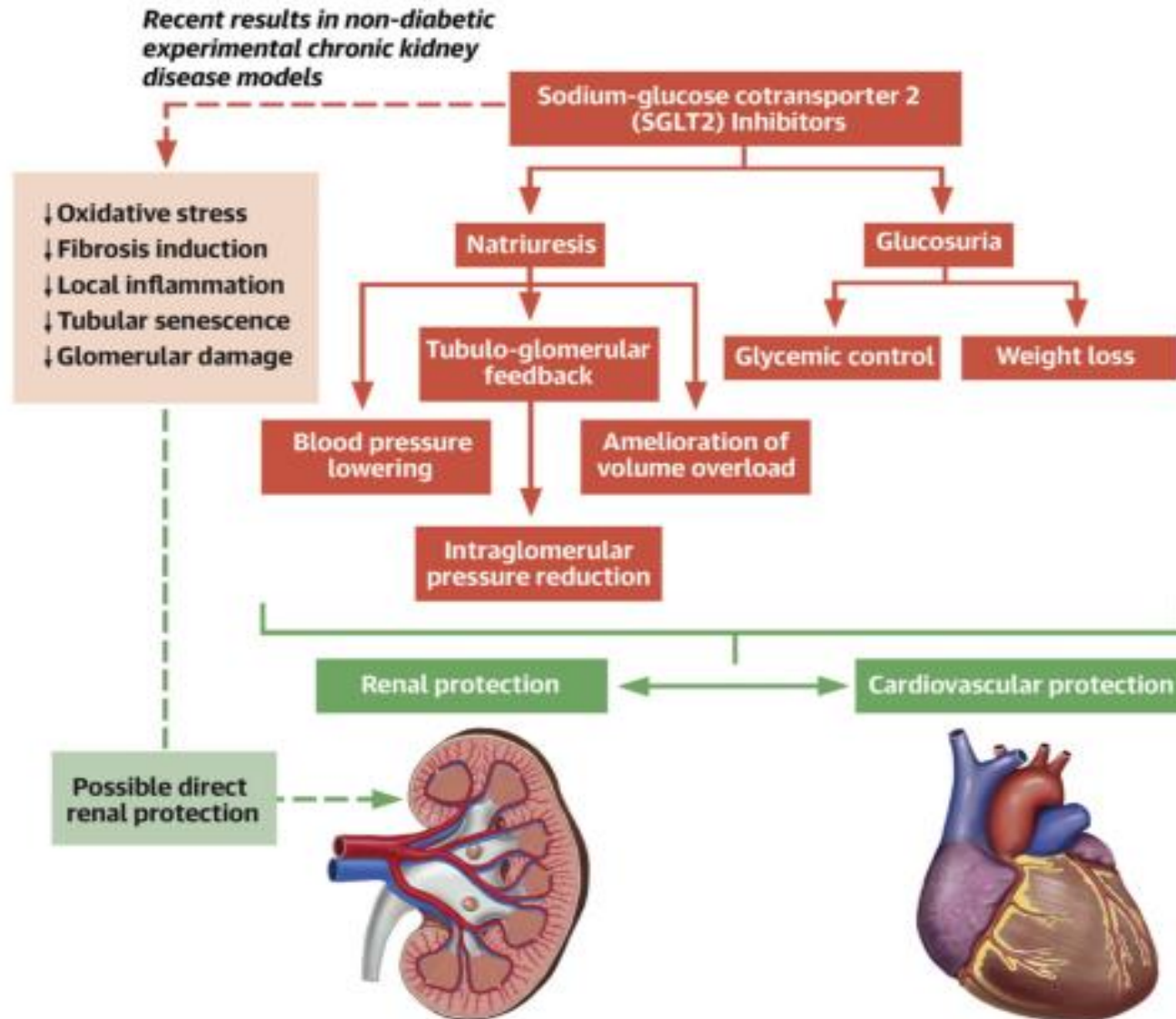


# Relationships between SGLT2i and the Sympathetic Nervous System



Adapted from Scheen

# CENTRAL ILLUSTRATION Sodium-Glucose Cotransporter 2 Inhibitor Cardiorenal Protection Mechanistic Overview

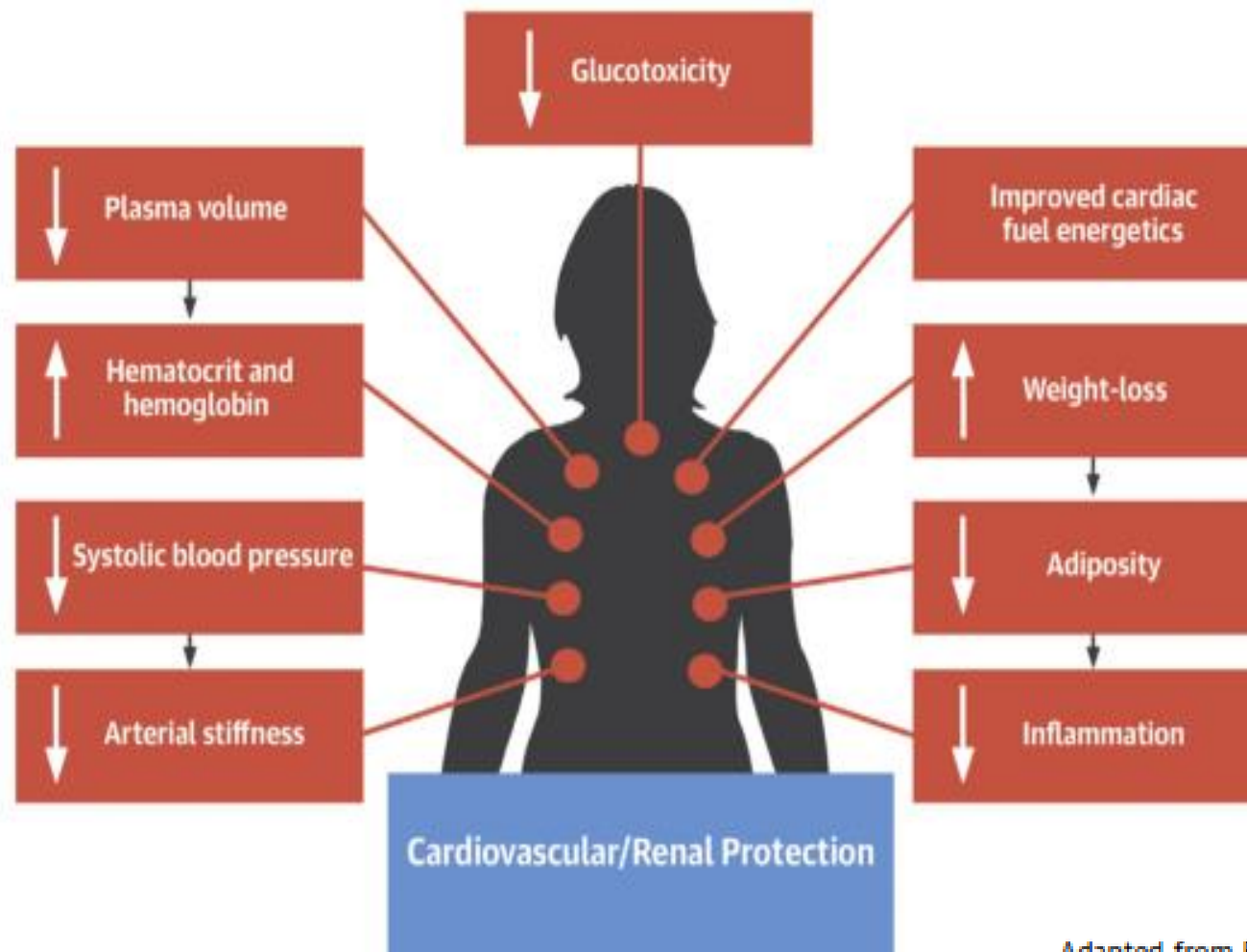


# Mechanisms of Cardiorenal Effects of Sodium-Glucose Cotransporter 2 Inhibitors

**TABLE 3** Overview of Mechanisms of Favorable Cardio-Metabolic-Renal Effects

	Heart Failure	Atherosclerotic Effect	Diabetic Kidney Disease
Glucose lowering			✓
Reduction in body weight	✓	✓	✓
Lowering of blood pressure	✓	✓	✓
Natriuresis	✓		✓
Anti-inflammation	✓	✓	✓
Antifibrotic	✓		✓
Reduction in extracellular matrix turnover	✓		✓
Amelioration of intrarenal hypoxia			✓
Restoration of the tubuloglomerular feedback			✓
Reduction in natriuretic peptides	✓		✓
Reduction in energy demand	✓		✓
Reduction in liver fat		✓	

# Suggested Mechanisms for Cardiorenal Protection with SGLT2i



Adapted from Evans et al.

SGLT2i:Mechanistics trials



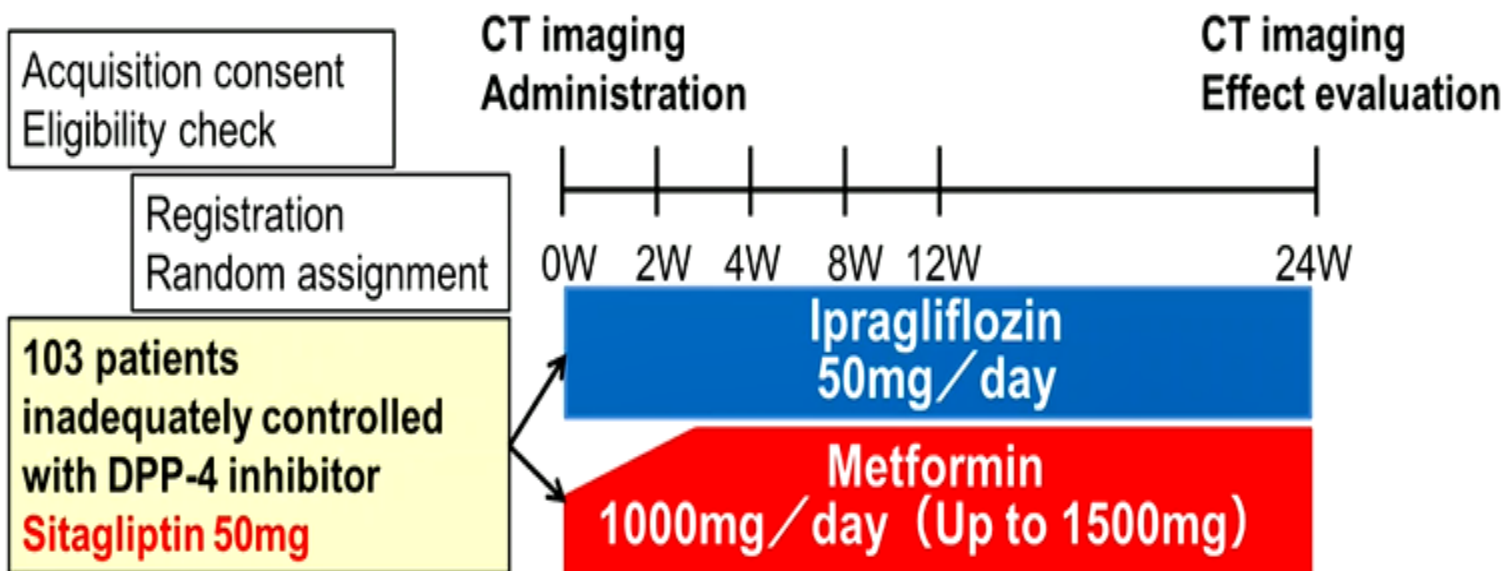
Tuesday Sep 20, 2022 10:00 AM - 11:30AM  
Session: OP 02  
SGLT2 inhibitors: promiscuous pleiotropy  
Presentation number: 9

## **Metabolome analysis of the effects by SGLT2 inhibitor ipragliflozin and metformin on human metabolites, and relationship with clinical data in a randomized controlled study**

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Yoshiro Maezawa, Koutaro Yokote

Department of Diabetes, Metabolism and Endocrinology,  
Chiba University Hospital, Chiba, Japan

# Materials and methods



**Study design:** a prospective, multicenter, blinded-endpoint, randomized controlled study

**Participants:** patients with T2DM treated with sitagliptin 50mg daily, HbA1c 7-10% and BMI  $\geq 22$  kg/m<sup>2</sup>.

**Intervention:** randomly assigned to ipragliflozin 50mg or metformin 1000-1500mg daily

**Primary endpoint:** the change of visceral fat area by CT at 24 weeks. Two radiologists, blinded to information, evaluated.

**Secondary endpoints:** HbA1c, fasting blood glucose, blood pressure, lipid, blood cell counts, bone markers, total and subcutaneous fat area, muscle volume, and bone mineral density measured by CT

**Metabolome analysis** using blood samples before and 24 weeks after administration was performed to identify changed metabolites.

**Trial Registration:** UMIN 000015170

Koshizaka M, et al. BMJ Open 2017;7:e015766.

Koshizaka M, et al. Diabetes Obes Metab. 2019; 21: 1990-5.

# Results ①

(% change from baseline)	Ipragliflozin n = 15	Metformin n = 15	P value
Visceral fat area	<b>-19.8 ± 9.8</b>	<b>-2.5 ± 15.9</b>	<b>0.002</b>
Subcutaneous fat area	<b>-12.1 ± 14.5</b>	<b>3.1 ± 18.5</b>	<b>0.019</b>
Body weight	<b>-4.4 ± 2.8</b>	<b>-1.5 ± 3.7</b>	<b>0.020</b>
BMI	<b>-4.4 ± 2.8</b>	<b>-1.5 ± 3.7</b>	<b>0.020</b>
Abdominal muscle area	<b>-4.1 ± 4.8</b>	<b>-0.6 ± 3.1</b>	<b>0.025</b>
4 <sup>th</sup> lumbar bone concentration	4.5 ± 11.2	-1.4 ± 7.2	0.099
Waist circumference	-4.2 ± 4.1	-1.7 ± 3.0	0.066
HbA1c	-12.8 ± 11.8	-10.3 ± 6.0	0.505
Fasting plasma glucose	-20.8 ± 14.8	-12.9 ± 11.3	0.152
Systolic blood pressure	-4.9 ± 12.9	-0.4 ± 7.9	0.262
Diastolic blood pressure	-9.2 ± 21.5	-0.5 ± 14.4	0.206

Welch t-tests for continuous variables

Mean ± SD



## Results ②

(% change from baseline)	Ipragliflozin n = 15	Metformin n = 15	P value
Total cholesterol	-1.5 ± 8.4	-7.1 ± 11.7	0.214
HDL cholesterol	8.04 ± 10.5	6.57 ± 22.6	0.822
LDL cholesterol	-1.18 ± 14.0	-14.8 ± 23.7	0.070
Triglyceride	-10.0 ± 25.0	0.87 ± 70.5	0.583
GOT	-22.7 ± 30.5	14.1 ± 56.0	0.081
GPT	<b>-30.4 ± 26.8</b>	<b>7.8 ± 44.3</b>	<b>0.030</b>
γ-GT	<b>-28.9 ± 15.0</b>	<b>-9.6 ± 22.9</b>	<b>0.012</b>
Uric acid	<b>-11.3 ± 11.1</b>	<b>3.0 ± 16.8</b>	<b>0.012</b>
RBC	<b>7.8 ± 7.0</b>	<b>-2.3 ± 4.6</b>	<b>&lt;0.001</b>
Hb	<b>5.8 ± 6.8</b>	<b>-4.3 ± 3.9</b>	<b>&lt;0.001</b>
Ht	<b>9.9 ± 11.9</b>	<b>-2.2 ± 4.0</b>	<b>0.002</b>
BAP	-3.2 ± 36.1	-8.7 ± 20.5	0.620
TRACP-5b	1.7 ± 28.5	9.5 ± 83.6	0.740

Welch t-tests for continuous variables

Mean ± SD

# Metabolome analysis results

Compound name	Ipragliflozin-0W vs Metformin-0W		Ipragliflozin-24W vs Ipragliflozin-0W		Metformin-24W vs Metformin-0W		Ipragliflozin-24W vs Metformin-24W	
	Ratio	p-value	Ratio	p-value	Ratio	p-value	Ratio	p-value
	Methionine	1.4	0.288	0.9	0.625	3.4	0.016	0.3
Hypotaurine	1.2	0.254	0.8	0.136	1.5	0.030	0.6	0.013
Methyl-2-oxovaleric acid	1.0	0.921	0.9	0.492	2.2	0.030	0.4	0.015
Glutamine	0.9	0.480	1.3	0.068	1.2	0.044	1.0	0.689
<b>Hexic acid (caproic acid)</b>	0.9	0.270	1.2	0.048	0.8	0.040	1.3	0.005
Octanoic acid (caprylic acid)	1.2	0.139	1.0	0.759	0.8	0.006	1.5	<0.001
Citrulline	1.1	0.589	1.0	0.948	0.7	0.003	1.5	0.002
Indole-3-acetaldehyde	0.8	0.150	1.1	0.595	0.7	0.014	1.3	0.238
1-Methyl-4-imidazole acetic acid	0.8	0.203	0.8	0.325	0.6	0.038	1.1	0.763
Inosine	0.4	0.104	2.6	0.029	1.0	0.951	1.0	0.971
<i>N</i> <sup>2</sup> -Phenylacetylglutamine	0.8	0.236	1.7	0.004	1.2	0.490	1.2	0.345
8-Hydroxy-2'-deoxyguanosine	0.7	0.076	1.3	0.019	1.3	0.395	0.7	0.301

**Red** shows significantly increased than baseline.

**Green** shows significantly decreased than baseline.

**Blue** shows metabolite in metformin increased than those in ipragliflozin.

**Yellow** shows metabolite in ipragliflozin increased than those in metformin.

## Discussion

- Increased **hexanoic acid (caproic acid)** is a **short-chain fatty acid** and is also used as a ketogenic diet. Short-chain fatty acids affect the composition of the intestinal microbiota and **inhibit fat accumulation**<sup>1,2)</sup>.

1) Nogal A, et al. Front Microbiol. 2021;12:711359.

2) Kimura I, et al. Nat Commun. 2013;4:1829.

- **N<sup>2</sup>-phenylacetylglutamine**, a metabolite of **phenylalanine** that is involved in **visceral fat reduction**<sup>3,4)</sup>, was increased.  
The phenylalanine-N<sup>2</sup>-phenylacetylglutamine pathway may have been involved in visceral fat reduction.

3) Sasai H, et al. Diabetes Metab Syndr Obes. 2017; 10: 297-309.

4) Ueda K, et al. Diabetes Metab Syndr Obes. 2018; 11: 23-33.

- **Phenylacetylglutamine** and **3-HBA** are also increased in vegetarian and Mediterranean diets<sup>5-7)</sup>.

5) O'Sullivan A, et al. Am J Clin Nutr 2011, 93, 314-21.

6) Xu J, et al. Anal Bioanal Chem 2010, 396, 1451-63.

7) Vázquez-Fresno R, et al. J Proteome Res. 2015 Jan 2;14:531-40.

## Conclusion

After ipragliflozin administration, N<sup>2</sup>-phenylacetylglutamine, metabolite of phenylalanine, increased.

Reportedly, phenylalanine reduces visceral fat.

The patients treated with ipragliflozin may reduce visceral fat by the mechanism of phenylalanine-N<sup>2</sup>-phenylacetylglutamine pathway.

# Different effects of SGLT-2 inhibitors on subcutaneous and epicardial adipose tissue metabolome in severe heart failure subjects

Kasperová B.J.<sup>1</sup>, Mráz M.<sup>1</sup>, Kuda O.<sup>4</sup>, Čajka T.<sup>4</sup>, Hlaváček D.<sup>3</sup>, Mahrík J.<sup>3</sup>, Laňková I.<sup>1</sup>, Štemberková Hubáčková S.<sup>2</sup>, Pleyerová I.<sup>2</sup>, Rosolová K.<sup>1</sup>, Svoboda P.<sup>2</sup>, Trnovská J.<sup>2</sup>, Ivák P.<sup>3</sup>, Melenovský V.<sup>3</sup>, Netuka I.<sup>3</sup>, Haluzík M.<sup>1</sup>

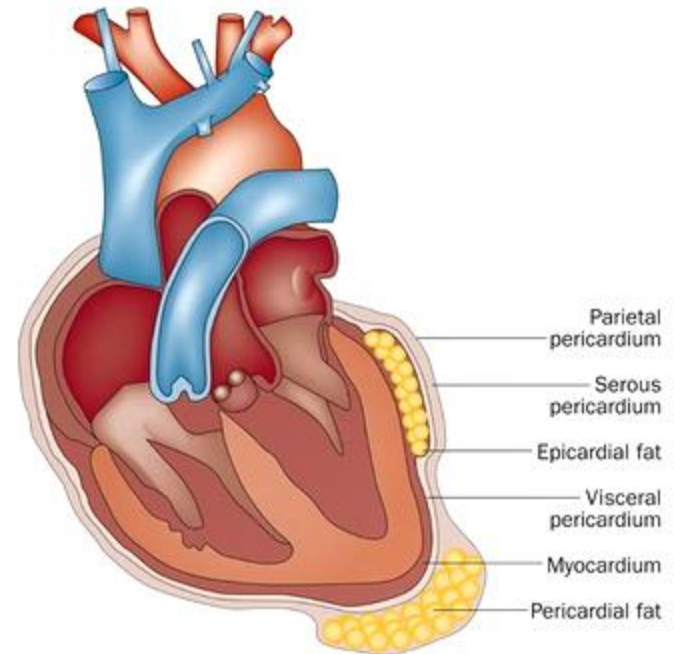
<sup>1</sup>*Diabetes Centre;* <sup>2</sup>*Experimental Medicine Centre and* <sup>3</sup>*Cardiac Centre; Institute for Clinical and Experimental Medicine, Prague, Czech Republic*

<sup>4</sup>*Institute of Physiology; Academy of Sciences of the Czech Republic, Prague, Czech Republic*



## Study aims

To assess the effects of **SGLT2i** on **epicardial adipose tissue** and identify potential **cardioprotective mechanisms** in subjects with **severe heart failure** using **metabolomics** analysis



## Methods and baseline characteristics of study subjects

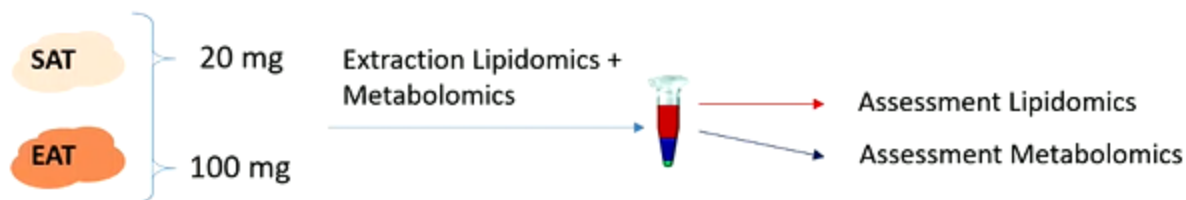
- Severe heart failure (NYHA III-IV)
- Elective cardiac surgery (mechanical support implantation/heart transplant)
- Subcutaneous and epicardial adipose tissue + serum/plasma
- Metabolomic and lipidomic analysis – HPLC-MS (high performance liquid chromatography-mass spectrometry)

### 2 groups

- SGLT-2i (dapa-, empagliflozin)
- Control (w/o SGLT2i)

	Control group	SGLT-2i
Number (m/f) (n)	20 (18/2)	21 (19/2)
Age (years)	56.6 ± 1.85	56.86 ± 1.90
T2DM (n)	7	15
BMI (kg/m <sup>2</sup> )	28.01 ± 1.01	28.07 ± 0.93
LV EF (%)	22.75 ± 1.64	20.48 ± 0.54
LVEDd(mm)	68.15 ± 3.27	69.71 ± 2.73
BNP (ng/L)	1496.9 ± 227.3	1206.0 ± 238.6

Data are mean ± SEM.



T2DM – type 2 diabetes mellitus  
 BMI – body mass index  
 LV EF – left ventricular ejection fraction  
 LVEDd - Left Ventricular End-Diastolic diameter  
 BNP –B natriuretic peptide

## Baseline biochemical parameters

	Control group (n=20)	SGLT-2i (n=21)
hsCRP (mg/L)	7.4 ± 2.9	4.5 ± 1.1
AST (μkat/L)	0.7 ± 0.1	0.7 ± 0.1
ALT (μkat/L)	0.8 ± 0.1	1.4 ± 0.6
Total cholesterol (mmol/L)	3.3 ± 0.3	3.4 ± 0.3
HDL (mmol/L)	0.8 ± 0.1	0.8 ± 0.1
LDL (mmol/L)	2.0 ± 0.2	1.8 ± 0.2
Triglycerides (mmol/L)	1.1 ± 0.08	1.7 ± 0.2
Fasting blood glucose (mmol/L)	6.4 ± 0.6	7.6 ± 0.6
HbA <sub>1c</sub> (mmol/mol)	43.5 ± 1.4	53.9 ± 3.3*
Non-esterified fatty acids (mmol/L)	0.8 ± 0.1	1.3 ± 0.1*

Data are mean ± SEM. p<0.05: \*vs. Control group.



## Serum adipokines and inflammatory factors

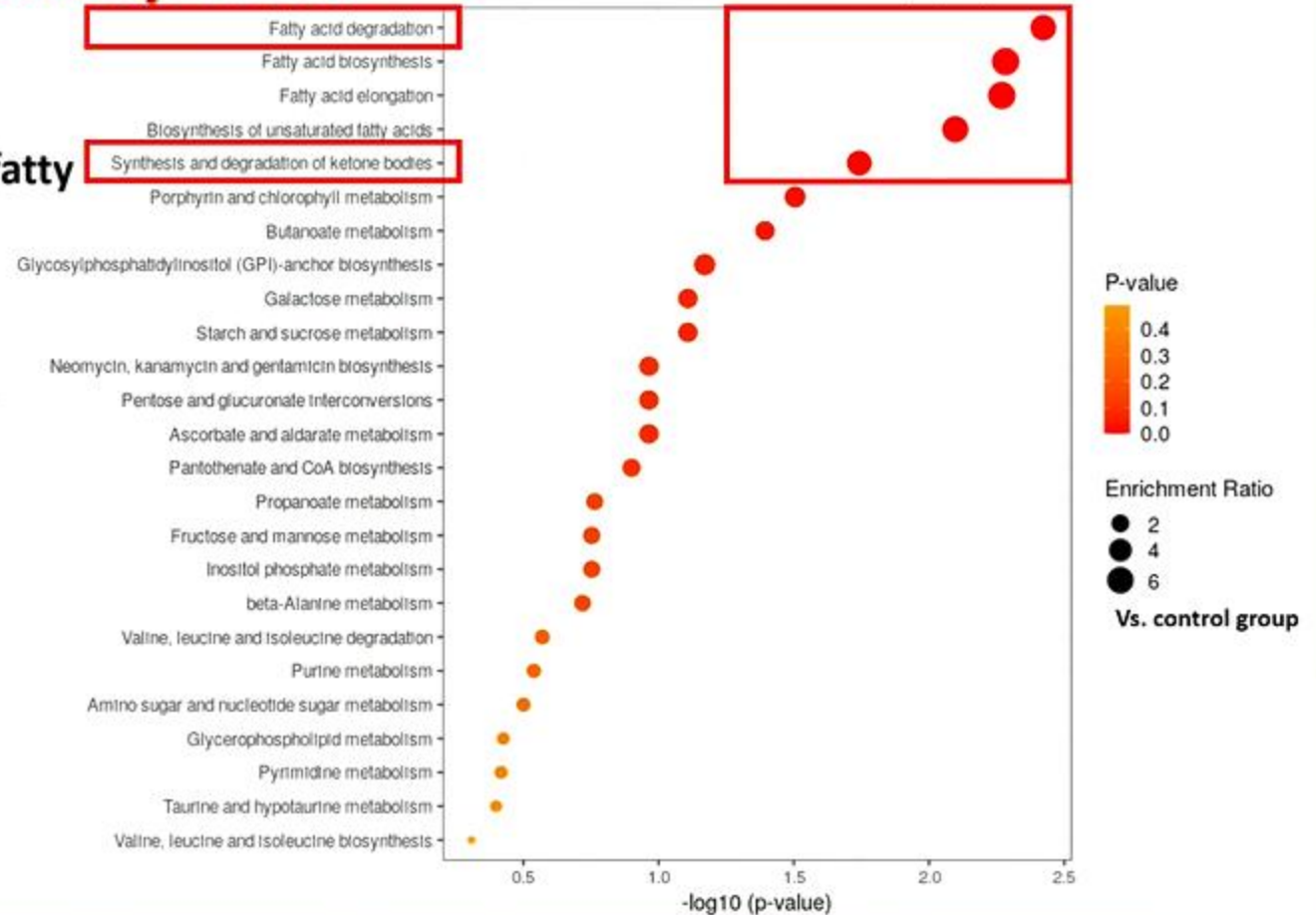
	Control group (n=20)	SGLT-2i (n=21)
Leptin (mg/L)	15.1 ± 5.1	15.7 ± 4.3
FABP3 (ng/mL)	6.4 ± 1.8	5.6 ± 0.7
TNF $\alpha$ (pg/mL)	10.4 ± 1.5	8.3 ± 1.6
INF $\gamma$ (pg/mL)	26.0 ± 5.0	20.4 ± 2.5
IL6 (pg/mL)	4.4 ± 2.5	2.3 ± 0.6
IL8 (pg/mL)	7.9 ± 2.2	5.7 ± 1.8
IL10 (pg/mL)	16.3 ± 2.1	14.7 ± 1.7
Fractalkine (pg/mL)	252.8 ± 32.0	245.6 ± 27.0

Data are mean ± SEM.  
FABP – fatty acid-binding protein

# Lipid metabolic pathways in SAT – effect of SGLT2i

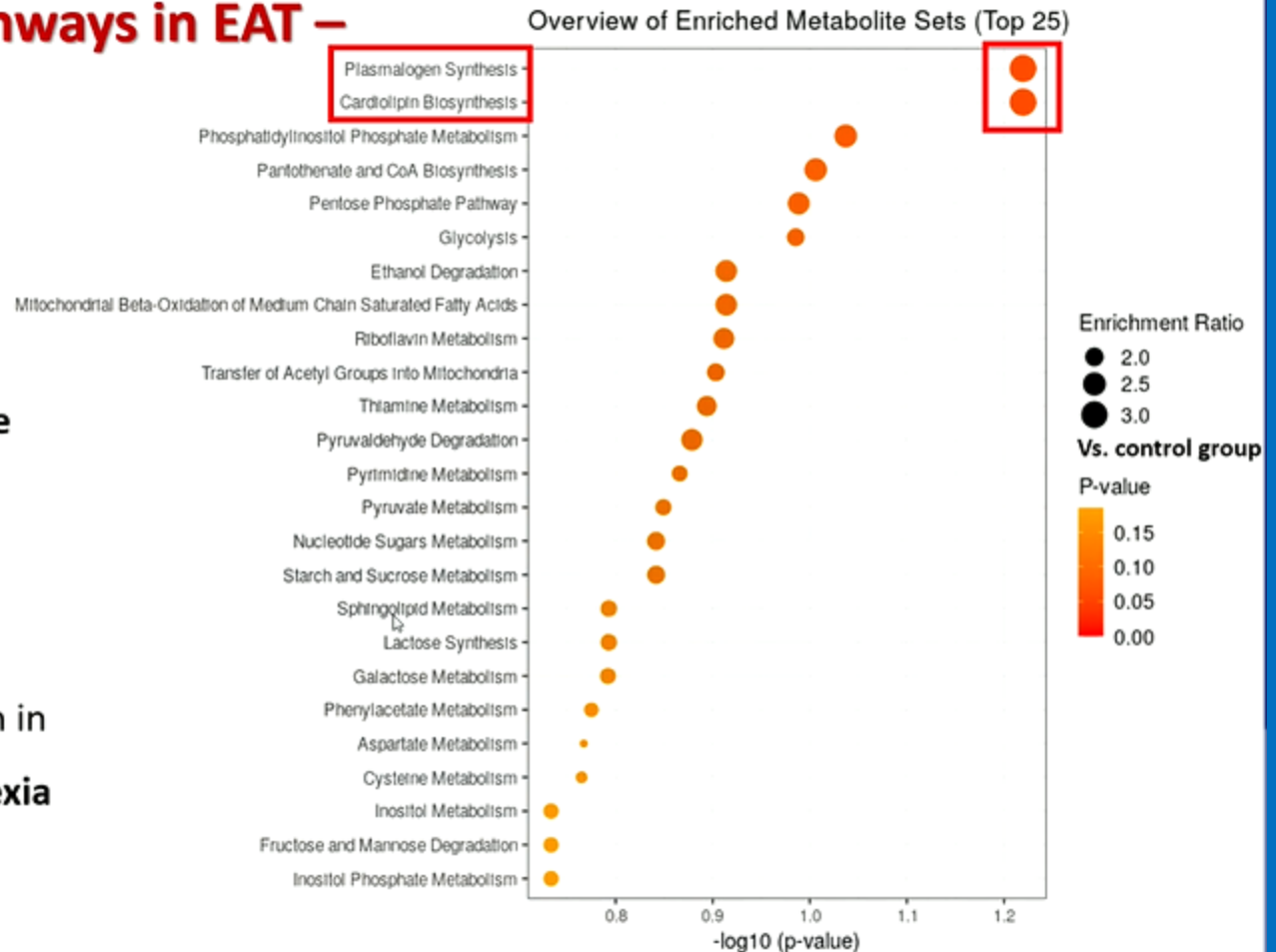
Overview of Enriched Metabolite Sets (Top 25)

- Active degradation of **fatty acids (FA)**
- Increased **ketogenesis**



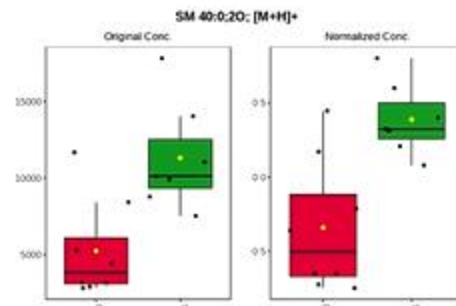
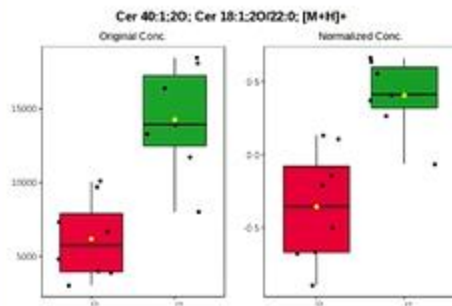
## Lipid metabolic pathways in EAT – effect of SGLT2i

- **Synthesis of plasmalogens**
  - subgroup of ether **glycerolphospholipids**
  - protection against **oxidative stress**
- **Cardiolipin biosynthesis**
  - ↑ mitochondrial cardiolipin in subjects with **cardial cachexia**
  - triggers **apoptosis**



# Comparison of metabolites in EAT – effect of SGLT2i

- Increased amount of **ceramides** and **sphingomyelins** in EAT of SGLT-2i group



p<0.05 vs. Control group

*Ceramides*

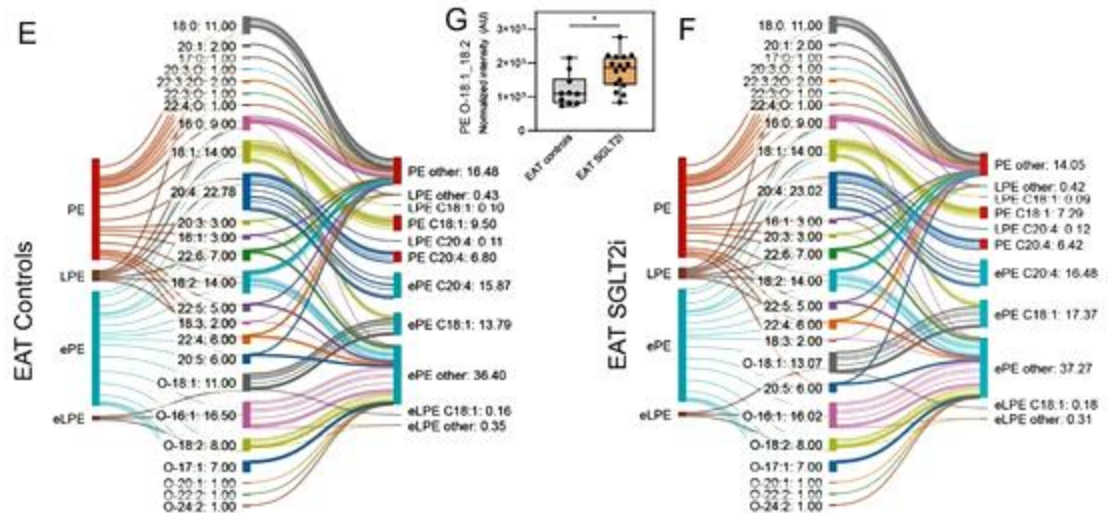
*Sphingomyelins*

Change in metabolites in EAT of SGLT-2i subjects (relative to control group)

ID	LC-MS	p value	MS/MS <sup>2</sup>	PDR
GLP 1; [M+H] <sup>+</sup>	2.4186	0.00001	1.5266	0.3704
PE 12:1; PE 14:0; PE 16:0; [M+H] <sup>+</sup>	-2.4889	0.00000	1.7109	0.5309
PE 14:1; PE 16:1; PE 18:1; [M+H] <sup>+</sup>	-0.0543	0.00000	0.0364	0.4406
PE 16:1; PE 18:1; PE 20:1; [M+H] <sup>+</sup>	-4.0202	0.00000	0.0368	0.1872
PE 18:1; PE 20:1; PE 22:1; [M+H] <sup>+</sup>	-0.71	0.00000	0.0462	0.1872
PE 20:1; PE 22:1; PE 24:1; [M+H] <sup>+</sup>	-0.0001	0.00000	0.0468	0.4406
PE 22:1; PE 24:1; PE 26:1; [M+H] <sup>+</sup>	-4.4754	0.00000	0.0467	0.1872
PE 24:1; PE 26:1; PE 28:1; [M+H] <sup>+</sup>	-2.8822	0.00000	0.0468	0.4406
PE 26:1; PE 28:1; PE 30:1; [M+H] <sup>+</sup>	-4.1854	0.00000	0.0468	0.1872
PE 28:1; PE 30:1; PE 32:1; [M+H] <sup>+</sup>	-0.0687	0.00000	0.0467	0.4406
PE 30:1; PE 32:1; PE 34:1; [M+H] <sup>+</sup>	-0.0004	0.00000	0.0467	0.1872
CLM 3; CL 18:0; 18:0; 18:1; [M+H] <sup>+</sup>	-0.1471	0.00000	1.28	0.5679
DG 18:4; DG 18:0; 20:4; [M+H] <sup>+</sup>	-2.7802	0.00000	1.79	0.4406
Diacetamide 11; [M+H] <sup>+</sup>	2.1621	0.00000	1.481	0.6008
FA 15:0 (1); [M+H] <sup>+</sup>	-0.6255	0.00000	1.4705	0.4058
FA 15:1; [M+H] <sup>+</sup>	-0.824	0.00000	1.483	0.4406
Guanine; [M+H] <sup>+</sup>	2.2362	0.00000	1.3819	0.4058
NAD <sup>+</sup> ; [M+H] <sup>+</sup>	-0.7084	0.00000	1.5879	0.1872
PE 12:1; PE 14:0; PE 16:0; [M+H] <sup>+</sup>	-2.2188	0.00000	1.3478	0.4058
PE 14:1; PE 16:1; PE 18:1; [M+H] <sup>+</sup>	-0.2077	0.00000	1.087	0.4058
PE 16:1; PE 18:1; PE 20:1; [M+H] <sup>+</sup>	2.4632	0.00000	1.4075	0.4058
PE 18:1; PE 20:1; PE 22:1; [M+H] <sup>+</sup>	-2.4872	0.00000	1.373	0.5309
PE 20:1; PE 22:1; PE 24:1; [M+H] <sup>+</sup>	2.4729	0.00000	1.7179	0.4406
PE 22:1; PE 24:1; PE 26:1; [M+H] <sup>+</sup>	-0.1888	0.00000	0.0467	0.1872
PE 24:1; PE 26:1; PE 28:1; [M+H] <sup>+</sup>	-2.2421	0.00000	1.367	0.4058
PE 26:1; PE 28:1; PE 30:1; [M+H] <sup>+</sup>	-2.1479	0.00000	1.3708	0.4058
PE 28:1; PE 30:1; PE 32:1; [M+H] <sup>+</sup>	-2.7011	0.00000	1.761	0.4406
PE 30:1; PE 32:1; PE 34:1; [M+H] <sup>+</sup>	-0.0011	0.00000	0.0468	0.4406
PE 32:1; PE 34:1; PE 36:1; [M+H] <sup>+</sup>	-2.1808	0.00000	1.3054	0.4058
PE 34:1; PE 36:1; PE 38:1; [M+H] <sup>+</sup>	-0.0017	0.00000	0.0468	0.1872
PE 36:1; PE 38:1; PE 40:1; [M+H] <sup>+</sup>	-2.1818	0.00000	1.3052	0.4058
PE 38:1; PE 40:1; PE 42:1; [M+H] <sup>+</sup>	-1.508	0.00000	1.7819	0.5309
PE 40:1; PE 42:1; PE 44:1; [M+H] <sup>+</sup>	-2.1423	0.00000	1.3888	0.4058
PE 42:1; PE 44:1; PE 46:1; [M+H] <sup>+</sup>	-2.4465	0.00000	1.9018	0.4406
PE 44:1; PE 46:1; PE 48:1; [M+H] <sup>+</sup>	-0.0211	0.00000	0.0467	0.4406
PE 46:1; PE 48:1; PE 50:1; [M+H] <sup>+</sup>	-2.1817	0.00000	1.3196	0.4058
PE 48:1; PE 50:1; PE 52:1; [M+H] <sup>+</sup>	-2.4753	0.00000	1.3301	0.5309
PE 50:1; PE 52:1; PE 54:1; [M+H] <sup>+</sup>	-2.4688	0.00000	1.4207	0.5309
PE 52:1; PE 54:1; PE 56:1; [M+H] <sup>+</sup>	-0.889	0.00000	0.7363	0.1872
PE 54:1; PE 56:1; PE 58:1; [M+H] <sup>+</sup>	-0.0111	0.00000	0.0467	0.4406
PE 56:1; PE 58:1; PE 60:1; [M+H] <sup>+</sup>	-2.1818	0.00000	1.4554	0.6008
PE 58:1; PE 60:1; PE 62:1; [M+H] <sup>+</sup>	-2.1818	0.00000	1.3019	0.4058
PE 60:1; PE 62:1; PE 64:1; [M+H] <sup>+</sup>	-2.4384	0.00000	1.455	0.4406
PE 62:1; PE 64:1; PE 66:1; [M+H] <sup>+</sup>	-2.2361	0.00000	1.363	0.4058
PE 64:1; PE 66:1; PE 68:1; [M+H] <sup>+</sup>	-0.0782	0.00000	1.4764	0.6008
PE 66:1; PE 68:1; PE 70:1; [M+H] <sup>+</sup>	-2.0001	0.00000	1.354	0.4406
PE 68:1; PE 70:1; PE 72:1; [M+H] <sup>+</sup>	-0.849	0.00000	1.4613	0.4406
PE 70:1; PE 72:1; PE 74:1; [M+H] <sup>+</sup>	-0.1819	0.00000	1.1418	0.4206

# SGLT2i promote lipid remodeling in EAT

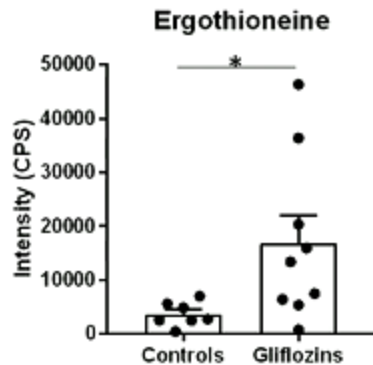
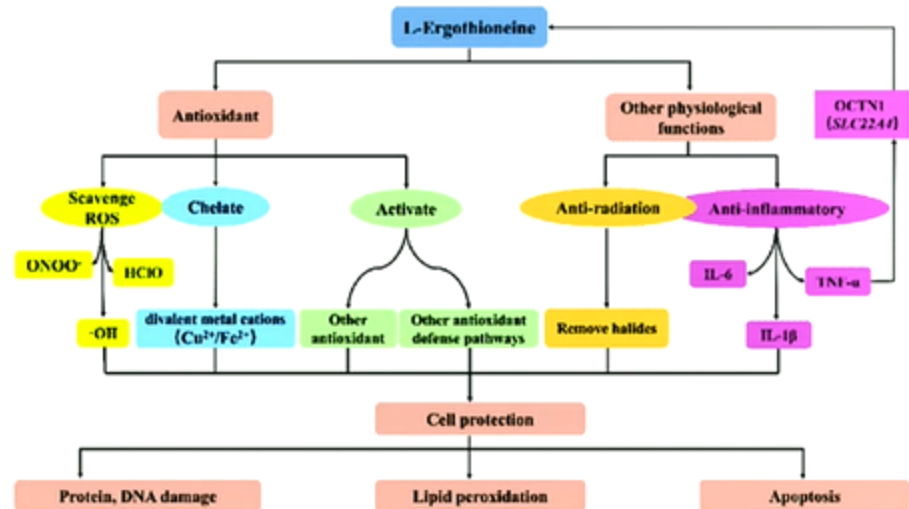
- Changes in **ether lipid** species
- Changes in **carbon chains with 18 carbon atoms**
- **Phosphatidylethanolamines (PEs)**
  - increase in **etherPEs** and reduction in **acylPEs** ⇒ **anti-ferroptotic shift**



Sankey diagram of PE, lysoPE (LPE), and etherPE (ePE): Left part – species counts, center part – carbon chains (#carbons : #double bonds), right part – lipid subclasses

# Potential cardioprotective factors in SAT

- **Ergothioneine**
  - **Antioxidant** with potential therapeutic implications
  - Associated with significant reduction of risk of **coronary artery disease**
  - Reduces **proinflammatory markers**



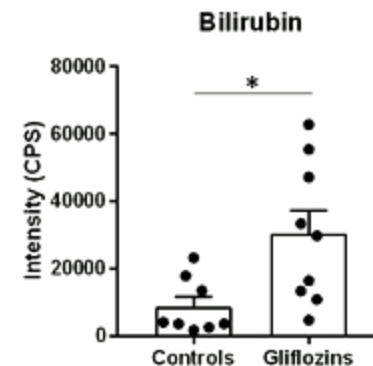
Tong-tong Fu and Liang Shen, *Frontiers in Pharmacology*, 2022

## Potential cardioprotective factors in SAT

- **Bilirubin**

- Mimics **cytoprotective effects** of hemoxygenase-1 under stress conditions
- High serum bilirubin → increased **antioxidant capacity** a protection against **ROS** (reactive oxygen species)

Serum levels	Control group (n=20)	SGLT-2i (n=21)
Bilirubin ( $\mu\text{mol/L}$ )	$23.5 \pm 3.3$	$25.4 \pm 3.8$



## Conclusion

- **SGLT2i** significantly influence **metabolome** in **subcutaneous** and **epicardial adipose tissue** in subjects with **severe heart failure**
- Effect of SGLT2i on **SAT** and **EAT** largely **differs** – **lipolysis** and **ketogenesis** vs. **↑ phospho-** and **sphingolipids**
- Role of increased **plasmalogens**, **sphingolipids** and **lipid remodeling** in EAT unclear – activation of **apoptosis** and **autophagy** ( $\Rightarrow$  **improved senescence**)?



# Effect of SGLT2 inhibitor dapagliflozin on skeletal muscle fatty acid metabolism in patients with type 2 diabetes

Anne Gemmink EASD, September 20<sup>th</sup> 2022

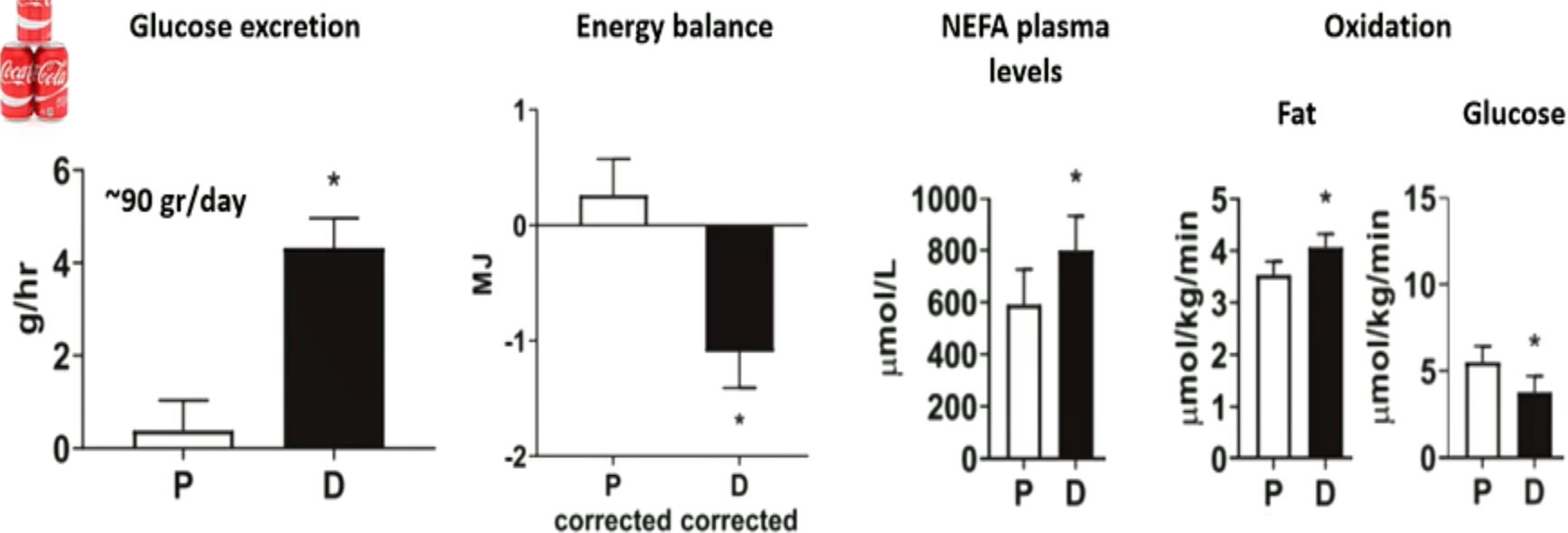


Maastricht University



Maastricht UMC+

## Dapagliflozin induces calorie restriction-like effects



## Aim

Examine whether SGLT2 inhibition induces calorie restriction-like effects and improves mitochondrial function and fatty acid metabolism in skeletal muscle

# Participants



Type 2 diabetes  
(m/f)



HbA<sub>1c</sub> 42-75 mmol/mol  
6-9%



40-70 years



Stable dose of metformin  
or DPP-4, or be drug naïve



**Exclusion**  
Renal dysfunction

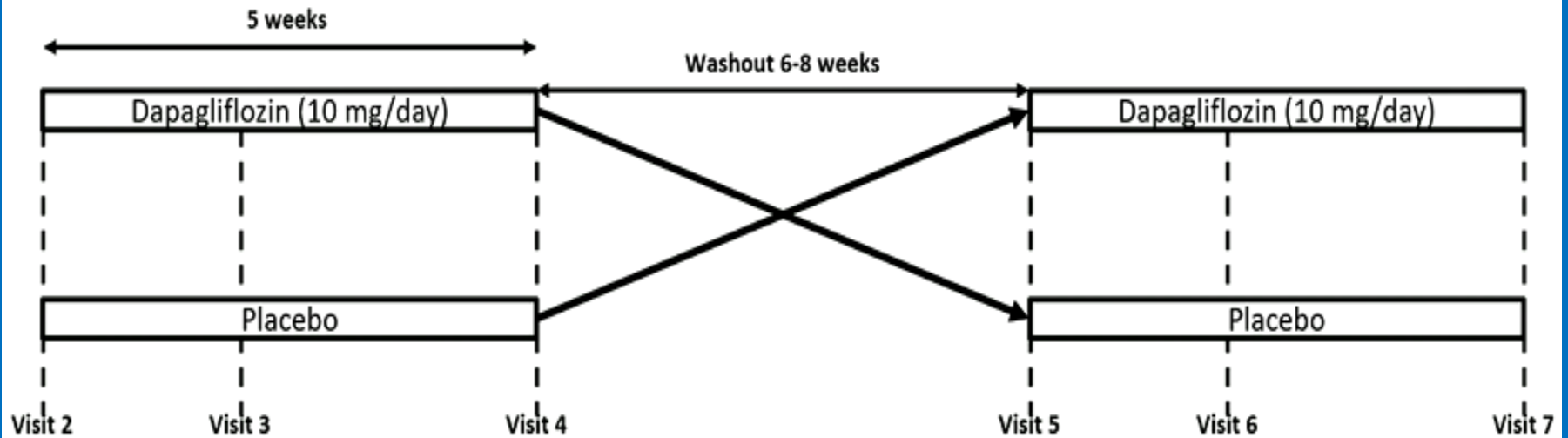


$\leq 38$  kg/m<sup>2</sup>



Stable weight

# Study design



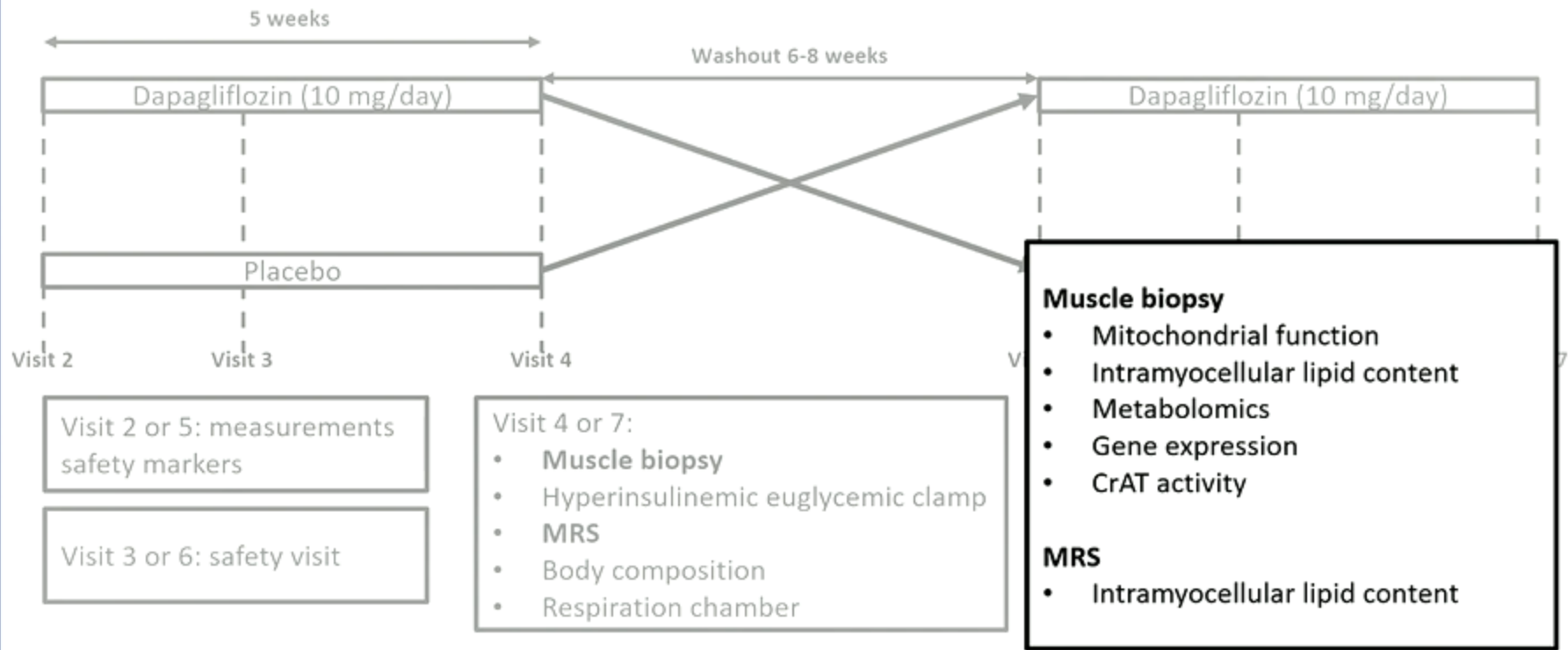
Visit 2 or 5: measurements  
safety markers

Visit 3 or 6: safety visit

Visit 4 or 7:

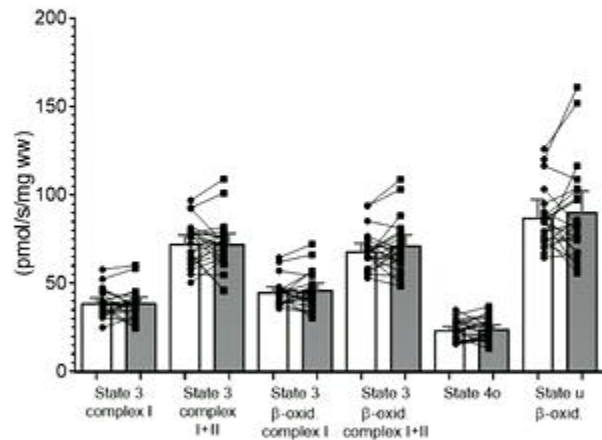
- **Muscle biopsy**
- Hyperinsulinemic euglycemic clamp
- **MRS**
- Body composition
- Respiration chamber

## Study design



# 5 weeks of dapagliflozin does not affect mitochondrial function

## 1. Mitochondrial respiration



## 2. Mitochondrial network integrity

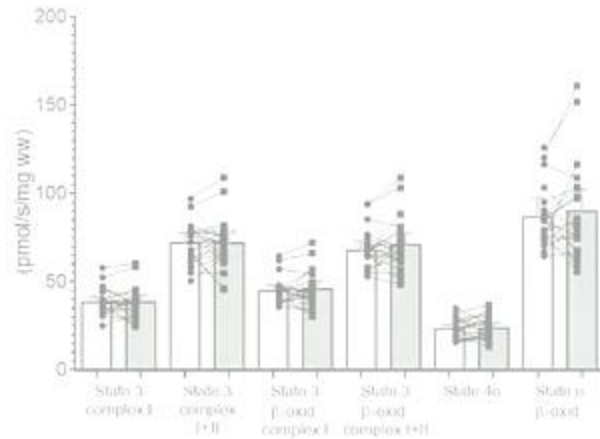


## 3. Lipase synthase activity

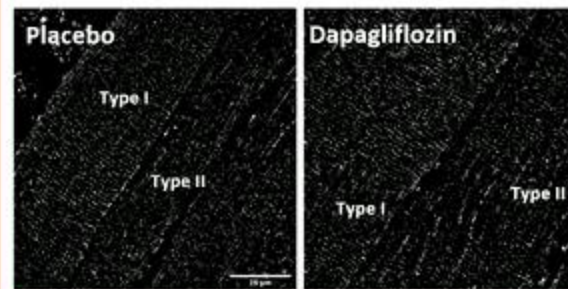
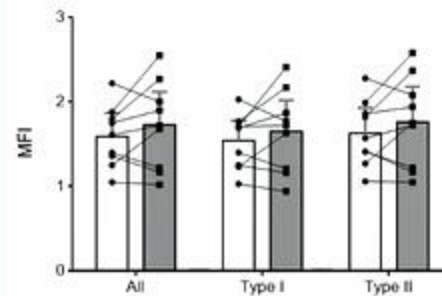


# 5 weeks of dapagliflozin does not affect mitochondrial function

## 1. Mitochondrial respiration



## 2. Mitochondrial network integrity



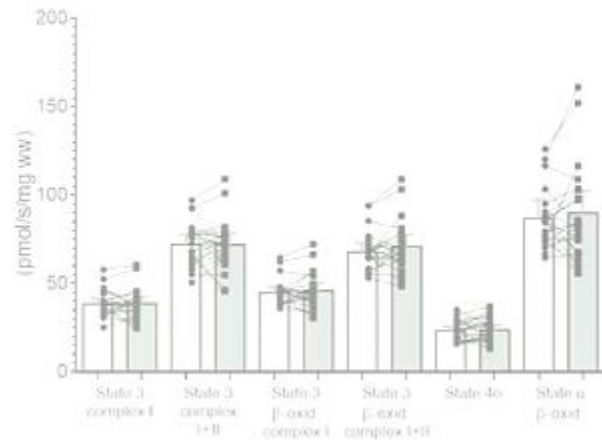
## 3. Glucose synthesis activity



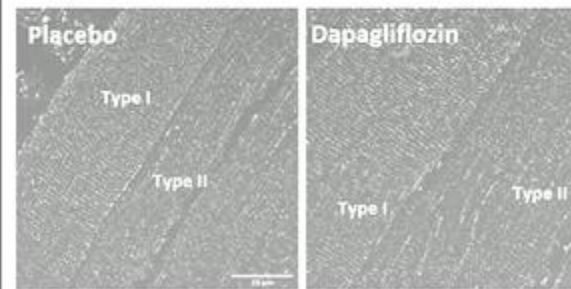
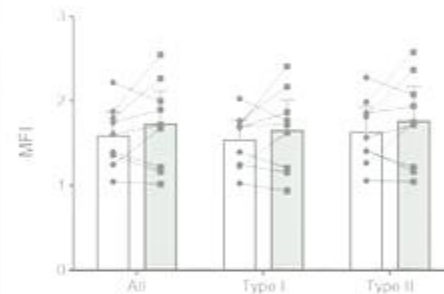


# 5 weeks of dapagliflozin does not affect mitochondrial function

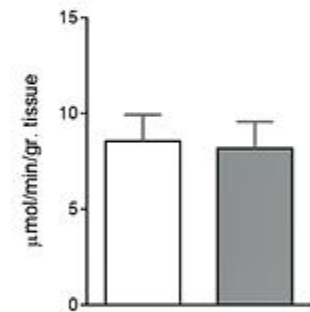
## 1. Mitochondrial respiration



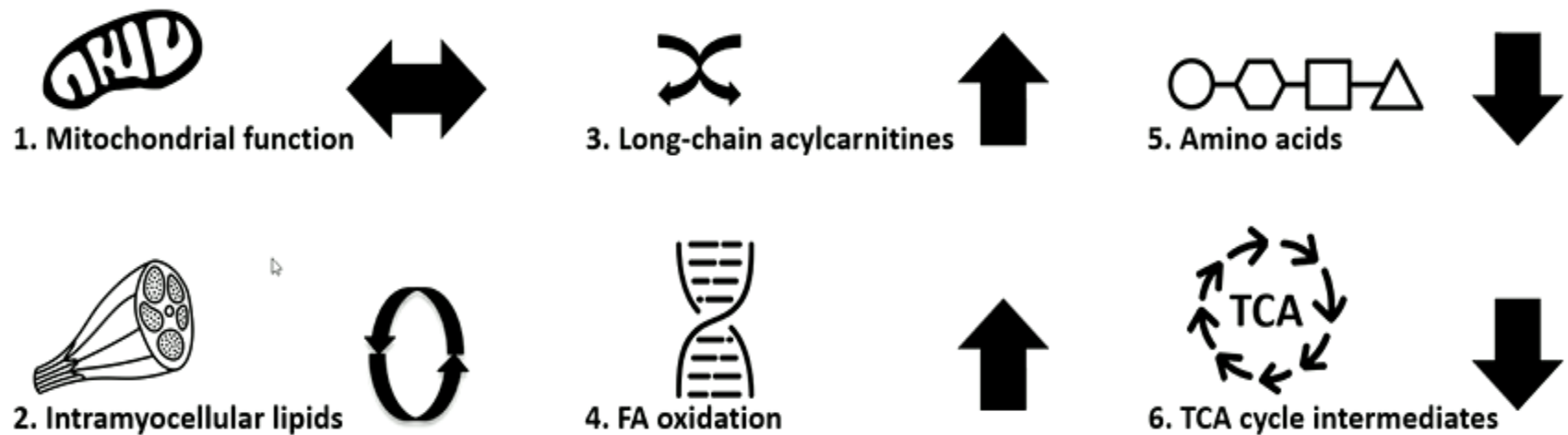
## 2. Mitochondrial network integrity



## 3. Citrate synthase activity



## 5 weeks of dapagliflozin...



Maastricht University



Maastricht UMC+

## Conclusion

Dapagliflozin treatment for 5 weeks resulted in changes in skeletal muscle cellular metabolism resembling a state of calorie restriction

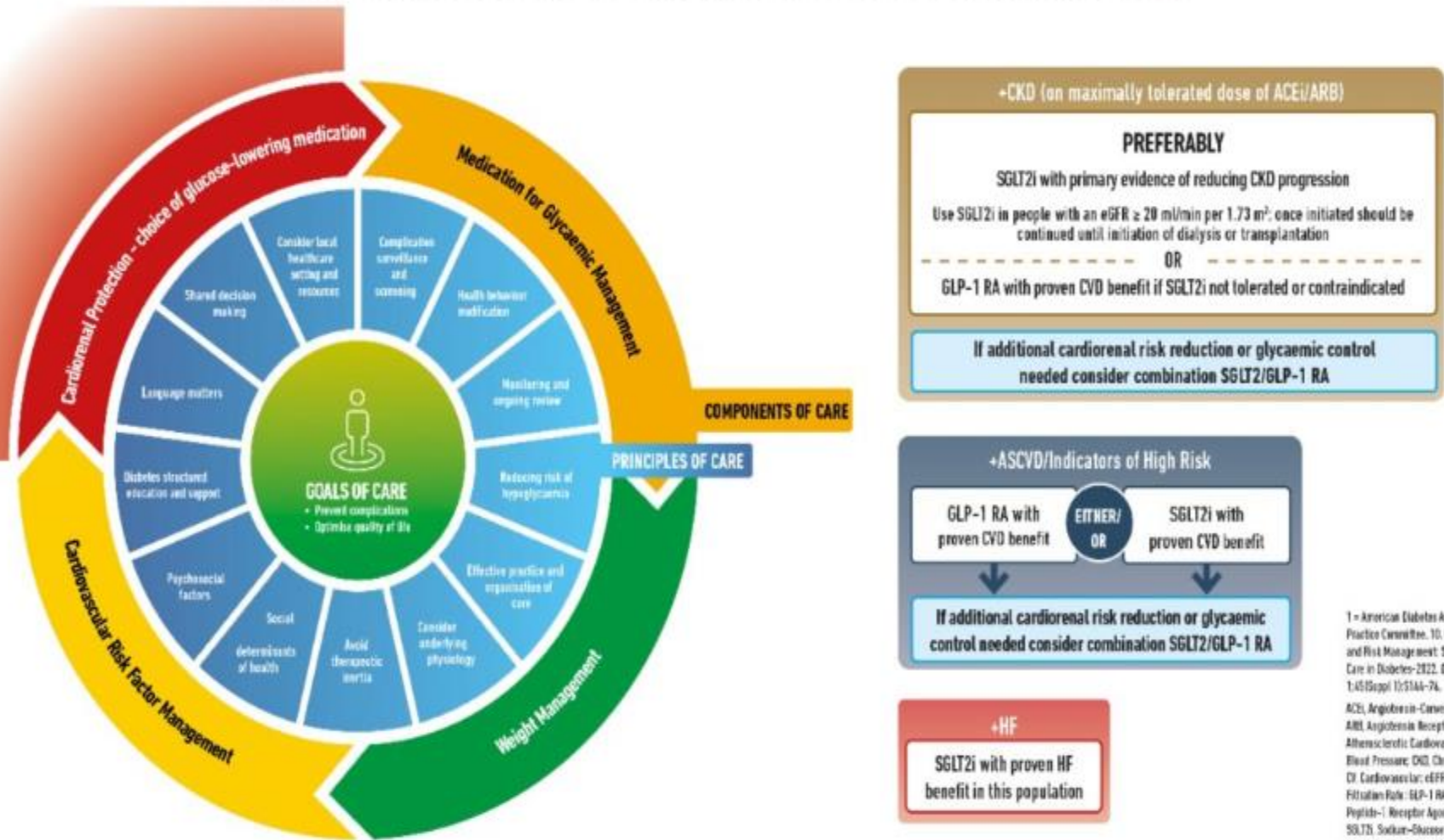
Five weeks of dapagliflozin treatment resulted in changes in skeletal muscle favoring the metabolism of fatty acids and moving away from glycolytic flux

Dapagliflozin reduced amino acid levels, which may indicate mobilization of muscle-derived amino acids for hepatic gluconeogenesis



# Cardiorenal protection-choice of glucose-lowering medications

FIGURE 4: HOLISTIC PERSON-CENTRED APPROACH TO T2DM MANAGEMENT



1 - American Diabetes Association Professional Practice Committee. 10. Cardiovascular Disease and Risk Management: Standards of Medical Care in Diabetes-2022. Diabetes Care. 2022; 45(Suppl 1):S144-74.

ACEi, Angiotensin-Converting Enzyme Inhibitor; ARB, Angiotensin Receptor Blockers; ASCVD, Atherosclerotic Cardiovascular Disease; BP, Blood Pressure; CKD, Chronic Kidney Disease; CV, Cardiovascular; eGFR, Estimated Glomerular Filtration Rate; GLP-1 RA, Glucagon-Like Peptide-1 Receptor Agonist; HF, Heart Failure; SGLT2i, Sodium-Glucose Cotransporter-2 Inhibitor; T2D, Type 2 Diabetes.

# Choosing glucose-lowering medication in people with heart failure



In people with heart failure SGLT2i should be used because they improve heart failure and kidney outcomes.

# Choosing glucose-lowering medication in people with chronic kidney disease

+CKD (on maximally tolerated dose of ACEi/ARB)

## PREFERABLY

SGLT2i<sup>6</sup> with primary evidence of reducing CKD progression

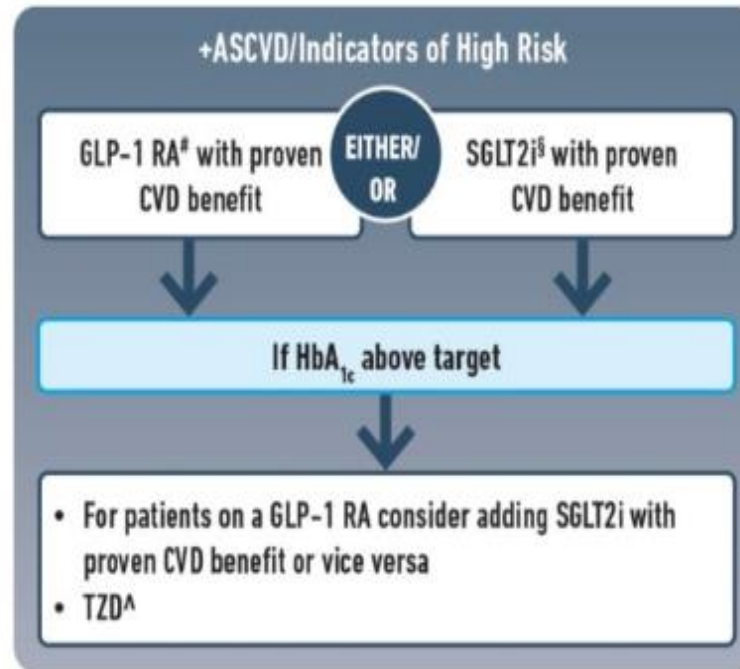
Use SGLT2i in people with an eGFR  $\geq$  20 ml/min per 1.73 m<sup>2</sup>; once initiated should be continued until initiation of dialysis or transplantation

OR

GLP-1 RA with proven CVD benefit if SGLT2i not tolerated or contraindicated

If HbA<sub>1c</sub> above target, for patients on SGLT2i, consider incorporating a GLP-1 RA or vice versa

# Choosing glucose-lowering medication in people with CVD



ASCVD = atherosclerotic cardiovascular disease

Davies MJ, Aroda VR, Collins BS, Gabbay RA, Green J, Manuthur NM, Rosas SE, Del Prato S, Mathieu C, Mingrone G, Rossing P, Tankova T, Tsapas A, Buse JB

*Diabetes Care* 2022; <https://doi.org/10.2337/dci22-0034>. *Diabetologia* 2022; <https://doi.org/10.1007/s00125-022-1417-4>.

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# Conclusion

- SGLT2-inhibitors have demonstrated great promise in the prevention and treatment of HF and CKD.
- Beyond its initial intended use as a diabetes drug and with a clearer understanding of these molecular mechanisms, we will be able to fully harness its true potential and perhaps even pave the way for a new era of molecular therapeutic agents in this against HF and CKD.



Merci de votre attention